

Diocese of Sacramento

Mental Health Referral Project

(Revision - C)

Deanery List

American River Deanery

City Deanery

Gold Country Deanery

Mother Lode Deanery

Ridge Deanery

Shasta Deanery

Siskiyou Deanery

Solano Deanery

Southern Suburbs Deanery

Sutter Buttes Deanery - Cluster 1

Sutter Buttes Deanery - Cluster 2

West Placer Deanery

Yolo Deanery

Ridge Country Deanery

(Lassen, Modoc and Plumas Counties)

Sacred Heart Parish - Susanville

Sacred Heart Parish - Alturas

Holy Family Parish - Portola

Our Lady of the Snows Parish - Lake Almanor

Lassen County - Behavioral Health - 530.251.8108 / 888.530.8688 (24/7)

555 Hospital Lane, Susanville, CA 96130

Lassen County Behavioral Health Behavioral Health Department is a mental health facility in Lassen County, CA, located at 555 Hospital Lane, Susanville, 96130 zip code. Lassen County Behavioral Health Behavioral Health Department offers Telemedicine/telehealth and Outpatient treatment. Lassen County Behavioral Health Behavioral Health Department provides Dialectical behavior therapy, Group therapy and Individual psychotherapy to Adults, Young adults and Children/adolescents. Some other services provided by Lassen County Behavioral Health Behavioral Health Department include Case management, Psychosocial rehabilitation services and Suicide prevention services.

Modoc County - 530.233.6312 / 800.699.4880 (24/7)

441 North Main Street, Alturas, CA 96101

Plumas County - Behavioral Health - 530.283.6307 / 800.757.7898

270 County Hospital Road - Suite 109, Quincy, CA 95971

Plumas County Behavioral Health is a mental health facility in Plumas County, CA, located at 270 County Hospital Road, Suite 109, 95971 zip code. Plumas County Behavioral Health offers Telemedicine/telehealth and Outpatient treatment. Plumas County Behavioral Health provides Psychotropic medication, Cognitive behavioral therapy and Behavior modification to Children/adolescents, Seniors 65 or older and Adults. Plumas County Behavioral Health also supports Persons with serious mental illness, Transitional age young adults and Persons with co-occurring mental and substance use disorders. Some other services offered by Plumas County Behavioral Health include Family psychoeducation, Mentoring/peer support/consumer-run services and Intensive case management.

Diocese of Sacramento - Mental Health Professionals

Chico

Susan Tobin, PhD.

100 Amber Grove, Ste. 100
Chico, CA 95973
(530) 898-8446

Christine Knight (LCSW) @ Sacred Space Counseling

686 Rio Linda Ave
Chico, CA 95926
(530) 425-9733
(916) 536-5090

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Fair Oaks

The Catholic Counseling Agency

Deacon Jack D. Roland, LCSW (LCS #21496)

<https://www.catholictherapists.com/jack-roland-lcsw>

4777 Sunrise Blvd., Suite C
Fair Oaks, CA 95628
(916) 792-9797
jackroland@catholiccounselingagency.com

Roseville

Catherine C. Fisher, LCSW (LCS# 29594)

Granite Bay, CA
(916) 214-4623
cfisherlcsw@cathimail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Roseville - continued

Armando Gonzalez, LMFT (#53731)

1380 Lead Hill Blvd, Suite 160
Roseville, CA 95661
(916) 743-4748

Amanda Horrocks, DNP, NP

1420 Rocky Ridge Drive, Ste. 120
Roseville, CA 95661
855-501-1004 - Patients Under 18
916-783-9697 - Patients Under 18-25

Rita Moeller

2181 Marden Dr
Rescue, CA 95672
(530) 676-2794

Sacramento

Dr. Gregory B. Gisla, Psy.D (PSY# 27644)

3112 O Street, Suite 13
Sacramento, CA 95816
(323) 905-4027

Bryan Kelso, LMFT (Lic# 88603)

3112 O Street, Suite #4
Sacramento, CA 95816
(916) 532-0074
kkelso@gmail.com

Debra J. Smith, LMFT (Lic#27526)

2902 Tourbrook Way
Sacramento, CA 95833
(530) 622-2779

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)
(209) 898-8399

Bianca Zitelli, LCSW (Lic#93213)

B. Luxx, Inc.

3902 J Street
Sacramento, CA 95819
(916) 212-0421
bianca@bluxxtherapy.com

Sacramento - continued

Elisa Louizos, LCSW (LCS#33368)

Spark Center (Adoption specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

elouizos@sparkcenter.com

Armando Gonzalez, LMFT (#53731)

1012 19th St.

Sacramento, CA 95816

(916) 743-4748

Michele Villarreal, MA, LMFT

916-425-2692

<http://www.fourseasons-counseling.com/>

455 University Ave, Suite 215

Sacramento, California, 95825

Patience Silva (Dayton), MSW, LCSW

916 598 5648

<http://www.patiencedayton.com/>

3112 O Street, Suite 4

Sacramento, California, 95816

Genora Villalobos, MA, AMFT

559-825-3941

<https://www.catholictherapists.com/genora-villalobos>

Offering Online Teletherapy Services

Sacramento, California, 95816

Vacaville

Sharman Loredó - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Gail Gall, LMFT

795 Alamo Drive, Suite 102

Vacaville, CA 95688

info@gailgall.com

707-317-3981

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol

Diocese of Sacramento - Mental Health Professionals
Spanish Speaking

Davis

Elizabeth Saft, PhD

1747 Oak Ave, Suite 3
Davis, CA 95616
(530) 297-7190

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Roseville

Marleni F. Tavarez, LCSW (LCS#60511)

2412 Professional Dr
Roseville, CA 95661
(916) 347-2992
marlenitavarezlcsw@gmail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Sacramento

La Familia Counseling Center, Inc.

5523 34th St.
Sacramento, CA 95820
(916) 452-3601
info@lafcc.org

Maria Elena Perez, LMFT, RN, BSN (LCS#110585)

Sacramento Center for Complementary Medicine

2701 "I" Street
Sacramento, CA 95816
(916) 835-4969
meperez916@gmail.com

Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling

1614 X Street, Suite A
Sacramento, CA 95818
(916) 619-3009
thrivetherapists@gmail.com

Sacramento Spanish Speaking - continued

Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

elouizos@sparkcenter.com

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)

(209) 898-8399

Vacaville

Sharman Loreda - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Woodland

Rhonda J Myers, LEP3603, NCSP

163 Second Street

Woodland, CA 95695

(530) 632-4595

rhondajmyers@gmail.com

Yuba City

Rhonda J Myers, LEP3603, NCSP

1245 Tharp Road, Suite I

Yuba City, CA 95993

(530) 632-4595

rhondajmyers@gmail.com

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol