



DIOCESE OF SACRAMENTO

2110 Broadway • Sacramento, California 95818-2541 • 916/733-0258 • 916/733-0195

To: All Pastors

From: Father Mauricio Hurtado *Fr. MH*
Director of Vocations

Date: September 23, 2026

Re: Discernment Retreat for Young Adult Women/ *Carmelite Sisters of the Most Sacred Heart*
(Los Angeles, CA)

The ***Carmelite Sisters of the Most Sacred Heart of Los Angeles*** are inviting young women from our diocese who are discerning their vocation to religious life to their retreats during Fall 2026 and Spring 2027.

Please include the following ad to help their religious order invite young women to these retreats:

Carmelite Sisters of the Most Sacred Heart Discernment Retreat: The Carmelite Sisters of the Most Sacred Heart from the Los Angeles, CA area, invite young adult women who may be discerning their vocation to religious life to the discernment retreats they will be offering. The upcoming retreat will be on October 15-18, 2026 in Alhambra, CA. For more information for this retreat and other dates, you may visit:



https://carmelitesistersocd.com/discernment-retreat/?utm_medium=publication&utm_source=vocation-office&utm_campaign=CSDiscernmentRetreat-Flyer

Thank you.

cc: Vocation Ministry, Young Adult Ministry, Newman Centers



TOTALLY GIVEN

...to His Heart

Discernment Retreats

Discover the beauty of religious life, the gift of Carmelite Spirituality, and the freedom of opening your heart to the unique plan God has for your life.

October 15-18, 2026

Alhambra, California

April 9-11, 2027

Wheat Ridge, Colorado

March 11-14, 2027

Miami, Florida

May 20-23, 2027

Alhambra, California



We invite single Catholic women between 20 – 30 years of age to inquire about our discernment retreats by visiting our website:
bit.ly/cs26f-discern

Carmelite Sisters of the Most Sacred Heart of Los Angeles

920 East Alhambra Road, Alhambra, California 91801