

Diocese of Sacramento

Mental Health Referral Project

(Revision - C)

Deanery List

American River Deanery

City Deanery

Gold Country Deanery

Mother Lode Deanery

Ridge Deanery

Shasta Deanery

Siskiyou Deanery

Solano Deanery

Southern Suburbs Deanery

Sutter Buttes Deanery - Cluster 1

Sutter Buttes Deanery - Cluster 2

West Placer Deanery

Yolo Deanery

Mother Lode Deanery

(Nevada, Placer and Sierra Counties)

Assumption of the Blessed Virgin Mary Parish - Truckee

St. Canice Parish - Nevada City

St. Patrick Parish - Grass Valley

Corpus Christi Parish - Tahoe City

St. Dominic Parish - Colfax

St. Joseph Parish - Auburn

St. Teresa of Avila Parish - Auburn

Immaculate Conception Parish - Downieville

Nevada County - Behavioral Health - 530.265.1437

500 Crown Point Circle - Suite 120, Grass Valley, CA 95945

Nevada County Behavioral Health Adult Services is a mental health facility in Nevada County, CA, located at 500 Crown Point Circle, Suite 120, 95945 zip code. Nevada County Behavioral Health Adult Services offers Outpatient treatment. Nevada County Behavioral Health Adult Services provides Psychotropic medication, Dialectical behavior therapy and Cognitive behavioral therapy to Young adults, Seniors 65 or older and Adults. Nevada County Behavioral Health Adult Services also supports Persons who have experienced trauma, Persons with post-traumatic stress disorder and Persons with serious mental illness. Some other services provided by Nevada County Behavioral Health Adult Services include Assertive community treatment, Mentoring/peer support/consumer-run services and Psychosocial rehabilitation services.

Mountain Valley Child And Family Services is a mental health facility in Nevada County, CA, located at 24077 State Highway 49, 95959 zip code. Mountain Valley Child And Family Services offers Telemedicine/telehealth and Residential treatment. Mountain Valley Child And Family Services provides Individual psychotherapy, Activity therapy and Psychotropic medication to Children/adolescents. Mountain Valley Child And Family Services also supports Persons with eating disorders, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Mountain Valley Child And Family Services include Court-ordered outpatient treatment, Education services and Supported employment.

Nevada County Behavioral Health Truckee Clinic is a mental health facility in Nevada County, CA, located at 10075 Levone Avenue, Suite 204, 96161 zip code. Nevada County Behavioral Health Truckee Clinic offers Outpatient treatment. Nevada County Behavioral Health Truckee Clinic provides Activity therapy, Trauma therapy and Individual psychotherapy to Adults, Young adults and Children/adolescents. Nevada County Behavioral Health Truckee Clinic also supports Transitional age young adults, Seniors or older adults and Persons with post-traumatic stress disorder. Some other services offered by Nevada County Behavioral Health Truckee Clinic include Case management, Psychosocial rehabilitation services and Suicide prevention services.

Turning Point Providence Center is a mental health facility in Nevada County, CA, located at 500 Crown Point Circle, Suite 100, 95945 zip code. Turning Point Providence Center offers Outpatient treatment. Turning Point Providence Center provides Behavior modification, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Young adults, Seniors 65 or older and Adults. Turning Point Providence Center also supports Clients referred from the court/judicial system, Persons with serious mental illness and Persons with co-occurring mental and substance use disorders. Some other services provided by Turning Point Providence Center include Supported employment, Assertive community treatment and Mentoring/peer support/consumer-run services.

Placer County - 530.889.7141

11434 B Avenue, Auburn, CA 95603

Placer County Adult Crisis & Intake - 24 Hour Line - 916-787-8860 or 888-886-5401

Placer County Adult System of Care - M-F, 8-5 - 916-787-8800 or 530-889-7240

Placer County Mobile Crisis Team - 24 Hour Line - 1-888-886-5401

Sierra Mental Wellness Group Roseville is a mental health facility in Placer County, CA, located at 406 Sunrise Avenue, Suite 300, 95661 zip code. Sierra Mental Wellness Group Roseville offers Outpatient treatment. Sierra Mental Wellness Group Roseville provides Cognitive behavioral therapy, Trauma therapy and Couples/family therapy to Young adults, Adults and Children/adolescents. Some other services provided by Sierra Mental

Placer County Adult System Of Care is a mental health facility in Placer County, CA, located at 11512 B Avenue, 95603 zip code. Placer County Adult System Of Care offers Outpatient treatment. Placer County Adult System Of Care provides Group therapy, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Adults, Young adults and Seniors 65 or older. Placer County Adult System Of Care also supports Transitional age young adults, Persons with serious mental illness and Clients referred from the court/judicial system. Some

Discovery Mood And Anxiety Program Sacramento Mh is a mental health facility in Placer County, CA, located at 5525 Cavitt Stallman Road, 95746 zip code. Discovery Mood And Anxiety Program Sacramento Mh offers Residential treatment. Discovery Mood And Anxiety Program Sacramento Mh provides Behavior modification, Dialectical behavior therapy and Activity therapy to Children/adolescents. Discovery Mood And Anxiety Program Sacramento Mh also supports Persons with post-traumatic stress disorder, Children/adolescents with serious

Harmony House is a mental health facility in Placer County, CA, located at 11080 B Avenue, 95603 zip code. Harmony House offers Residential treatment. Harmony House provides Group therapy, Dialectical behavior therapy and Activity therapy to Adults and Young adults. Harmony House also supports Persons with co-occurring mental and substance use disorders, Persons with serious mental illness and Veterans. Some other

Center For Discovery Sacramento is a mental health facility in Placer County, CA, located at 5422 Cavitt Stallman Road, 95746 zip code. Center For Discovery Sacramento offers Residential treatment. Center For Discovery Sacramento provides Individual psychotherapy, Psychotropic medication and Couples/family therapy to Young adults and Adults. Center For Discovery Sacramento also supports Persons with eating disorders. Some other

Sierra Mental Wellness Group Auburn Clinic is a mental health facility in Placer County, CA, located at 560 Wall Street, Suite D, 95603 zip code. Sierra Mental Wellness Group Auburn Clinic offers Outpatient treatment. Sierra Mental Wellness Group Auburn Clinic provides Behavior modification, Integrated dual diagnosis disorder treatment and Couples/family therapy to Young adults, Seniors 65 or older and Children/adolescents. Some

Sierra County - Behavioral Health - 530.993.6746 / 888.840.8418

704 Mill Street, Loyalton, CA 96118

Sierra County Behavioral Health is a mental health facility in Sierra County, CA, located at 704 Mill Street, 96118 zip code. Sierra County Behavioral Health offers Outpatient treatment and Telemedicine/telehealth. Sierra County Behavioral Health provides Psychotropic medication, Cognitive behavioral therapy and Activity therapy to Young adults, Seniors 65 or older and Children/adolescents. Sierra County Behavioral Health also supports Veterans, Persons with co-occurring mental and substance use disorders and Seniors or older adults. Some other services provided by Sierra County Behavioral Health include Mentoring/peer support/consumer-run services, Court-ordered outpatient treatment and Case management.

Sierra County Health And Human Services is a mental health facility in Sierra County, CA, located at 22 Maiden Lane, 95936 zip code. Sierra County Health And Human Services offers Telemedicine/telehealth and Outpatient treatment. Sierra County Health And Human Services provides Couples/family therapy, Integrated dual diagnosis disorder treatment and Behavior modification to Adults, Seniors 65 or older and Young adults. Sierra County Health And Human Services also supports Persons with post-traumatic stress disorder, Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services provided by Sierra County Health And Human Services include Case management, Court-ordered outpatient treatment and Mentoring/peer support/consumer-run services.

Diocese of Sacramento - Mental Health Professionals

Chico

Susan Tobin, PhD.

100 Amber Grove, Ste. 100
Chico, CA 95973
(530) 898-8446

Christine Knight (LCSW) @ Sacred Space Counseling

686 Rio Linda Ave
Chico, CA 95926
(530) 425-9733
(916) 536-5090

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Fair Oaks

The Catholic Counseling Agency

Deacon Jack D. Roland, LCSW (LCS #21496)

<https://www.catholictherapists.com/jack-roland-lcsw>

4777 Sunrise Blvd., Suite C
Fair Oaks, CA 95628
(916) 792-9797
jackroland@catholiccounselingagency.com

Roseville

Catherine C. Fisher, LCSW (LCS# 29594)

Granite Bay, CA
(916) 214-4623
cfisherlcsw@cathimail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Roseville - continued

Armando Gonzalez, LMFT (#53731)

1380 Lead Hill Blvd, Suite 160
Roseville, CA 95661
(916) 743-4748

Amanda Horrocks, DNP, NP

1420 Rocky Ridge Drive, Ste. 120
Roseville, CA 95661
855-501-1004 - Patients Under 18
916-783-9697 - Patients Under 18-25

Rita Moeller

2181 Marden Dr
Rescue, CA 95672
(530) 676-2794

Sacramento

Dr. Gregory B. Gisla, Psy.D (PSY# 27644)

3112 O Street, Suite 13
Sacramento, CA 95816
(323) 905-4027

Bryan Kelso, LMFT (Lic# 88603)

3112 O Street, Suite #4
Sacramento, CA 95816
(916) 532-0074
kbkelso@gmail.com

Debra J. Smith, LMFT (Lic#27526)

2902 Tourbrook Way
Sacramento, CA 95833
(530) 622-2779

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)
(209) 898-8399

Bianca Zitelli, LCSW (Lic#93213)

B. Luxx, Inc.

3902 J Street
Sacramento, CA 95819
(916) 212-0421
bianca@bluxxtherapy.com

Sacramento - continued

Elisa Louizos, LCSW (LCS#33368)

Spark Center (Adoption specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

elouizos@sparkcenter.com

Armando Gonzalez, LMFT (#53731)

1012 19th St.

Sacramento, CA 95816

(916) 743-4748

Michele Villarreal, MA, LMFT

916-425-2692

<http://www.fourseasons-counseling.com/>

455 University Ave, Suite 215

Sacramento, California, 95825

Patience Silva (Dayton), MSW, LCSW

916 598 5648

<http://www.patiencedayton.com/>

3112 O Street, Suite 4

Sacramento, California, 95816

Genora Villalobos, MA, AMFT

559-825-3941

<https://www.catholictherapists.com/genora-villalobos>

Offering Online Teletherapy Services

Sacramento, California, 95816

Vacaville

Sharman Loreda - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Gail Gall, LMFT

795 Alamo Drive, Suite 102

Vacaville, CA 95688

info@gailgall.com

707-317-3981

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol

Diocese of Sacramento - Mental Health Professionals
Spanish Speaking

Davis

Elizabeth Saft, PhD

1747 Oak Ave, Suite 3
Davis, CA 95616
(530) 297-7190

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Roseville

Marleni F. Tavarez, LCSW (LCS#60511)

2412 Professional Dr
Roseville, CA 95661
(916) 347-2992
marlenitavarezlcsw@gmail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Sacramento

La Familia Counseling Center, Inc.

5523 34th St.
Sacramento, CA 95820
(916) 452-3601
info@lafcc.org

Maria Elena Perez, LMFT, RN, BSN (LCS#110585)

Sacramento Center for Complementary Medicine

2701 "I" Street
Sacramento, CA 95816
(916) 835-4969
meperez916@gmail.com

Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling

1614 X Street, Suite A
Sacramento, CA 95818
(916) 619-3009
thrivetherapists@gmail.com

Sacramento Spanish Speaking - continued

Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

elouizos@sparkcenter.com

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)

(209) 898-8399

Vacaville

Sharman Loreda - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Woodland

Rhonda J Myers, LEP3603, NCSP

163 Second Street

Woodland, CA 95695

(530) 632-4595

rhondajmyers@gmail.com

Yuba City

Rhonda J Myers, LEP3603, NCSP

1245 Tharp Road, Suite I

Yuba City, CA 95993

(530) 632-4595

rhondajmyers@gmail.com

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol