



# **Deanery List**

American River Deanery  
City Deanery  
Gold Country Deanery  
Mother Lode Deanery  
Ridge Deanery  
Shasta Deanery  
Siskiyou Deanery  
Solano Deanery  
Southern Suburbs Deanery  
Sutter Buttes Deanery - Cluster 1  
Sutter Buttes Deanery - Cluster 2  
West Placer Deanery  
Yolo Deanery

## Mother Lode Deanery (Nevada, Placer and Sierra Counties)

Assumption of the Blessed Virgin Mary Parish - Truckee  
St. Canice Parish - Nevada City  
St. Patrick Parish - Grass Valley  
Corpus Christi Parish - Tahoe City  
St. Dominic Parish - Colfax  
St. Joseph Parish - Auburn  
St. Teresa of Avila Parish - Auburn  
Immaculate Conception Parish - Downieville

**Nevada County - Behavioral Health - 530.265.1437**

500 Crown Point Circle - Suite 120, Grass Valley, CA 95945

**Nevada County Behavioral Health Adult Services** is a mental health facility in Nevada County, CA, located at 500 Crown Point Circle, Suite 120, 95945 zip code. Nevada County Behavioral Health Adult Services offers Outpatient treatment. Nevada County Behavioral Health Adult Services provides Psychotropic medication, Dialectical behavior therapy and Cognitive behavioral therapy to Young adults, Seniors 65 or older and Adults. Nevada County Behavioral Health Adult Services also supports Persons who have experienced trauma, Persons with post-traumatic stress disorder and Persons with serious mental illness. Some other services provided by Nevada County Behavioral Health Adult Services include Assertive community treatment, Mentoring/peer support/consumer-run services and Psychosocial rehabilitation services.

**Mountain Valley Child And Family Services** is a mental health facility in Nevada County, CA, located at 24077 State Highway 49, 95959 zip code. Mountain Valley Child And Family Services offers Telemedicine/telehealth and Residential treatment. Mountain Valley Child And Family Services provides Individual psychotherapy, Activity therapy and Psychotropic medication to Children/adolescents. Mountain Valley Child And Family Services also supports Persons with eating disorders, Persons with post-traumatic stress disorder and Persons who have experienced trauma. Some other services provided by Mountain Valley Child And Family Services include Court-ordered outpatient treatment, Education services and Supported employment.

**Nevada County Behavioral Health Truckee Clinic** is a mental health facility in Nevada County, CA, located at 10075 Levone Avenue, Suite 204, 96161 zip code. Nevada County Behavioral Health Truckee Clinic offers Outpatient treatment. Nevada County Behavioral Health Truckee Clinic provides Activity therapy, Trauma therapy and Individual psychotherapy to Adults, Young adults and Children/adolescents. Nevada County Behavioral Health Truckee Clinic also supports Transitional age young adults, Seniors or older adults and Persons with post-traumatic stress disorder. Some other services offered by Nevada County Behavioral Health Truckee Clinic include Case management, Psychosocial rehabilitation services and Suicide prevention services.

**Turning Point Providence Center** is a mental health facility in Nevada County, CA, located at 500 Crown Point Circle, Suite 100, 95945 zip code. Turning Point Providence Center offers Outpatient treatment. Turning Point Providence Center provides Behavior modification, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Young adults, Seniors 65 or older and Adults. Turning Point Providence Center also supports Clients referred from the court/judicial system, Persons with serious mental illness and Persons with co-occurring mental and substance use disorders. Some other services provided by Turning Point Providence Center include Supported employment, Assertive community treatment and Mentoring/peer support/consumer-run services.

**Placer County - 530.889.7141**

11434 B Avenue, Auburn, CA 95603

Placer County Adult Crisis & Intake - 24 Hour Line - 916-787-8860 or 888-886-5401

Placer County Adult System of Care - M-F, 8-5 - 916-787-8800 or 530-889-7240

Placer County Mobile Crisis Team - 24 Hour Line - 1-888-886-5401

**Sierra Mental Wellness Group Roseville** is a mental health facility in Placer County, CA, located at 406 Sunrise Avenue, Suite 300, 95661 zip code. Sierra Mental Wellness Group Roseville offers Outpatient treatment. Sierra Mental Wellness Group Roseville provides Cognitive behavioral therapy, Trauma therapy and Couples/family therapy to Young adults, Adults and Children/adolescents. Some other services provided by Sierra Mental

**Placer County Adult System Of Care** is a mental health facility in Placer County, CA, located at 11512 B Avenue, 95603 zip code. Placer County Adult System Of Care offers Outpatient treatment. Placer County Adult System Of Care provides Group therapy, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Adults, Young adults and Seniors 65 or older. Placer County Adult System Of Care also supports Transitional age young adults, Persons with serious mental illness and Clients referred from the court/judicial system. Some

**Discovery Mood And Anxiety Program Sacramento Mh** is a mental health facility in Placer County, CA, located at 5525 Cavitt Stallman Road, 95746 zip code. Discovery Mood And Anxiety Program Sacramento Mh offers Residential treatment. Discovery Mood And Anxiety Program Sacramento Mh provides Behavior modification, Dialectical behavior therapy and Activity therapy to Children/adolescents. Discovery Mood And Anxiety Program Sacramento Mh also supports Persons with post-traumatic stress disorder, Children/adolescents with serious

**Harmony House** is a mental health facility in Placer County, CA, located at 11080 B Avenue, 95603 zip code. Harmony House offers Residential treatment. Harmony House provides Group therapy, Dialectical behavior therapy and Activity therapy to Adults and Young adults. Harmony House also supports Persons with co-occurring mental and substance use disorders, Persons with serious mental illness and Veterans. Some other

**Center For Discovery Sacramento** is a mental health facility in Placer County, CA, located at 5422 Cavitt Stallman Road, 95746 zip code. Center For Discovery Sacramento offers Residential treatment. Center For Discovery Sacramento provides Individual psychotherapy, Psychotropic medication and Couples/family therapy to Young adults and Adults. Center For Discovery Sacramento also supports Persons with eating disorders. Some other

**Sierra Mental Wellness Group Auburn Clinic** is a mental health facility in Placer County, CA, located at 560 Wall Street, Suite D, 95603 zip code. Sierra Mental Wellness Group Auburn Clinic offers Outpatient treatment. Sierra Mental Wellness Group Auburn Clinic provides Behavior modification, Integrated dual diagnosis disorder treatment and Couples/family therapy to Young adults, Seniors 65 or older and Children/adolescents. Some

**Sierra County - Behavioral Health - 530.993.6746 / 888.840.8418**

704 Mill Street, Loyalton, CA 96118

**Sierra County Behavioral Health** is a mental health facility in Sierra County, CA, located at 704 Mill Street, 96118 zip code. Sierra County Behavioral Health offers Outpatient treatment and Telemedicine/telehealth. Sierra County Behavioral Health provides Psychotropic medication, Cognitive behavioral therapy and Activity therapy to Young adults, Seniors 65 or older and Children/adolescents. Sierra County Behavioral Health also supports Veterans, Persons with co-occurring mental and substance use disorders and Seniors or older adults. Some other services provided by Sierra County Behavioral Health include Mentoring/peer support/consumer-run services, Court-ordered outpatient treatment and Case management.

**Sierra County Health And Human Services** is a mental health facility in Sierra County, CA, located at 22 Maiden Lane, 95936 zip code. Sierra County Health And Human Services offers Telemedicine/telehealth and Outpatient treatment. Sierra County Health And Human Services provides Couples/family therapy, Integrated dual diagnosis disorder treatment and Behavior modification to Adults, Seniors 65 or older and Young adults. Sierra County Health And Human Services also supports Persons with post-traumatic stress disorder, Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services provided by Sierra County Health And Human Services include Case management, Court-ordered outpatient treatment and Mentoring/peer support/consumer-run services.

## **Diocese of Sacramento - Mental Health Professionals**

### **Chico**

#### **Susan Tobin, PhD.**

100 Amber Grove, Ste. 100  
Chico, CA 95973  
(530) 898-8446

#### **Christine Knight (LCSW) @ Sacred Space Counseling**

686 Rio Linda Ave  
Chico, CA 95926  
(530) 425-9733  
(916) 536-5090

### **Fairfield**

#### **Mara Sammartino, LCSW (LCS#70176)**

#### **The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377  
msleon@solanocounty.com

### **Fair Oaks**

#### **The Catholic Counseling Agency**

#### **Deacon Jack D. Roland, LCSW (LCS #21496)**

<https://www.catholictherapists.com/jack-roland-lcsw>  
4777 Sunrise Blvd., Suite C  
Fair Oaks, CA 95628  
(916) 792-9797  
jackroland@catholiccounselingagency.com

### **Roseville**

#### **Catherine C. Fisher, LCSW (LCS# 29594)**

Granite Bay, CA  
(916) 214-4623  
[cfisherlcswo@cathimail.com](mailto:cfisherlcswo@cathimail.com)

#### **Sonia Trefflich, LCSW @ Resilient Journey Counseling**

1430 Blue Oaks Blvd, Suite 120  
Roseville, CA 95747  
(916) 713-3455  
[Sonia@aresilientjourney.com](mailto:Sonia@aresilientjourney.com)

**Roseville - continued**

**Armando Gonzalez, LMFT (#53731)**

1380 Lead Hill Blvd, Suite 160  
Roseville, CA 95661  
(916) 743-4748

**Amanda Horrocks, DNP, NP**

1420 Rocky Ridge Drive, Ste. 120  
Roseville, CA 95661  
855-501-1004 - Patients Under 18  
916-783-9697 - Patients Under 18-25

**Rita Moeller**

2181 Marden Dr  
Rescue, CA 95672  
(530) 676-2794

**Sacramento**

**Dr. Gregory B. Gisla, Psy.D (PSY# 27644)**

3112 O Street, Suite 13  
Sacramento, CA 95816  
(323) 905-4027

**Bryan Kelso, LMFT (Lic# 88603)**

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kbkelso@gmail.com

**Debra J. Smith, LMFT (Lic#27526)**

2902 Tourbrook Way  
Sacramento, CA 95833  
(530) 622-2779

**Marisela Franco, LMFT (Lic# 98052)**

Sacramento Area (Telehealth Only)  
(209) 898-8399

**Bianca Zitelli, LCSW (Lic#93213)**

**B. Luxx, Inc.**  
3902 J Street  
Sacramento, CA 95819  
(916) 212-0421  
[bianca@bluxxtherapy.com](mailto:bianca@bluxxtherapy.com)

### **Sacramento - continued**

**Elisa Louizos, LCSW (LCS#33368)**  
**Spark Center (Adoption specialist)**  
1412 S Street, Suite 100  
Sacramento, CA 95811  
(916) 616-8561  
[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

**Armando Gonzalez, LMFT (#53731)**  
1012 19th St.  
Sacramento, CA 95816  
(916) 743-4748

**Michele Villarreal, MA, LMFT**  
916-425-2692  
<http://www.fourseasons-counseling.com/>  
455 University Ave, Suite 215  
Sacramento, California, 95825

**Patience Silva (Dayton), MSW, LCSW**  
916 598 5648  
<http://www.patiencedayton.com/>  
3112 O Street, Suite 4  
Sacramento, California, 95816

**Genora Villalobos, MA, AMFT**  
559-825-3941  
<https://www.catholictherapists.com/genora-villalobos>  
Offering Online Teletherapy Services  
Sacramento, California, 95816

**Vacaville**  
**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

**Gail Gall, LMFT**  
795 Alamo Drive, Suite 102  
Vacaville, CA 95688  
[info@gailgall.com](mailto:info@gailgall.com)  
707-317-3981

**USC Telehealth**  
Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol

**Diocese of Sacramento - Mental Health Professionals**  
**Spanish Speaking**

**Davis**

**Elizabeth Saft, PhD**

1747 Oak Ave, Suite 3  
Davis, CA 95616  
(530) 297-7190

**Fairfield**

**Mara Sammartino, LCSW (LCS#70176)**

**The Practice Counseling Services**

1000 Texas Street, Suite D  
Fairfield, CA 94533  
(707) 229-1377

[msleon@solanocounty.com](mailto:msleon@solanocounty.com)

**Roseville**

**Marleni F. Tavarez, LCSW (LCS#60511)**

2412 Professional Dr  
Roseville, CA 95661  
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**Sonia Trefflich, LCSW @ Resilient Journey Counseling**

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Roseville, CA 95747  
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**Sacramento**

**La Familia Counseling Center, Inc.**

5523 34th St.  
Sacramento, CA 95820  
(916) 452-3601  
[info@lafcc.org](mailto:info@lafcc.org)

**Maria Elena Perez, LMFT, RN, BSN (LCS#110585)**

**Sacramento Center for Complementary Medicine**

2701 "I" Street  
Sacramento, CA 95816  
(916) 835-4969  
[meperez916@gmail.com](mailto:meperez916@gmail.com)

**Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling**

1614 X Street, Suite A  
Sacramento, CA 95818  
(916) 619-3009  
[thrivetherapists@gmail.com](mailto:thrivetherapists@gmail.com)

## **Sacramento Spanish Speaking - continued**

**Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)**  
1412 S Street, Suite 100  
Sacramento, CA 95811  
(916) 616-8561  
[elouizos@sparkcenter.com](mailto:elouizos@sparkcenter.com)

**Marisela Franco, LMFT (Lic# 98052)**  
Sacramento Area (Telehealth Only)  
(209) 898-8399

### **Vacaville**

**Sharman Loredo - St. Louise Counseling Center**  
40 Eldridge Avenue, Suite 9C  
Vacaville, CA 95688  
(707) 301-4168

### **Woodland**

**Rhonda J Myers, LEP3603, NCSP**  
163 Second Street  
Woodland, CA 95695  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **Yuba City**

**Rhonda J Myers, LEP3603, NCSP**  
1245 Tharp Road, Suite I  
Yuba City, CA 95993  
(530) 632-4595  
[rhondajmyers@gmail.com](mailto:rhondajmyers@gmail.com)

### **USC Telehealth**

Requirements are a computer, webcam and internet connection  
Free counseling by USC MSW students  
(graduate degree in clinical social work)  
(866) 740-6502 call between 8:30am and 5:30pm  
Hablamos Espanol