

Diocese of Sacramento

Mental Health Referral Project

(Revision - C)

Deanery List

American River Deanery

City Deanery

Gold Country Deanery

Mother Lode Deanery

Ridge Deanery

Shasta Deanery

Siskiyou Deanery

Solano Deanery

Southern Suburbs Deanery

Sutter Buttes Deanery - Cluster 1

Sutter Buttes Deanery - Cluster 2

West Placer Deanery

Yolo Deanery

Southern Suburbs Deanery

(Sacramento County)

Good Shepherd Catholic Church - Elk Grove
Immaculate Conception Parish - Sacramento
Our Lady of Guadalupe - Sacramento
St. Charles Borromeo Parish - Sacramento
St. Christopher Parish - Galt
St. Jeong-Hae Elizabeth Church - Sacramento
St. Joseph Parish - Elk Grove
St. Maria Goretti - Sacramento
St. Paul Parish - Sacramento
St. Peter and All Hallows Parish - Sacramento
St. Rose Parish - Sacramento
St. Stephen the First Martyr Church - Sacramento
Vietnamese Catholic Martyrs - Sacramento

Sacramento County - Mental Health - 916.875.1055 / 888.881.4881

Primary Care Center - 4600 Broadway, Sacramento, CA 95820 (M-F, 8-5)

Mental Health Treatment Center - 2150 Stockton Blvd., Sacramento, CA 95817 (24/7 operations)

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 7818 Bar Du Lane, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Behavior modification and Group therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons with eating disorders and

American River Residential Services is a mental health facility in Sacramento County, CA, located at 4741 Engle Road, 95608 zip code. American River Residential Services offers Residential treatment. American River Residential Services provides Activity therapy, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Young adults and Adults. American River Residential Services also supports Persons with

Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 9201 Big Horn Boulevard, 95758 zip code. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry provides Behavior modification, Individual psychotherapy and Trauma therapy to Children/adolescents, Young adults and Adults. Kaiser Permanente Medical Center Elk Grove

Watt Avenue Mental Health Center Terkensha Associates is a mental health facility in Sacramento County, CA, located at 2829 Watt Avenue, Suite 200, 95821 zip code. Watt Avenue Mental Health Center Terkensha Associates offers Outpatient treatment. Watt Avenue Mental Health Center Terkensha Associates provides Behavior modification, Couples/family therapy and Trauma therapy to Young adults and Children/adolescents. Watt Avenue Mental Health Center Terkensha Associates also supports Clients referred from the court/judicial system, Persons who have experienced trauma and Persons with post-traumatic stress disorder. Some other

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 6171 Bradshaw Road, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Individual psychotherapy, Psychotropic medication and Trauma therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Persons with eating disorders, Persons who have experienced trauma and

Visions Unlimited is a mental health facility in Sacramento County, CA, located at 6833 Stockton Boulevard, Suite 485, 95823 zip code. Visions Unlimited offers Telemedicine/telehealth and Outpatient treatment. Visions Unlimited provides Behavior modification, Psychotropic medication and Dialectical behavior therapy to Adults, Young adults and Seniors 65 or older. Visions Unlimited also supports Persons with serious mental illness. Some

Summit Behavioral Wellness is a mental health facility in Sacramento County, CA, located at 7601 Hospital Drive, Suite 202, 95823 zip code. Summit Behavioral Wellness offers Telemedicine/telehealth and Outpatient treatment. Summit Behavioral Wellness provides Individual psychotherapy, Trauma therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Adults. Summit Behavioral Wellness also supports Persons with co-occurring mental and substance use disorders, Transitional age young

El Hogar Community Services Inc Guest House Homeless Clinic is a mental health facility in Sacramento County, CA, located at 600 Bercut Drive, 95811 zip code. El Hogar Community Services Inc Guest House Homeless Clinic offers Outpatient treatment. El Hogar Community Services Inc Guest House Homeless Clinic provides Individual psychotherapy, Group therapy and Trauma therapy to Seniors 65 or older, Young adults and Adults. El Hogar Community Services Inc Guest House Homeless Clinic also supports Persons with serious mental illness, Persons with post-traumatic stress disorder and Persons with co-occurring mental and substance use disorders. Some

Uplift Family Services is a mental health facility in Sacramento County, CA, located at 9343 Tech Center Drive, Suite 200, 95826 zip code. Uplift Family Services offers Telemedicine/telehealth and Outpatient treatment. Uplift Family Services provides Individual psychotherapy, Psychotropic medication and Cognitive behavioral therapy to Children/adolescents and Young adults. Uplift Family Services also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Transitional age young adults. Some other

Uplift Family Services is a mental health facility in Sacramento County, CA, located at 3951 Performance Drive, Suite G, 95838 zip code. Uplift Family Services offers Outpatient treatment. Uplift Family Services provides Couples/family therapy, Group therapy and Activity therapy to Children/adolescents and Young adults. Uplift Family Services also supports Transitional age young adults, Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services offered by Uplift Family Services

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 9200 Sweet Acacia Way, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Activity therapy and Individual psychotherapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons who have experienced

Kaiser Permanente Medical Center Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 8247 East Stockton Boulevard, 95823 zip code. Kaiser Permanente Medical Center Outpatient Psychiatry offers Outpatient treatment and Telemedicine/telehealth. Kaiser Permanente Medical Center Outpatient Psychiatry provides Behavior modification, Group therapy and Integrated dual diagnosis disorder treatment to Adults, Seniors 65 or older and Young adults. Kaiser Permanente Medical Center Outpatient

Turning Point Flexible Integrated Treatment is a mental health facility in Sacramento County, CA, located at 7245 East Southgate Drive, 95823 zip code. Turning Point Flexible Integrated Treatment offers Outpatient treatment. Turning Point Flexible Integrated Treatment provides Cognitive behavioral therapy, Couples/family therapy and Trauma therapy to Children/adolescents and Young adults. Turning Point Flexible Integrated Treatment also supports Transitional age young adults. Some other services offered by Turning Point Flexible

Turning Point Integrated Services Agency is a mental health facility in Sacramento County, CA, located at 6950 65th Street, 95823 zip code. Turning Point Integrated Services Agency offers Outpatient treatment. Turning Point Integrated Services Agency provides Behavior modification, Psychotropic medication and Individual psychotherapy to Young adults, Seniors 65 or older and Adults. Turning Point Integrated Services Agency also supports Persons with serious mental illness, Persons who have experienced trauma and Persons with co-

Heritage Oaks Hospital is a mental health facility in Sacramento County, CA, located at 4250 Auburn Boulevard, 95841 zip code. Heritage Oaks Hospital offers Hospital inpatient treatment, Outpatient treatment and Partial hospitalization/day treatment. Heritage Oaks Hospital provides Couples/family therapy, Group therapy and Integrated dual diagnosis disorder treatment to Children/adolescents, Seniors 65 or older and Young adults. Heritage Oaks Hospital also supports Persons with serious mental illness and Persons with co-occurring mental

Sacramento Childrens Home is a mental health facility in Sacramento County, CA, located at 2750 Sutterville Road, 95820 zip code. Sacramento Childrens Home offers Residential treatment and Outpatient treatment. Sacramento Childrens Home provides Couples/family therapy, Trauma therapy and Cognitive behavioral therapy to Young adults and Children/adolescents. Sacramento Childrens Home also supports Children/adolescents with serious emotional disturbance, Persons who have experienced trauma and Persons with post-traumatic stress

North Area Community Mental Health Center Terkensha Associates is a mental health facility in Sacramento County, CA, located at 811 Grand Avenue, Suite D, 95838 zip code. North Area Community Mental Health Center Terkensha Associates offers Outpatient treatment. North Area Community Mental Health Center Terkensha Associates provides Group therapy, Individual psychotherapy and Couples/family therapy to Young adults and Children/adolescents. North Area Community Mental Health Center Terkensha Associates also supports Persons with co-occurring mental and substance use disorders, Persons with HIV or AIDS and Persons who have experienced trauma. Some other services offered by North Area Community Mental Health Center Terkensha

River Oak Center For Children is a mental health facility in Sacramento County, CA, located at 5445 Laurel Hills Drive, 95841 zip code. River Oak Center For Children offers Outpatient treatment. River Oak Center For Children provides Behavior modification, Couples/family therapy and Cognitive behavioral therapy to Children/adolescents and Young adults. River Oak Center For Children also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Persons with post-traumatic

Peach Tree Health North Sacramento is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, 95834 zip code. Peach Tree Health North Sacramento offers Telemedicine/telehealth and Outpatient treatment. Peach Tree Health North Sacramento provides Integrated dual diagnosis disorder treatment, Cognitive behavioral therapy and Trauma therapy to Children/adolescents, Adults and Seniors 65 or older. Some

Sutter Center For Psychiatry is a mental health facility in Sacramento County, CA, located at 7700 Folsom Boulevard, 95826 zip code. Sutter Center For Psychiatry offers Telemedicine/telehealth and Hospital inpatient treatment. Sutter Center For Psychiatry provides Electroconvulsive therapy, Group therapy and Dialectical behavior therapy to Children/adolescents, Adults and Seniors 65 or older. Sutter Center For Psychiatry also supports Persons with serious mental illness and Transitional age young adults. Some other services offered by

El Hogar Community Services Inc Sierra Elder Wellness Program is a mental health facility in Sacramento County, CA, located at 3870 Rosin Court, Suite 130, 95834 zip code. El Hogar Community Services Inc Sierra Elder Wellness Program offers Outpatient treatment. El Hogar Community Services Inc Sierra Elder Wellness Program provides Activity therapy, Psychotropic medication and Dialectical behavior therapy to Adults and Seniors 65 or older. El Hogar Community Services Inc Sierra Elder Wellness Program also supports Seniors or older adults, Clients referred from the court/judicial system and Persons who have experienced trauma. Some other services

Childrens Receiving Home Of Sacramento is a mental health facility in Sacramento County, CA, located at 3555 Auburn Boulevard, 95821 zip code. Childrens Receiving Home Of Sacramento offers Partial hospitalization/day treatment and Residential treatment. Childrens Receiving Home Of Sacramento provides Couples/family therapy, Dialectical behavior therapy and Group therapy to Young adults and Children/adolescents. Childrens Receiving Home Of Sacramento also supports Transitional age young adults, LGBT and Persons who have

Crestwood Behavioral Health Inc Crestwood Center is a mental health facility in Sacramento County, CA, located at 2600 Stockton Boulevard, 95817 zip code. Crestwood Behavioral Health Inc Crestwood Center offers Hospital inpatient treatment and Residential treatment. Crestwood Behavioral Health Inc Crestwood Center provides Trauma therapy, Group therapy and Individual psychotherapy to Seniors 65 or older, Young adults and Adults. Crestwood Behavioral Health Inc Crestwood Center also supports Transitional age young adults, Persons

Elk Grove Behavioral Health And Wellness is a mental health facility in Sacramento County, CA, located at 9324 West Stockton Boulevard, 95758 zip code. Elk Grove Behavioral Health And Wellness offers Outpatient treatment and Telemedicine/telehealth. Elk Grove Behavioral Health And Wellness provides Behavior modification, Dialectical behavior therapy and Group therapy to Children/adolescents, Young adults and Seniors

Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt is a mental health facility in Sacramento County, CA, located at 425 Pine Street, 95632 zip code. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt offers Outpatient treatment. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt provides Trauma therapy, Behavior modification and Dialectical behavior therapy to Seniors 65 or older, Young adults and Adults. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt also supports Persons with serious mental illness.

Kaiser South Sacramento Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 7300 Wyndham Drive, 95823 zip code. Kaiser South Sacramento Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser South Sacramento Outpatient Psychiatry provides Electroconvulsive therapy, Group therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Young adults. Kaiser South Sacramento Outpatient Psychiatry also supports

Sierra Vista Hospital is a mental health facility in Sacramento County, CA, located at 8001 Bruceville Road, 95823 zip code. Sierra Vista Hospital offers Hospital inpatient treatment, Partial hospitalization/day treatment and Outpatient treatment. Sierra Vista Hospital provides Activity therapy, Psychotropic medication and Cognitive behavioral therapy to Young adults, Children/adolescents and Adults. Some other services offered by Sierra Vista

Pathways To Success After Homelessness Turning Point Community Programs is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, Suite 180, 95834 zip code. Pathways To Success After Homelessness Turning Point Community Programs offers Outpatient treatment. Pathways To Success After Homelessness Turning Point Community Programs provides Couples/family therapy, Dialectical behavior therapy and Activity therapy to Children/adolescents, Seniors 65 or older and Young adults. Pathways To Success After Homelessness Turning Point Community Programs also supports Persons with serious mental illness, Seniors or

Support Group:

NAMI Sacramento - 916-427-5204

Drug & Alcohol Services:

Sacramento County Alcohol & Drug Services - System of Care - 916-874-9754

Alcoholics Anonymous - 916-454-1100

Narcotics Anonymous - 800-600-HOPE

County Mental Health:

Sacramento County Mental Health Adult Access - 916-875-1055 / 888-881-4881

Sacramento County Mental Health Child Access - 916-875-9980

Sacramento County Community Support Team - M-F, 8-5 - 916-874-6015

24 Hour Crisis:

Sacramento County Mental Health Treatment Center
2150 Stockton Blvd.
Sacramento, CA 95817
916-732-3637

Suicide Prevention - 916-368-3111

Weave Crisis Line - 916-920-2952

Diocese of Sacramento - Mental Health Professionals

Chico

Susan Tobin, PhD.

100 Amber Grove, Ste. 100
Chico, CA 95973
(530) 898-8446

Christine Knight (LCSW) @ Sacred Space Counseling

686 Rio Linda Ave
Chico, CA 95926
(530) 425-9733
(916) 536-5090

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Fair Oaks

The Catholic Counseling Agency

Deacon Jack D. Roland, LCSW (LCS #21496)

<https://www.catholictherapists.com/jack-roland-lcsw>

4777 Sunrise Blvd., Suite C
Fair Oaks, CA 95628
(916) 792-9797
jackroland@catholiccounselingagency.com

Roseville

Catherine C. Fisher, LCSW (LCS# 29594)

Granite Bay, CA
(916) 214-4623
cfisherlcsw@cathimail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

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Sonia@aresilientjourney.com

Roseville - continued**Armando Gonzalez, LMFT (#53731)**

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Amanda Horrocks, DNP, NP

1420 Rocky Ridge Drive, Ste. 120
Roseville, CA 95661
855-501-1004 - Patients Under 18
916-783-9697 - Patients Under 18-25

Rita Moeller

2181 Marden Dr
Rescue, CA 95672
(530) 676-2794

Sacramento**Dr. Gregory B. Gisla, Psy.D (PSY# 27644)**

3112 O Street, Suite 13
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Bryan Kelso, LMFT (Lic# 88603)

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kbkelso@gmail.com

Debra J. Smith, LMFT (Lic#27526)

2902 Tourbrook Way
Sacramento, CA 95833
(530) 622-2779

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)
(209) 898-8399

Bianca Zitelli, LCSW (Lic#93213)**B. Luxx, Inc.**

3902 J Street
Sacramento, CA 95819
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bianca@bluxxtherapy.com

Sacramento - continued

Elisa Louizos, LCSW (LCS#33368)

Spark Center (Adoption specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

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elouizos@sparkcenter.com

Armando Gonzalez, LMFT (#53731)

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Sacramento, CA 95816

(916) 743-4748

Michele Villarreal, MA, LMFT

916-425-2692

<http://www.fourseasons-counseling.com/>

455 University Ave, Suite 215

Sacramento, California, 95825

Patience Silva (Dayton), MSW, LCSW

916 598 5648

<http://www.patencedayton.com/>

3112 O Street, Suite 4

Sacramento, California, 95816

Genora Villalobos, MA, AMFT

559-825-3941

<https://www.catholictherapists.com/genora-villalobos>

Offering Online Teletherapy Services

Sacramento, California, 95816

Vacaville

Sharman Loredó - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Gail Gall, LMFT

795 Alamo Drive, Suite 102

Vacaville, CA 95688

info@gailgall.com

707-317-3981

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol

Diocese of Sacramento - Mental Health Professionals
Spanish Speaking

Davis

Elizabeth Saft, PhD

1747 Oak Ave, Suite 3
Davis, CA 95616
(530) 297-7190

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
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Roseville

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Sonia@aresilientjourney.com

Sacramento

La Familia Counseling Center, Inc.

5523 34th St.
Sacramento, CA 95820
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info@lafcc.org

Maria Elena Perez, LMFT, RN, BSN (LCS#110585)

Sacramento Center for Complementary Medicine

2701 "I" Street
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Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling

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Sacramento Spanish Speaking - continued

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Vacaville

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Woodland

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Yuba City

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Yuba City, CA 95993

(530) 632-4595

rhondajmyers@gmail.com

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol