

Diocese of Sacramento

Mental Health Referral Project

(Revision - C)

Deanery List

American River Deanery
City Deanery
Gold Country Deanery
Mother Lode Deanery
Ridge Deanery
Shasta Deanery
Siskiyou Deanery
Solano Deanery
Southern Suburbs Deanery
Sutter Buttes Deanery - Cluster 1
Sutter Buttes Deanery - Cluster 2
West Placer Deanery
Yolo Deanery

Shasta Deanery (Shasta, Tehama and Trinity Counties)

Our Lady of Mercy Parish - Redding

Sacred Heart Parish - Anderson

St. Francis of Assisi Parish - Burney

St. Joseph Parish - Redding

Sacred Heart Parish - Red Bluff

St. Patrick Parish - Weaverville

Shasta County - 530.229.8400

1506 Market Street, Redding, CA 96001

Northern Valley Catholic Social Services (530.241.0552 / 800.846.1451) - is a mental health facility in Shasta County, CA, located at 2400 Washington Avenue, Redding, CA, 96001 zip code. Northern Valley Catholic Social Services offers Outpatient treatment. Northern Valley Catholic Social Services provides Couples/family therapy, Behavior modification and Group therapy to Seniors 65 or older, Children/adolescents and Young adults. Northern Valley Catholic Social Services also supports Transitional age young adults, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Northern Valley Catholic Social Services include Suicide prevention services, Intensive case management and Case management.

Shasta Regional Medical Center is a mental health facility in Shasta County, CA, located at 1100 Butte Street, 96001 zip code. Shasta Regional Medical Center offers Hospital inpatient treatment and Telemedicine/telehealth. Shasta Regional Medical Center provides Group therapy, Dialectical behavior therapy and Cognitive behavioral therapy to Adults, Young adults and Seniors 65 or older. Shasta Regional Medical Center also supports Persons with post-traumatic stress disorder, Persons with serious mental illness and Persons who have experienced trauma. Some other services offered by Shasta Regional Medical Center include Illness management and recovery, Diet and exercise counseling and Family psychoeducation.

Crestwood Behavioral Health Inc Crestwood Wellness And Recovery Center is a mental health facility in Shasta County, CA, located at 3062 Churn Creek Road, 96002 zip code. Crestwood Behavioral Health Inc Crestwood Wellness And Recovery Center offers Residential treatment. Crestwood Behavioral Health Inc Crestwood Wellness And Recovery Center provides Dialectical behavior therapy, Cognitive behavioral therapy and Individual psychotherapy to Adults, Seniors 65 or older and Young adults. Crestwood Behavioral Health Inc Crestwood Wellness And Recovery Center also supports Persons with post-traumatic stress disorder, LGBT and Seniors or older adults. Some other services offered by Crestwood Behavioral Health Inc Crestwood Wellness And Recovery Center include Diet and exercise counseling, Psychosocial rehabilitation services and Mentoring/peer support/consumer-run services.

Victor Treatment Centers Inc Redding is a mental health facility in Shasta County, CA, located at 855 Canyon Road, 96001 zip code. Victor Treatment Centers Inc Redding offers Telemedicine/telehealth and Residential treatment. Victor Treatment Centers Inc Redding provides Individual psychotherapy, Behavior modification and Activity therapy to Children/adolescents. Victor Treatment Centers Inc Redding also supports LGBT, Children/adolescents with serious emotional disturbance and Clients referred from the court/judicial system. Some other services offered by Victor Treatment Centers Inc Redding include Education services, Case management and Family psychoeducation.

Shasta County Mental Health is a mental health facility in Shasta County, CA, located at 2640 Breslauer Way, 96001 zip code. Shasta County Mental Health offers Outpatient treatment, Telemedicine/telehealth and Residential treatment. Shasta County Mental Health provides Trauma therapy, Group therapy and Behavior modification to Young adults, Seniors 65 or older and Adults. Shasta County Mental Health also supports Persons who have experienced trauma, Clients referred from the court/judicial system and Persons with post-traumatic stress disorder. Some other services provided by Shasta County Mental Health include Vocational rehabilitation services, Intensive case management and Supported housing.

Tehama County - Government & Institution Resources

Tehama County Health Services Agency - 530.527.5631 / 800.240.3208 (24/7)

1860 Walnut Street - Bldg A, Red Bluff, CA 96080

Tehama County Health Services Agency - South County Site - 530.824.4890

275 Solano Street, Corning, CA 96021

Tehama County Health Services Agency - Integrated Clinic - 530.527.0350

1850 Walnut Street, Red Bluff, CA 96080

Tehama County Health Services Agency - Mobile Mental Health Crisis Team - 800.240.3208

(Also, several behavioral health providers which require a referral from the county)

Tehama County - 530.527.8491 / 800.240.3208

1850 Walnut Street, Red Bluff, CA 96080

Tehama County Health Services Agency Mental Health Division/outpatient Clinic is a mental health facility in Tehama County, CA, located at 1850 Walnut Street, Building A, 96080 zip code. Tehama County Health Services Agency Mental Health Division/outpatient Clinic offers Telemedicine/telehealth and Outpatient treatment. Tehama County Health Services Agency Mental Health Division/outpatient Clinic provides Integrated dual diagnosis disorder treatment, Trauma therapy and Individual psychotherapy to Seniors 65 or older, Adults and Children/adolescents. Tehama County Health Services Agency Mental Health Division/outpatient Clinic also supports Persons who have experienced trauma, Persons with post-traumatic stress disorder and Persons with serious mental illness. Some other services offered by Tehama County Health Services Agency Mental Health Division/outpatient Clinic include Integrated primary care services, Case management and Court-ordered outpatient treatment.

Tehama County Health Services Agency Mental Health Wellness And Recovery Center is a mental health facility in Tehama County, CA, located at 1445 Vista Way, 96080 zip code. Tehama County Health Services Agency Mental Health Wellness And Recov Center offers Outpatient treatment. Tehama County Health Services Agency Mental Health Wellness And Recov Center provides Integrated dual diagnosis disorder treatment, Activity therapy and Group therapy to Seniors 65 or older, Adults and Young adults. Tehama County Health Services Agency Mental Health Wellness And Recov Center also supports Clients referred from the court/judicial system and Persons with co-occurring mental and substance use disorders. Some other services provided by Tehama County Health Services Agency Mental Health Wellness And Recov Center include Diet and exercise counseling, Intensive case management and Supported housing.

Northern Valley Catholic Social Services (530.241.0552 / 800.846.1451) - is a mental health facility in Shasta County, CA, located at 2400 Washington Avenue, Redding, CA, 96001 zip code. Northern Valley Catholic Social Services offers Outpatient treatment. Northern Valley Catholic Social Services provides Couples/family therapy, Behavior modification and Group therapy to Seniors 65 or older, Children/adolescents and Young adults. Northern Valley Catholic Social Services also supports Transitional age young adults, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Northern Valley Catholic Social Services include Suicide prevention services, Intensive case management and Case management.

Trinity County Behavioral Health - 530.623.1362 / 888.624.5820

1450 Main Street (P.O. Box 1640), Weaverville, CA 96093

Trinity County Behavioral Health Services is a mental health facility in Trinity County, CA, located at 1450 Main Street, Weaverville, CA 96093 zip code. Trinity County Behavioral Health Services offers Outpatient treatment and Telemedicine/telehealth. Trinity County Behavioral Health Services provides Group therapy, Activity therapy and Dialectical behavior therapy to Young adults, Adults and Seniors 65 or older. Trinity County Behavioral Health Services also supports Transitional age young adults, Children/adolescents with serious emotional disturbance and Persons with serious mental illness. Some other services provided by Trinity County Behavioral Health Services include Court-ordered outpatient treatment, Mentoring/peer support/consumer-run services and Family psychoeducation.

Trinity County Behavioral Health Services is a mental health facility in Trinity County, CA, located at 154 Tule Creek Road, Hayfork, CA 96041 zip code. Trinity County Behavioral Health Services offers Telemedicine/telehealth and Outpatient treatment. Trinity County Behavioral Health Services provides Couples/family therapy, Group therapy and Dialectical behavior therapy to Adults, Children/adolescents and Seniors 65 or older. Trinity County Behavioral Health Services also supports Persons with serious mental illness, Transitional age young adults and Persons who have experienced trauma. Some other services provided by Trinity County Behavioral Health Services include Mentoring/peer support/consumer-run services, Court-ordered outpatient treatment and Suicide prevention services.

Northern Valley Catholic Social Services (530.241.0552 / 800.846.1451) - is a mental health facility in Shasta County, CA, located at 2400 Washington Avenue, Redding, CA, 96001 zip code. Northern Valley Catholic Social Services offers Outpatient treatment. Northern Valley Catholic Social Services provides Couples/family therapy, Behavior modification and Group therapy to Seniors 65 or older, Children/adolescents and Young adults. Northern Valley Catholic Social Services also supports Transitional age young adults, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Northern Valley Catholic Social Services include Suicide prevention services, Intensive case management and Case management.

Diocese of Sacramento - Mental Health Professionals

Chico

Susan Tobin, PhD.

100 Amber Grove, Ste. 100
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(530) 898-8446

Christine Knight (LCSW) @ Sacred Space Counseling

686 Rio Linda Ave
Chico, CA 95926
(530) 425-9733
(916) 536-5090

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Fair Oaks

The Catholic Counseling Agency

Deacon Jack D. Roland, LCSW (LCS #21496)

<https://www.catholictherapists.com/jack-roland-lcsw>
4777 Sunrise Blvd., Suite C
Fair Oaks, CA 95628
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Roseville

Catherine C. Fisher, LCSW (LCS# 29594)

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Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Roseville - continued

Armando Gonzalez, LMFT (#53731)

1380 Lead Hill Blvd, Suite 160
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(916) 743-4748

Amanda Horrocks, DNP, NP

1420 Rocky Ridge Drive, Ste. 120
Roseville, CA 95661
855-501-1004 - Patients Under 18
916-783-9697 - Patients Under 18-25

Rita Moeller

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Rescue, CA 95672
(530) 676-2794

Sacramento

Dr. Gregory B. Gisla, Psy.D (PSY# 27644)

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Marisela Franco, LMFT (Lic# 98052)

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Bianca Zitelli, LCSW (Lic#93213)

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Sacramento - continued

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Michele Villarreal, MA, LMFT
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455 University Ave, Suite 215
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Patience Silva (Dayton), MSW, LCSW
916 598 5648
<http://www.patiencedayton.com/>
3112 O Street, Suite 4
Sacramento, California, 95816

Genora Villalobos, MA, AMFT
559-825-3941
<https://www.catholictherapists.com/genora-villalobos>
Offering Online Teletherapy Services
Sacramento, California, 95816

Vacaville
Sharman Loredo - St. Louise Counseling Center
40 Eldridge Avenue, Suite 9C
Vacaville, CA 95688
(707) 301-4168

Gail Gall, LMFT
795 Alamo Drive, Suite 102
Vacaville, CA 95688
info@gailgall.com
707-317-3981

USC Telehealth
Requirements are a computer, webcam and internet connection
Free counseling by USC MSW students
(graduate degree in clinical social work)
(866) 740-6502 call between 8:30am and 5:30pm
Hablamos Espanol

Diocese of Sacramento - Mental Health Professionals
Spanish Speaking

Davis

Elizabeth Saft, PhD

1747 Oak Ave, Suite 3
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(530) 297-7190

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

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Roseville

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Sacramento

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Maria Elena Perez, LMFT, RN, BSN (LCS#110585)

Sacramento Center for Complementary Medicine

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Sacramento Spanish Speaking - continued

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Woodland

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Yuba City

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Yuba City, CA 95993
(530) 632-4595
rhondajmyers@gmail.com

USC Telehealth

Requirements are a computer, webcam and internet connection
Free counseling by USC MSW students
(graduate degree in clinical social work)
(866) 740-6502 call between 8:30am and 5:30pm
Hablamos Espanol