

# Diocese of Sacramento

## Mental Health Referral Project

(Revision - C)

# **Deanery List**

American River Deanery

City Deanery

Gold Country Deanery

Mother Lode Deanery

Ridge Deanery

Shasta Deanery

Siskiyou Deanery

Solano Deanery

Southern Suburbs Deanery

Sutter Buttes Deanery - Cluster 1

Sutter Buttes Deanery - Cluster 2

West Placer Deanery

Yolo Deanery

# Siskiyou Deanery

## (Siskiyou County)

Holy Cross Parish - Tulelake

Holy Family Parish - Weed

Sacred Heart Parish - Fort Jones

St. Anthony Parish - Mount Shasta

St. John the Evangelist Parish - Dunsmuir

St. Joseph Parish - McCloud

St. Joseph Parish - Yreka

## **Siskiyou County**

**Siskiyou County Mental Health Offices - 800.842.8979 (24/7)**  
**2060 Campus Drive, Yreka, CA 96097 - 530.841.4100**  
**1107 Ream Avenue, Mt. Shasta, CA 96067 - 530.918.7200**

**Siskiyou County Behavioral Health South County Office - 530.918.7200 -** is a mental health facility in Siskiyou County, CA, located at 1107 Ream Avenue, 96067 zip code. Siskiyou County Behavioral Health South County Office offers Outpatient treatment and Telemedicine/telehealth. Siskiyou County Behavioral Health South County Office provides Behavior modification, Psychotropic medication and Group therapy to Seniors 65 or older, Young adults and Adults. Siskiyou County Behavioral Health South County Office also supports Persons with post-traumatic stress disorder and Persons with serious mental illness. Some other services provided by Siskiyou County Behavioral Health South County Office include Court-ordered outpatient treatment, Psychosocial rehabilitation services and Housing services.

**Siskiyou County Health And Human Services Agency - 530.841.4100 -** is a mental health facility in Siskiyou County, CA, located at 2060 Campus Drive, 96097 zip code. Siskiyou County Health And Human Services Agency offers Telemedicine/telehealth and Outpatient treatment. Siskiyou County Health And Human Services Agency provides Cognitive behavioral therapy, Psychotropic medication and Individual psychotherapy to Seniors 65 or older, Young adults and Adults. Some other services provided by Siskiyou County Health And Human Services Agency include Integrated primary care services, Psychosocial rehabilitation services and Assertive community treatment.

**Northern Valley Catholic Social Services (530.241.0552 / 800.846.1451) -** is a mental health facility in Shasta County, CA, located at 2400 Washington Avenue, Redding, CA, 96001 zip code. Northern Valley Catholic Social Services offers Outpatient treatment. Northern Valley Catholic Social Services provides Couples/family therapy, Behavior modification and Group therapy to Seniors 65 or older, Children/adolescents and Young adults. Northern Valley Catholic Social Services also supports Transitional age young adults, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Northern Valley Catholic Social Services include Suicide prevention services, Intensive case management and Case management.

## **Diocese of Sacramento - Mental Health Professionals**

### **Chico**

#### **Susan Tobin, PhD.**

100 Amber Grove, Ste. 100  
Chico, CA 95973  
(530) 898-8446

#### **Christine Knight (LCSW) @ Sacred Space Counseling**

686 Rio Linda Ave  
Chico, CA 95926  
(530) 425-9733  
(916) 536-5090

### **Fairfield**

#### **Mara Sammartino, LCSW (LCS#70176)**

#### **The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377  
msleon@solanocounty.com

### **Fair Oaks**

#### **The Catholic Counseling Agency**

#### **Deacon Jack D. Roland, LCSW (LCS #21496)**

<https://www.catholictherapists.com/jack-roland-lcsw>

4777 Sunrise Blvd., Suite C  
Fair Oaks, CA 95628  
(916) 792-9797  
jackroland@catholiccounselingagency.com

### **Roseville**

#### **Catherine C. Fisher, LCSW (LCS# 29594)**

Granite Bay, CA  
(916) 214-4623  
[cfisherlcsw@cathimail.com](mailto:cfisherlcsw@cathimail.com)

#### **Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455  
[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Roseville - continued****Armando Gonzalez, LMFT (#53731)**

1380 Lead Hill Blvd, Suite 160  
Roseville, CA 95661  
(916) 743-4748

**Amanda Horrocks, DNP, NP**

1420 Rocky Ridge Drive, Ste. 120  
Roseville, CA 95661  
855-501-1004 - Patients Under 18  
916-783-9697 - Patients Under 18-25

**Rita Moeller**

2181 Marden Dr  
Rescue, CA 95672  
(530) 676-2794

**Sacramento****Dr. Gregory B. Gisla, Psy.D (PSY# 27644)**

3112 O Street, Suite 13  
Sacramento, CA 95816  
(323) 905-4027

**Bryan Kelso, LMFT (Lic# 88603)**

3112 O Street, Suite #4  
Sacramento, CA 95816  
(916) 532-0074  
kbkelso@gmail.com

**Debra J. Smith, LMFT (Lic#27526)**

2902 Tourbrook Way  
Sacramento, CA 95833  
(530) 622-2779

**Marisela Franco, LMFT (Lic# 98052)**

Sacramento Area (Telehealth Only)  
(209) 898-8399

**Bianca Zitelli, LCSW (Lic#93213)****B. Luxx, Inc.**

3902 J Street  
Sacramento, CA 95819  
(916) 212-0421  
[bianca@bluxxtherapy.com](mailto:bianca@bluxxtherapy.com)

### **Sacramento - continued**

#### **Elisa Louizos, LCSW (LCS#33368)**

##### **Spark Center (Adoption specialist)**

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

#### **Armando Gonzalez, LMFT (#53731)**

1012 19th St.

Sacramento, CA 95816

(916) 743-4748

#### **Michele Villarreal, MA, LMFT**

916-425-2692

<http://www.fourseasons-counseling.com/>

455 University Ave, Suite 215

Sacramento, California, 95825

#### **Patience Silva (Dayton), MSW, LCSW**

916 598 5648

<http://www.patiencedayton.com/>

3112 O Street, Suite 4

Sacramento, California, 95816

#### **Genora Villalobos, MA, AMFT**

559-825-3941

<https://www.catholictherapists.com/genora-villalobos>

Offering Online Teletherapy Services

Sacramento, California, 95816

### **Vacaville**

#### **Sharman Loredó - St. Louise Counseling Center**

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

#### **Gail Gall, LMFT**

795 Alamo Drive, Suite 102

Vacaville, CA 95688

[info@gailgall.com](mailto:info@gailgall.com)

707-317-3981

### **USC Telehealth**

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol

**Diocese of Sacramento - Mental Health Professionals**  
**Spanish Speaking**

**Davis**

**Elizabeth Saft, PhD**

1747 Oak Ave, Suite 3  
Davis, CA 95616  
(530) 297-7190

**Fairfield**

**Mara Sammartino, LCSW (LCS#70176)**

**The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377  
[msleon@solanocounty.com](mailto:msleon@solanocounty.com)

**Roseville**

**Marleni F. Tavarez, LCSW (LCS#60511)**

2412 Professional Dr  
Roseville, CA 95661  
(916) 347-2992  
[marlenitavarezlcsw@gmail.com](mailto:marlenitavarezlcsw@gmail.com)

**Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455  
[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Sacramento**

**La Familia Counseling Center, Inc.**

5523 34th St.  
Sacramento, CA 95820  
(916) 452-3601  
[info@lafcc.org](mailto:info@lafcc.org)

**Maria Elena Perez, LMFT, RN, BSN (LCS#110585)**

**Sacramento Center for Complementary Medicine**

2701 "I" Street  
Sacramento, CA 95816  
(916) 835-4969  
[meperez916@gmail.com](mailto:meperez916@gmail.com)

**Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling**

1614 X Street, Suite A  
Sacramento, CA 95818  
(916) 619-3009  
[thrivetherapists@gmail.com](mailto:thrivetherapists@gmail.com)



## **Sacramento Spanish Speaking - continued**

### **Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)**

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

### **Marisela Franco, LMFT (Lic# 98052)**

Sacramento Area (Telehealth Only)

(209) 898-8399

## **Vacaville**

### **Sharman Loreda - St. Louise Counseling Center**

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

## **Woodland**

### **Rhonda J Myers, LEP3603, NCSP**

163 Second Street

Woodland, CA 95695

(530) 632-4595

[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

## **Yuba City**

### **Rhonda J Myers, LEP3603, NCSP**

1245 Tharp Road, Suite I

Yuba City, CA 95993

(530) 632-4595

[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

## **USC Telehealth**

Requirements are a computer, webcam and internet connection

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