

# Diocese of Sacramento

## Mental Health Referral Project

(Revision - C)

# **Deanery List**

American River Deanery  
City Deanery  
Gold Country Deanery  
Mother Lode Deanery  
Ridge Deanery  
Shasta Deanery  
Siskiyou Deanery  
Solano Deanery  
Southern Suburbs Deanery  
Sutter Buttes Deanery - Cluster 1  
Sutter Buttes Deanery - Cluster 2  
West Placer Deanery  
Yolo Deanery

# Yolo Deanery

## (Sacramento, Solano and Yolo Counties)

St. Anthony Parish - Walnut Grove  
St. Therese Parish - Isleton  
St. Joseph Parish - Rio Vista  
St. Peter Parish - Dixon  
Holy Rosary Parish - Woodland  
Newman Catholic Center - Davis  
St. Anthony Parish - Winters  
St. James Parish - Davis  
St. Paul Parish - Knights Landing

**Sacramento County - Mental Health - 916.875.1055 / 888.881.4881**

Primary Care Center - 4600 Broadway, Sacramento, CA 95820 (M-F, 8-5)

Mental Health Treatment Center - 2150 Stockton Blvd., Sacramento, CA 95817 (24/7 operations)

**Mountain Valley Child And Family Services** is a mental health facility in Sacramento County, CA, located at 7818 Bar Du Lane, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Behavior modification and Group therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons with eating disorders and

**American River Residential Services** is a mental health facility in Sacramento County, CA, located at 4741 Engle Road, 95608 zip code. American River Residential Services offers Residential treatment. American River Residential Services provides Activity therapy, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Young adults and Adults. American River Residential Services also supports Persons with

**Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry** is a mental health facility in Sacramento County, CA, located at 9201 Big Horn Boulevard, 95758 zip code. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry provides Behavior modification, Individual psychotherapy and Trauma therapy to Children/adolescents, Young adults and Adults. Kaiser Permanente Medical Center Elk Grove

**Watt Avenue Mental Health Center Terkensha Associates** is a mental health facility in Sacramento County, CA, located at 2829 Watt Avenue, Suite 200, 95821 zip code. Watt Avenue Mental Health Center Terkensha Associates offers Outpatient treatment. Watt Avenue Mental Health Center Terkensha Associates provides Behavior modification, Couples/family therapy and Trauma therapy to Young adults and Children/adolescents. Watt Avenue Mental Health Center Terkensha Associates also supports Clients referred from the court/judicial system, Persons who have experienced trauma and Persons with post-traumatic stress disorder. Some other

**Mountain Valley Child And Family Services** is a mental health facility in Sacramento County, CA, located at 6171 Bradshaw Road, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Individual psychotherapy, Psychotropic medication and Trauma therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Persons with eating disorders, Persons who have experienced trauma and

**Visions Unlimited** is a mental health facility in Sacramento County, CA, located at 6833 Stockton Boulevard, Suite 485, 95823 zip code. Visions Unlimited offers Telemedicine/telehealth and Outpatient treatment. Visions Unlimited provides Behavior modification, Psychotropic medication and Dialectical behavior therapy to Adults, Young adults and Seniors 65 or older. Visions Unlimited also supports Persons with serious mental illness. Some

**Summit Behavioral Wellness** is a mental health facility in Sacramento County, CA, located at 7601 Hospital Drive, Suite 202, 95823 zip code. Summit Behavioral Wellness offers Telemedicine/telehealth and Outpatient treatment. Summit Behavioral Wellness provides Individual psychotherapy, Trauma therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Adults. Summit Behavioral Wellness also supports Persons with co-occurring mental and substance use disorders, Transitional age young

**El Hogar Community Services Inc Guest House Homeless Clinic** is a mental health facility in Sacramento County, CA, located at 600 Bercut Drive, 95811 zip code. El Hogar Community Services Inc Guest House Homeless Clinic offers Outpatient treatment. El Hogar Community Services Inc Guest House Homeless Clinic provides Individual psychotherapy, Group therapy and Trauma therapy to Seniors 65 or older, Young adults and Adults. El Hogar Community Services Inc Guest House Homeless Clinic also supports Persons with serious mental illness, Persons with post-traumatic stress disorder and Persons with co-occurring mental and substance use disorders. Some

**Uplift Family Services** is a mental health facility in Sacramento County, CA, located at 9343 Tech Center Drive, Suite 200, 95826 zip code. Uplift Family Services offers Telemedicine/telehealth and Outpatient treatment. Uplift Family Services provides Individual psychotherapy, Psychotropic medication and Cognitive behavioral therapy to Children/adolescents and Young adults. Uplift Family Services also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Transitional age young adults. Some other

**Uplift Family Services** is a mental health facility in Sacramento County, CA, located at 3951 Performance Drive, Suite G, 95838 zip code. Uplift Family Services offers Outpatient treatment. Uplift Family Services provides Couples/family therapy, Group therapy and Activity therapy to Children/adolescents and Young adults. Uplift Family Services also supports Transitional age young adults, Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services offered by Uplift Family Services

**Mountain Valley Child And Family Services** is a mental health facility in Sacramento County, CA, located at 9200 Sweet Acacia Way, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Activity therapy and Individual psychotherapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons who have experienced

**Kaiser Permanente Medical Center Outpatient Psychiatry** is a mental health facility in Sacramento County, CA, located at 8247 East Stockton Boulevard, 95823 zip code. Kaiser Permanente Medical Center Outpatient Psychiatry offers Outpatient treatment and Telemedicine/telehealth. Kaiser Permanente Medical Center Outpatient Psychiatry provides Behavior modification, Group therapy and Integrated dual diagnosis disorder treatment to Adults, Seniors 65 or older and Young adults. Kaiser Permanente Medical Center Outpatient

**Turning Point Flexible Integrated Treatment** is a mental health facility in Sacramento County, CA, located at 7245 East Southgate Drive, 95823 zip code. Turning Point Flexible Integrated Treatment offers Outpatient treatment. Turning Point Flexible Integrated Treatment provides Cognitive behavioral therapy, Couples/family therapy and Trauma therapy to Children/adolescents and Young adults. Turning Point Flexible Integrated Treatment also supports Transitional age young adults. Some other services offered by Turning Point Flexible

**Turning Point Integrated Services Agency** is a mental health facility in Sacramento County, CA, located at 6950 65th Street, 95823 zip code. Turning Point Integrated Services Agency offers Outpatient treatment. Turning Point Integrated Services Agency provides Behavior modification, Psychotropic medication and Individual psychotherapy to Young adults, Seniors 65 or older and Adults. Turning Point Integrated Services Agency also supports Persons with serious mental illness, Persons who have experienced trauma and Persons with co-

**Heritage Oaks Hospital** is a mental health facility in Sacramento County, CA, located at 4250 Auburn Boulevard, 95841 zip code. Heritage Oaks Hospital offers Hospital inpatient treatment, Outpatient treatment and Partial hospitalization/day treatment. Heritage Oaks Hospital provides Couples/family therapy, Group therapy and Integrated dual diagnosis disorder treatment to Children/adolescents, Seniors 65 or older and Young adults. Heritage Oaks Hospital also supports Persons with serious mental illness and Persons with co-occurring mental

**Sacramento Childrens Home** is a mental health facility in Sacramento County, CA, located at 2750 Sutterville Road, 95820 zip code. Sacramento Childrens Home offers Residential treatment and Outpatient treatment. Sacramento Childrens Home provides Couples/family therapy, Trauma therapy and Cognitive behavioral therapy to Young adults and Children/adolescents. Sacramento Childrens Home also supports Children/adolescents with serious emotional disturbance, Persons who have experienced trauma and Persons with post-traumatic stress

**North Area Community Mental Health Center Terkensha Associates** is a mental health facility in Sacramento County, CA, located at 811 Grand Avenue, Suite D, 95838 zip code. North Area Community Mental Health Center Terkensha Associates offers Outpatient treatment. North Area Community Mental Health Center Terkensha Associates provides Group therapy, Individual psychotherapy and Couples/family therapy to Young adults and Children/adolescents. North Area Community Mental Health Center Terkensha Associates also supports Persons with co-occurring mental and substance use disorders, Persons with HIV or AIDS and Persons who have experienced trauma. Some other services offered by North Area Community Mental Health Center Terkensha

**River Oak Center For Children** is a mental health facility in Sacramento County, CA, located at 5445 Laurel Hills Drive, 95841 zip code. River Oak Center For Children offers Outpatient treatment. River Oak Center For Children provides Behavior modification, Couples/family therapy and Cognitive behavioral therapy to Children/adolescents and Young adults. River Oak Center For Children also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Persons with post-traumatic

**Peach Tree Health North Sacramento** is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, 95834 zip code. Peach Tree Health North Sacramento offers Telemedicine/telehealth and Outpatient treatment. Peach Tree Health North Sacramento provides Integrated dual diagnosis disorder treatment, Cognitive behavioral therapy and Trauma therapy to Children/adolescents, Adults and Seniors 65 or older. Some

**Sutter Center For Psychiatry** is a mental health facility in Sacramento County, CA, located at 7700 Folsom Boulevard, 95826 zip code. Sutter Center For Psychiatry offers Telemedicine/telehealth and Hospital inpatient treatment. Sutter Center For Psychiatry provides Electroconvulsive therapy, Group therapy and Dialectical behavior therapy to Children/adolescents, Adults and Seniors 65 or older. Sutter Center For Psychiatry also supports Persons with serious mental illness and Transitional age young adults. Some other services offered by

**El Hogar Community Services Inc Sierra Elder Wellness Program** is a mental health facility in Sacramento County, CA, located at 3870 Rosin Court, Suite 130, 95834 zip code. El Hogar Community Services Inc Sierra Elder Wellness Program offers Outpatient treatment. El Hogar Community Services Inc Sierra Elder Wellness Program provides Activity therapy, Psychotropic medication and Dialectical behavior therapy to Adults and Seniors 65 or older. El Hogar Community Services Inc Sierra Elder Wellness Program also supports Seniors or older adults, Clients referred from the court/judicial system and Persons who have experienced trauma. Some other services

**Childrens Receiving Home Of Sacramento** is a mental health facility in Sacramento County, CA, located at 3555 Auburn Boulevard, 95821 zip code. Childrens Receiving Home Of Sacramento offers Partial hospitalization/day treatment and Residential treatment. Childrens Receiving Home Of Sacramento provides Couples/family therapy, Dialectical behavior therapy and Group therapy to Young adults and Children/adolescents. Childrens Receiving Home Of Sacramento also supports Transitional age young adults, LGBT and Persons who have

**Crestwood Behavioral Health Inc Crestwood Center** is a mental health facility in Sacramento County, CA, located at 2600 Stockton Boulevard, 95817 zip code. Crestwood Behavioral Health Inc Crestwood Center offers Hospital inpatient treatment and Residential treatment. Crestwood Behavioral Health Inc Crestwood Center provides Trauma therapy, Group therapy and Individual psychotherapy to Seniors 65 or older, Young adults and Adults. Crestwood Behavioral Health Inc Crestwood Center also supports Transitional age young adults, Persons

**Elk Grove Behavioral Health And Wellness** is a mental health facility in Sacramento County, CA, located at 9324 West Stockton Boulevard, 95758 zip code. Elk Grove Behavioral Health And Wellness offers Outpatient treatment and Telemedicine/telehealth. Elk Grove Behavioral Health And Wellness provides Behavior modification, Dialectical behavior therapy and Group therapy to Children/adolescents, Young adults and Seniors

**Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt** is a mental health facility in Sacramento County, CA, located at 425 Pine Street, 95632 zip code. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt offers Outpatient treatment. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt provides Trauma therapy, Behavior modification and Dialectical behavior therapy to Seniors 65 or older, Young adults and Adults. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt also supports Persons with serious mental illness.

**Kaiser South Sacramento Outpatient Psychiatry** is a mental health facility in Sacramento County, CA, located at 7300 Wyndham Drive, 95823 zip code. Kaiser South Sacramento Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser South Sacramento Outpatient Psychiatry provides Electroconvulsive therapy, Group therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Young adults. Kaiser South Sacramento Outpatient Psychiatry also supports

**Sierra Vista Hospital** is a mental health facility in Sacramento County, CA, located at 8001 Bruceville Road, 95823 zip code. Sierra Vista Hospital offers Hospital inpatient treatment, Partial hospitalization/day treatment and Outpatient treatment. Sierra Vista Hospital provides Activity therapy, Psychotropic medication and Cognitive behavioral therapy to Young adults, Children/adolescents and Adults. Some other services offered by Sierra Vista

**Pathways To Success After Homelessness Turning Point Community Programs** is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, Suite 180, 95834 zip code. Pathways To Success After Homelessness Turning Point Community Programs offers Outpatient treatment. Pathways To Success After Homelessness Turning Point Community Programs provides Couples/family therapy, Dialectical behavior therapy and Activity therapy to Children/adolescents, Seniors 65 or older and Young adults. Pathways To Success After Homelessness Turning Point Community Programs also supports Persons with serious mental illness, Seniors or

**Support Group:**

NAMI Sacramento - 916-427-5204

**Drug & Alcohol Services:**

Sacramento County Alcohol & Drug Services - System of Care - 916-874-9754  
Alcoholics Anonymous - 916-454-1100  
Narcotics Anonymous - 800-600-HOPE

**County Mental Health:**

Sacramento County Mental Health Adult Access - 916-875-1055 / 888-881-4881  
Sacramento County Mental Health Child Access - 916-875-9980  
Sacramento County Community Support Team - M-F, 8-5 - 916-874-6015

**24 Hour Crisis:**

Sacramento County Mental Health Treatment Center  
2150 Stockton Blvd.  
Sacramento, CA 95817  
916-732-3637

Suicide Prevention - 916-368-3111

Weave Crisis Line - 916-920-2952

**Solano County**

Fairfield-Beck - 275 Beck Avenue, Fairfield, CA 94533  
707.784.8320 / 800.547.0495

Fairfield-Courage - 2101 Courage Drive, Fairfield, CA 94533  
Adult-707.784.2080 / Children-707.784.4900 / 800.547.0495

Vacaville - 1119 E. Monte Vista Avenue, Vacaville, CA 95688  
Adult-707.469.4610 / Children-707.469.4540 / 800.547.0495

Vallejo - 355 Tuolumne Street, Vallejo, CA 94590  
Adult-707.553.5331 / Children-707.553.5811 / 800.547.0495

**ALSO:**

**Catholic Social Services of Solano County (also serves Yolo County area residents)  
125 Corporate Place-Suite A, Vallejo, CA 94590**

**Solano County Mental Health scmh/childrens Mental Health** is a mental health facility in Solano County, CA, located at 1119 East Monte Vista Avenue, Ms 32-150, 95688 zip code. Solano County Mental Health scmh/childrens Mental Health offers Outpatient treatment. Solano County Mental Health scmh/childrens Mental Health provides Group therapy, Cognitive behavioral therapy and Behavior modification to Young adults and Children/adolescents. Solano County Mental Health scmh/childrens Mental Health also supports Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services provided by Solano County Mental Health scmh/childrens Mental Health include Court-ordered outpatient treatment, Case management and Intensive case management.

**Solano County Mental Health Childrens Services** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Childrens Services offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Childrens Services provides Cognitive behavioral therapy, Behavior modification and Group therapy to Young adults and Children/adolescents. Solano County Mental Health Childrens Services also supports Persons with co-occurring mental and substance use disorders, Persons with serious mental illness and Transitional age young adults. Some other services offered by Solano County Mental Health Childrens Services include Family psychoeducation, Therapeutic foster care and Intensive case management.

**Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center** is a mental health facility in Solano County, CA, located at 115 Oddstad Drive, 94589 zip code. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center offers Residential treatment. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center provides Dialectical behavior therapy, Psychotropic medication and Trauma therapy to Young adults and Adults. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center also supports Persons with serious mental illness, Veterans and Clients referred from the court/judicial system. Some other services provided by Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center include Psychosocial rehabilitation services, Diet and exercise counseling and Vocational rehabilitation services.

**Aldea Children And Family Services Behavioral Health Services And Foster Care** is a mental health facility in Solano County, CA, located at 470 Chadbourne Road, 94534 zip code. Aldea Children And Family Services Behavioral Health Services And Foster Care offers Outpatient treatment. Aldea Children And Family Services Behavioral Health Services And Foster Care provides Dialectical behavior therapy, Behavior modification and Individual psychotherapy to Children/adolescents, Adults and Young adults. Aldea Children And Family Services Behavioral Health Services And Foster Care also supports Transitional age young adults. Some other services offered by Aldea Children And Family Services Behavioral Health Services And Foster Care include Intensive case management, Case management and Family psychoeducation.

**Crestwood Behavioral Health Center Solano** is a mental health facility in Solano County, CA, located at 2201 Tuolumne Street, 94589 zip code. Crestwood Behavioral Health Center Solano offers Hospital inpatient treatment. Crestwood Behavioral Health Center Solano provides Dialectical behavior therapy, Activity therapy and Psychotropic medication to Adults, Young adults and Seniors 65 or older. Some other services offered by Crestwood Behavioral Health Center Solano include Chronic disease/illness management, Suicide prevention services and Education services.

**Solano County Mental Health Forensic Assertive Community Treatment** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Forensic Assertive Community Treatment offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Forensic Assertive Community Treatment provides Dialectical behavior therapy, Psychotropic medication and Activity therapy to Young adults, Seniors 65 or older and Adults. Solano County Mental Health Forensic Assertive Community Treatment also supports Clients referred from the court/judicial system. Some other services provided by Solano County Mental Health Forensic Assertive Community Treatment include Psychosocial rehabilitation services, Supported employment and Suicide prevention services.

**Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic** is a mental health facility in Solano County, CA, located at 355 Tuolumne Street, Suite 1400, 94590 zip code. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic offers Outpatient treatment and Telemedicine/telehealth. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic provides Dialectical behavior therapy, Integrated dual diagnosis disorder treatment and Group therapy to Adults, Seniors 65 or older and Young adults. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic also supports LGBT, Persons with post-traumatic stress disorder and Veterans. Some other services provided by Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic include Mentoring/peer support/consumer-run services, Case management and Intensive case management.

**Solano County Mental Health Fairfield Adult Mental Health** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Fairfield Adult Mental Health offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Fairfield Adult Mental Health provides Individual psychotherapy, Group therapy and Dialectical behavior therapy to Young adults, Seniors 65 or older and Adults. Solano County Mental Health Fairfield Adult Mental Health also supports Persons who have experienced trauma, Persons with serious mental illness and Persons with post-traumatic stress disorder. Some other services offered by Solano County Mental Health Fairfield Adult Mental Health include Case management, Supported employment and Suicide prevention services.

**Caminar Laurel Creek House** is a mental health facility in Solano County, CA, located at 956 East Tabor Avenue, 94533 zip code. Caminar Laurel Creek House offers Residential treatment and Telemedicine/telehealth. Caminar Laurel Creek House provides Couples/family therapy, Trauma therapy and Behavior modification to Young adults, Seniors 65 or older and Adults. Caminar Laurel Creek House also supports Persons with serious mental illness, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Caminar Laurel Creek House include Housing services, Education services and Psychosocial rehabilitation services.

**Solano County Behavioral Health scbh/childrens Clinic Services** is a mental health facility in Solano County, CA, located at 355 Tuolumne Street, Suite 1200, 94590 zip code. Solano County Behavioral Health scbh/childrens Clinic Services offers Outpatient treatment and Telemedicine/telehealth. Solano County Behavioral Health scbh/childrens Clinic Services provides Behavior modification, Integrated dual diagnosis disorder treatment and Cognitive behavioral therapy to Children/adolescents and Young adults. Solano County Behavioral Health scbh/childrens Clinic Services also supports Persons with post-traumatic stress disorder, Children/adolescents with serious emotional disturbance and Transitional age young adults. Some other services offered by Solano County Behavioral Health scbh/childrens Clinic Services include Court-ordered outpatient treatment, Case management and Family psychoeducation.

**Va Northern Ca Hcs Fairfield Opc** is a mental health facility in Solano County, CA, located at 103 Bodin Circle, 94535 zip code. Va Northern Ca Hcs Fairfield Opc offers Telemedicine/telehealth and Outpatient treatment. Va Northern Ca Hcs Fairfield Opc provides Couples/family therapy, Trauma therapy and Individual psychotherapy to Adults, Young adults and Seniors 65 or older. Va Northern Ca Hcs Fairfield Opc also supports Persons who have experienced trauma, Persons with co-occurring mental and substance use disorders and Persons with serious mental illness. Some other services provided by Va Northern Ca Hcs Fairfield Opc include Integrated primary care services, Intensive case management and Chronic disease/illness management.

**Yolo County - Mental Health - 888.965.6647**

Woodland - 137 N. Cottonwood Street, Woodland, CA 95695

Davis - 600 A Street-Suite A, Davis, CA 95616

West Sacramento - 500 B Jefferson Blvd., West Sacramento, CA 95606

**ALSO:**

**Catholic Social Services of Solano County (also serves Yolo County area residents)**

**125 Corporate Place-Suite A, Vallejo, CA 94590**

**Yolo Community Care Continuum Safe Harbor Crisis House** is a mental health facility in Yolo County, CA, located at 584 Kentucky Avenue, 95695 zip code. Yolo Community Care Continuum Safe Harbor Crisis House offers Residential treatment. Yolo Community Care Continuum Safe Harbor Crisis House provides Group therapy, Integrated dual diagnosis disorder treatment and Cognitive behavioral therapy to Adults, Seniors 65 or older and Young adults. Yolo Community Care Continuum Safe Harbor Crisis House also supports Transitional age young adults, Persons who have experienced trauma and Veterans. Some other services offered by Yolo Community Care Continuum Safe Harbor Crisis House include Family psychoeducation, Diet and exercise counseling and Housing services.

**Pine Tree Gardens** is a mental health facility in Yolo County, CA, located at 212 I Street, 95616 zip code. Pine Tree Gardens offers Outpatient treatment. Pine Tree Gardens provides Individual psychotherapy and Cognitive behavioral therapy to Seniors 65 or older, Young adults and Adults. Pine Tree Gardens also supports Persons with serious mental illness, Persons with co-occurring mental and substance use disorders and Seniors or older adults. Some other services offered by Pine Tree Gardens include Case management, Psychosocial rehabilitation services and Supported housing.

**Yolo County Health And Human Services Mental Health Services** is a mental health facility in Yolo County, CA, located at 500 Jefferson Boulevard, Suite B, 95605 zip code. Yolo County Health And Human Services Mental Health Services offers Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Dialectical behavior therapy, Psychotropic medication and Trauma therapy to Adults, Children/adolescents and Seniors 65 or older. Yolo County Health And Human Services Mental Health Services also supports Children/adolescents with serious emotional disturbance, Seniors or older adults and Persons with post-traumatic stress disorder. Some other services provided by Yolo County Health And Human Services Mental Health Services include Intensive case management, Case management and Mentoring/peer support/consumer-run services.

**Yolo County Health And Human Services Mental Health Services** is a mental health facility in Yolo County, CA, located at 137 North Cottonwood Street, 95695 zip code. Yolo County Health And Human Services Mental Health Services offers Telemedicine/telehealth and Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Individual psychotherapy, Behavior modification and Trauma therapy to Seniors 65 or older, Children/adolescents and Young adults. Yolo County Health And Human Services Mental Health Services also supports Persons with co-occurring mental and substance use disorders, Seniors or older adults and Persons with serious mental illness. Some other services provided by Yolo County Health And Human Services Mental Health Services include Case management, Mentoring/peer support/consumer-run services and Family psychoeducation.

**Turning Point Community Programs Act Program** is a mental health facility in Yolo County, CA, located at 212 I Street, 95616 zip code. Turning Point Community Programs Act Program offers Outpatient treatment. Turning Point Community Programs Act Program provides Group therapy, Psychotropic medication and Individual psychotherapy to Young adults, Seniors 65 or older and Adults. Turning Point Community Programs Act Program also supports Persons with co-occurring mental and substance use disorders, Transitional age young adults and Seniors or older adults. Some other services provided by Turning Point Community Programs Act Program include Intensive case management, Case management and Court-ordered outpatient treatment.

**Woodland Memorial Hospital** is a mental health facility in Yolo County, CA, located at 1325 Cottonwood Street, 95695 zip code. Woodland Memorial Hospital offers Hospital inpatient treatment. Woodland Memorial Hospital provides Group therapy, Individual psychotherapy and Psychotropic medication to Seniors 65 or older, Young adults and Adults. Some other services provided by Woodland Memorial Hospital include Illness management and recovery, Chronic disease/illness management and Case management.

**Yolo County Health And Human Services Mental Health Services** is a mental health facility in Yolo County, CA, located at 600 A Street, 95616 zip code. Yolo County Health And Human Services Mental Health Services offers Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Trauma therapy, Group therapy and Behavior modification to Adults, Seniors 65 or older and Young adults. Yolo County Health And Human Services Mental Health Services also supports Seniors or older adults, Persons with co-occurring mental and substance use disorders and Children/adolescents with serious emotional disturbance. Some other services offered by Yolo County Health And Human Services Mental Health Services include Case management, Psychosocial rehabilitation services and Suicide prevention services.

## **Diocese of Sacramento - Mental Health Professionals**

### **Chico**

#### **Susan Tobin, PhD.**

100 Amber Grove, Ste. 100  
Chico, CA 95973  
(530) 898-8446

#### **Christine Knight (LCSW) @ Sacred Space Counseling**

686 Rio Linda Ave  
Chico, CA 95926  
(530) 425-9733  
(916) 536-5090

### **Fairfield**

#### **Mara Sammartino, LCSW (LCS#70176)**

#### **The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377  
msleon@solanocounty.com

### **Fair Oaks**

#### **The Catholic Counseling Agency**

#### **Deacon Jack D. Roland, LCSW (LCS #21496)**

<https://www.catholictherapists.com/jack-roland-lcsw>  
4777 Sunrise Blvd., Suite C  
Fair Oaks, CA 95628  
(916) 792-9797  
jackroland@catholiccounselingagency.com

### **Roseville**

#### **Catherine C. Fisher, LCSW (LCS# 29594)**

Granite Bay, CA  
(916) 214-4623  
[cfisherlcswo@cathimail.com](mailto:cfisherlcswo@cathimail.com)

#### **Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455  
[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Roseville - continued**

**Armando Gonzalez, LMFT (#53731)**

1380 Lead Hill Blvd, Suite 160  
Roseville, CA 95661  
(916) 743-4748

**Amanda Horrocks, DNP, NP**

1420 Rocky Ridge Drive, Ste. 120  
Roseville, CA 95661  
855-501-1004 - Patients Under 18  
916-783-9697 - Patients Under 18-25

**Rita Moeller**

2181 Marden Dr  
Rescue, CA 95672  
(530) 676-2794

**Sacramento**

**Dr. Gregory B. Gisla, Psy.D (PSY# 27644)**

3112 O Street, Suite 13  
Sacramento, CA 95816  
(323) 905-4027

**Bryan Kelso, LMFT (Lic# 88603)**

3112 O Street, Suite #4  
Sacramento, CA 95816  
(916) 532-0074  
kbkelso@gmail.com

**Debra J. Smith, LMFT (Lic#27526)**

2902 Tourbrook Way  
Sacramento, CA 95833  
(530) 622-2779

**Marisela Franco, LMFT (Lic# 98052)**

Sacramento Area (Telehealth Only)  
(209) 898-8399

**Bianca Zitelli, LCSW (Lic#93213)**

**B. Luxx, Inc.**  
3902 J Street  
Sacramento, CA 95819  
(916) 212-0421  
[bianca@bluxxtherapy.com](mailto:bianca@bluxxtherapy.com)

### **Sacramento - continued**

**Elisa Louizos, LCSW (LCS#33368)**  
**Spark Center (Adoption specialist)**  
1412 S Street, Suite 100  
Sacramento, CA 95811  
(916) 616-8561  
[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

**Armando Gonzalez, LMFT (#53731)**  
1012 19th St.  
Sacramento, CA 95816  
(916) 743-4748

**Michele Villarreal, MA, LMFT**  
916-425-2692  
<http://www.fourseasons-counseling.com/>  
455 University Ave, Suite 215  
Sacramento, California, 95825

**Patience Silva (Dayton), MSW, LCSW**  
916 598 5648  
<http://www.patiencedayton.com/>  
3112 O Street, Suite 4  
Sacramento, California, 95816

**Genora Villalobos, MA, AMFT**  
559-825-3941  
<https://www.catholictherapists.com/genora-villalobos>  
Offering Online Teletherapy Services  
Sacramento, California, 95816

**Vacaville**  
**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

**Gail Gall, LMFT**  
795 Alamo Drive, Suite 102  
Vacaville, CA 95688  
[info@gailgall.com](mailto:info@gailgall.com)  
707-317-3981

**USC Telehealth**  
Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol

**Diocese of Sacramento - Mental Health Professionals**  
**Spanish Speaking**

**Davis**

**Elizabeth Saft, PhD**

1747 Oak Ave, Suite 3  
Davis, CA 95616  
(530) 297-7190

**Fairfield**

**Mara Sammartino, LCSW (LCS#70176)**

**The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377

[msleon@solanocounty.com](mailto:msleon@solanocounty.com)

**Roseville**

**Marleni F. Tavarez, LCSW (LCS#60511)**

2412 Professional Dr  
Roseville, CA 95661  
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**Sonia Trefflich, LCSW @ Resilient Journey Counseling**

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Roseville, CA 95747  
(916) 713-3455

[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Sacramento**

**La Familia Counseling Center, Inc.**

5523 34th St.  
Sacramento, CA 95820  
(916) 452-3601  
[info@lafcc.org](mailto:info@lafcc.org)

**Maria Elena Perez, LMFT, RN, BSN (LCS#110585)**

**Sacramento Center for Complementary Medicine**

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**Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling**

1614 X Street, Suite A  
Sacramento, CA 95818  
(916) 619-3009  
[thrivetherapists@gmail.com](mailto:thrivetherapists@gmail.com)

## **Sacramento Spanish Speaking - continued**

**Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)**  
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(916) 616-8561  
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**Marisela Franco, LMFT (Lic# 98052)**  
Sacramento Area (Telehealth Only)  
(209) 898-8399

### **Vacaville**

**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

### **Woodland**

**Rhonda J Myers, LEP3603, NCSP**  
163 Second Street  
Woodland, CA 95695  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **Yuba City**

**Rhonda J Myers, LEP3603, NCSP**  
1245 Tharp Road, Suite I  
Yuba City, CA 95993  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **USC Telehealth**

Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol