

# Diocese of Sacramento

## Mental Health Referral Project

(Revision - C)

# **Deanery List**

American River Deanery  
City Deanery  
Gold Country Deanery  
Mother Lode Deanery  
Ridge Deanery  
Shasta Deanery  
Siskiyou Deanery  
Solano Deanery  
Southern Suburbs Deanery  
Sutter Buttes Deanery - Cluster 1  
Sutter Buttes Deanery - Cluster 2  
West Placer Deanery  
Yolo Deanery

## Solano Deanery (Solano County)

Holy Spirit Parish - Fairfield  
Our Lady of Mount Carmel Parish - Fairfield  
St. Basil Parish - Vallejo  
St. Catherine of Siena Parish - Vallejo  
St. Dominic Parish - Benicia  
St. Joseph Parish - Vacaville  
St. Mary Parish - Vacaville  
St. Vincent Ferrer Parish - Vallejo

**Solano County**

Fairfield-Beck - 275 Beck Avenue, Fairfield, CA 94533  
707.784.8320 / 800.547.0495

Fairfield-Courage - 2101 Courage Drive, Fairfield, CA 94533  
Adult-707.784.2080 / Children-707.784.4900 / 800.547.0495

Vacaville - 1119 E. Monte Vista Avenue, Vacaville, CA 95688  
Adult-707.469.4610 / Children-707.469.4540 / 800.547.0495

Vallejo - 355 Tuolumne Street, Vallejo, CA 94590  
Adult-707.553.5331 / Children-707.553.5811 / 800.547.0495

**ALSO:**

**Catholic Social Services of Solano County (also serves Yolo County area residents)  
125 Corporate Place-Suite A, Vallejo, CA 94590**

**Solano County Mental Health scmh/childrens Mental Health** is a mental health facility in Solano County, CA, located at 1119 East Monte Vista Avenue, Ms 32-150, 95688 zip code. Solano County Mental Health scmh/childrens Mental Health offers Outpatient treatment. Solano County Mental Health scmh/childrens Mental Health provides Group therapy, Cognitive behavioral therapy and Behavior modification to Young adults and Children/adolescents. Solano County Mental Health scmh/childrens Mental Health also supports Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services provided by Solano County Mental Health scmh/childrens Mental Health include Court-ordered outpatient treatment, Case management and Intensive case management.

**Solano County Mental Health Childrens Services** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Childrens Services offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Childrens Services provides Cognitive behavioral therapy, Behavior modification and Group therapy to Young adults and Children/adolescents. Solano County Mental Health Childrens Services also supports Persons with co-occurring mental and substance use disorders, Persons with serious mental illness and Transitional age young adults. Some other services offered by Solano County Mental Health Childrens Services include Family psychoeducation, Therapeutic foster care and Intensive case management.

**Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center** is a mental health facility in Solano County, CA, located at 115 Oddstad Drive, 94589 zip code. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center offers Residential treatment. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center provides Dialectical behavior therapy, Psychotropic medication and Trauma therapy to Young adults and Adults. Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center also supports Persons with serious mental illness, Veterans and Clients referred from the court/judicial system. Some other services provided by Crestwood Behavioral Health Inc Crestwood Recovery And Rehab Center include Psychosocial rehabilitation services, Diet and exercise counseling and Vocational rehabilitation services.

**Aldea Children And Family Services Behavioral Health Services And Foster Care** is a mental health facility in Solano County, CA, located at 470 Chadbourne Road, 94534 zip code. Aldea Children And Family Services Behavioral Health Services And Foster Care offers Outpatient treatment. Aldea Children And Family Services Behavioral Health Services And Foster Care provides Dialectical behavior therapy, Behavior modification and Individual psychotherapy to Children/adolescents, Adults and Young adults. Aldea Children And Family Services Behavioral Health Services And Foster Care also supports Transitional age young adults. Some other services offered by Aldea Children And Family Services Behavioral Health Services And Foster Care include Intensive case management, Case management and Family psychoeducation.

**Crestwood Behavioral Health Center Solano** is a mental health facility in Solano County, CA, located at 2201 Tuolumne Street, 94589 zip code. Crestwood Behavioral Health Center Solano offers Hospital inpatient treatment. Crestwood Behavioral Health Center Solano provides Dialectical behavior therapy, Activity therapy and Psychotropic medication to Adults, Young adults and Seniors 65 or older. Some other services offered by Crestwood Behavioral Health Center Solano include Chronic disease/illness management, Suicide prevention services and Education services.

**Solano County Mental Health Forensic Assertive Community Treatment** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Forensic Assertive Community Treatment offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Forensic Assertive Community Treatment provides Dialectical behavior therapy, Psychotropic medication and Activity therapy to Young adults, Seniors 65 or older and Adults. Solano County Mental Health Forensic Assertive Community Treatment also supports Clients referred from the court/judicial system. Some other services provided by Solano County Mental Health Forensic Assertive Community Treatment include Psychosocial rehabilitation services, Supported employment and Suicide prevention services.

**Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic** is a mental health facility in Solano County, CA, located at 355 Tuolumne Street, Suite 1400, 94590 zip code. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic offers Outpatient treatment and Telemedicine/telehealth. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic provides Dialectical behavior therapy, Integrated dual diagnosis disorder treatment and Group therapy to Adults, Seniors 65 or older and Young adults. Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic also supports LGBT, Persons with post-traumatic stress disorder and Veterans. Some other services provided by Solano County Behavioral Health scbh/adult Behavioral Outpatient Clinic include Mentoring/peer support/consumer-run services, Case management and Intensive case management.

**Solano County Mental Health Fairfield Adult Mental Health** is a mental health facility in Solano County, CA, located at 2101 Courage Drive, 94533 zip code. Solano County Mental Health Fairfield Adult Mental Health offers Outpatient treatment and Telemedicine/telehealth. Solano County Mental Health Fairfield Adult Mental Health provides Individual psychotherapy, Group therapy and Dialectical behavior therapy to Young adults, Seniors 65 or older and Adults. Solano County Mental Health Fairfield Adult Mental Health also supports Persons who have experienced trauma, Persons with serious mental illness and Persons with post-traumatic stress disorder. Some other services offered by Solano County Mental Health Fairfield Adult Mental Health include Case management, Supported employment and Suicide prevention services.

**Caminar Laurel Creek House** is a mental health facility in Solano County, CA, located at 956 East Tabor Avenue, 94533 zip code. Caminar Laurel Creek House offers Residential treatment and Telemedicine/telehealth. Caminar Laurel Creek House provides Couples/family therapy, Trauma therapy and Behavior modification to Young adults, Seniors 65 or older and Adults. Caminar Laurel Creek House also supports Persons with serious mental illness, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Caminar Laurel Creek House include Housing services, Education services and Psychosocial rehabilitation services.

**Solano County Behavioral Health scbh/childrens Clinic Services** is a mental health facility in Solano County, CA, located at 355 Tuolumne Street, Suite 1200, 94590 zip code. Solano County Behavioral Health scbh/childrens Clinic Services offers Outpatient treatment and Telemedicine/telehealth. Solano County Behavioral Health scbh/childrens Clinic Services provides Behavior modification, Integrated dual diagnosis disorder treatment and Cognitive behavioral therapy to Children/adolescents and Young adults. Solano County Behavioral Health scbh/childrens Clinic Services also supports Persons with post-traumatic stress disorder, Children/adolescents with serious emotional disturbance and Transitional age young adults. Some other services offered by Solano County Behavioral Health scbh/childrens Clinic Services include Court-ordered outpatient treatment, Case management and Family psychoeducation.

**Va Northern Ca Hcs Fairfield Opc** is a mental health facility in Solano County, CA, located at 103 Bodin Circle, 94535 zip code. Va Northern Ca Hcs Fairfield Opc offers Telemedicine/telehealth and Outpatient treatment. Va Northern Ca Hcs Fairfield Opc provides Couples/family therapy, Trauma therapy and Individual psychotherapy to Adults, Young adults and Seniors 65 or older. Va Northern Ca Hcs Fairfield Opc also supports Persons who have experienced trauma, Persons with co-occurring mental and substance use disorders and Persons with serious mental illness. Some other services provided by Va Northern Ca Hcs Fairfield Opc include Integrated primary care services, Intensive case management and Chronic disease/illness management.

## **Diocese of Sacramento - Mental Health Professionals**

### **Chico**

#### **Susan Tobin, PhD.**

100 Amber Grove, Ste. 100  
Chico, CA 95973  
(530) 898-8446

#### **Christine Knight (LCSW) @ Sacred Space Counseling**

686 Rio Linda Ave  
Chico, CA 95926  
(530) 425-9733  
(916) 536-5090

### **Fairfield**

#### **Mara Sammartino, LCSW (LCS#70176)**

#### **The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377  
msleon@solanocounty.com

### **Fair Oaks**

#### **The Catholic Counseling Agency**

#### **Deacon Jack D. Roland, LCSW (LCS #21496)**

<https://www.catholictherapists.com/jack-roland-lcsw>  
4777 Sunrise Blvd., Suite C  
Fair Oaks, CA 95628  
(916) 792-9797  
jackroland@catholiccounselingagency.com

### **Roseville**

#### **Catherine C. Fisher, LCSW (LCS# 29594)**

Granite Bay, CA  
(916) 214-4623  
[cfisherlcsw@cathimail.com](mailto:cfisherlcsw@cathimail.com)

#### **Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455  
[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Roseville - continued**

**Armando Gonzalez, LMFT (#53731)**

1380 Lead Hill Blvd, Suite 160  
Roseville, CA 95661  
(916) 743-4748

**Amanda Horrocks, DNP, NP**

1420 Rocky Ridge Drive, Ste. 120  
Roseville, CA 95661  
855-501-1004 - Patients Under 18  
916-783-9697 - Patients Under 18-25

**Rita Moeller**

2181 Marden Dr  
Rescue, CA 95672  
(530) 676-2794

**Sacramento**

**Dr. Gregory B. Gisla, Psy.D (PSY# 27644)**

3112 O Street, Suite 13  
Sacramento, CA 95816  
(323) 905-4027

**Bryan Kelso, LMFT (Lic# 88603)**

3112 O Street, Suite #4  
Sacramento, CA 95816  
(916) 532-0074  
kbkelso@gmail.com

**Debra J. Smith, LMFT (Lic#27526)**

2902 Tourbrook Way  
Sacramento, CA 95833  
(530) 622-2779

**Marisela Franco, LMFT (Lic# 98052)**

Sacramento Area (Telehealth Only)  
(209) 898-8399

**Bianca Zitelli, LCSW (Lic#93213)**

**B. Luxx, Inc.**  
3902 J Street  
Sacramento, CA 95819  
(916) 212-0421  
[bianca@bluxxtherapy.com](mailto:bianca@bluxxtherapy.com)

### **Sacramento - continued**

**Elisa Louizos, LCSW (LCS#33368)**  
**Spark Center (Adoption specialist)**  
1412 S Street, Suite 100  
Sacramento, CA 95811  
(916) 616-8561  
[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

**Armando Gonzalez, LMFT (#53731)**  
1012 19th St.  
Sacramento, CA 95816  
(916) 743-4748

**Michele Villarreal, MA, LMFT**  
916-425-2692  
<http://www.fourseasons-counseling.com/>  
455 University Ave, Suite 215  
Sacramento, California, 95825

**Patience Silva (Dayton), MSW, LCSW**  
916 598 5648  
<http://www.patiencedayton.com/>  
3112 O Street, Suite 4  
Sacramento, California, 95816

**Genora Villalobos, MA, AMFT**  
559-825-3941  
<https://www.catholictherapists.com/genora-villalobos>  
Offering Online Teletherapy Services  
Sacramento, California, 95816

**Vacaville**  
**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

**Gail Gall, LMFT**  
795 Alamo Drive, Suite 102  
Vacaville, CA 95688  
[info@gailgall.com](mailto:info@gailgall.com)  
707-317-3981

**USC Telehealth**  
Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol

**Diocese of Sacramento - Mental Health Professionals**  
**Spanish Speaking**

**Davis**

**Elizabeth Saft, PhD**

1747 Oak Ave, Suite 3  
Davis, CA 95616  
(530) 297-7190

**Fairfield**

**Mara Sammartino, LCSW (LCS#70176)**

**The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377

[msleon@solanocounty.com](mailto:msleon@solanocounty.com)

**Roseville**

**Marleni F. Tavarez, LCSW (LCS#60511)**

2412 Professional Dr  
Roseville, CA 95661  
(916) 347-2992

[marlenitavarezlcs@gmail.com](mailto:marlenitavarezlcs@gmail.com)

**Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455

[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Sacramento**

**La Familia Counseling Center, Inc.**

5523 34th St.  
Sacramento, CA 95820  
(916) 452-3601  
[info@lafcc.org](mailto:info@lafcc.org)

**Maria Elena Perez, LMFT, RN, BSN (LCS#110585)**

**Sacramento Center for Complementary Medicine**

2701 "I" Street  
Sacramento, CA 95816  
(916) 835-4969  
[meperez916@gmail.com](mailto:meperez916@gmail.com)

**Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling**

1614 X Street, Suite A  
Sacramento, CA 95818  
(916) 619-3009  
[thrivetherapists@gmail.com](mailto:thrivetherapists@gmail.com)

## **Sacramento Spanish Speaking - continued**

**Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)**  
1412 S Street, Suite 100  
Sacramento, CA 95811  
(916) 616-8561  
[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

**Marisela Franco, LMFT (Lic# 98052)**  
Sacramento Area (Telehealth Only)  
(209) 898-8399

### **Vacaville**

**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

### **Woodland**

**Rhonda J Myers, LEP3603, NCSP**  
163 Second Street  
Woodland, CA 95695  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **Yuba City**

**Rhonda J Myers, LEP3603, NCSP**  
1245 Tharp Road, Suite I  
Yuba City, CA 95993  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **USC Telehealth**

Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol