

Diocese of Sacramento

Mental Health Referral Project

(Revision - C)

Deanery List

American River Deanery

City Deanery

Gold Country Deanery

Mother Lode Deanery

Ridge Deanery

Shasta Deanery

Siskiyou Deanery

Solano Deanery

Southern Suburbs Deanery

Sutter Buttes Deanery - Cluster 1

Sutter Buttes Deanery - Cluster 2

West Placer Deanery

Yolo Deanery

City Deanery

(Sacramento and Yolo Counties)

Cathedral of the Blessed Sacrament - Sacramento

Divine Mercy Parish - Sacramento

Holy Spirit Parish - Sacramento

Newman Catholic Center - Sacramento

Sacred Heart Parish - Sacramento

St. Anne Parish - Sacramento

St. Anthony Parish - Sacramento

St. Elizabeth Parish - Sacramento

St. Francis of Assisi Parish - Sacramento

St. Mary Parish - Sacramento

St. Robert Parish - Sacramento

Holy Cross Parish - West Sacramento

Our Lady of Grace Parish-West Sacramento

St. Joseph Parish - Clarksburg

Sacramento County - Mental Health - 916.875.1055 / 888.881.4881

Primary Care Center - 4600 Broadway, Sacramento, CA 95820 (M-F, 8-5)

Mental Health Treatment Center - 2150 Stockton Blvd., Sacramento, CA 95817 (24/7 operations)

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 7818 Bar Du Lane, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Behavior modification and Group therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons with eating disorders and

American River Residential Services is a mental health facility in Sacramento County, CA, located at 4741 Engle Road, 95608 zip code. American River Residential Services offers Residential treatment. American River Residential Services provides Activity therapy, Integrated dual diagnosis disorder treatment and Dialectical behavior therapy to Young adults and Adults. American River Residential Services also supports Persons with

Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 9201 Big Horn Boulevard, 95758 zip code. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser Permanente Medical Center Elk Grove Outpatient Psychiatry provides Behavior modification, Individual psychotherapy and Trauma therapy to Children/adolescents, Young adults and Adults. Kaiser Permanente Medical Center Elk Grove

Watt Avenue Mental Health Center Terkensha Associates is a mental health facility in Sacramento County, CA, located at 2829 Watt Avenue, Suite 200, 95821 zip code. Watt Avenue Mental Health Center Terkensha Associates offers Outpatient treatment. Watt Avenue Mental Health Center Terkensha Associates provides Behavior modification, Couples/family therapy and Trauma therapy to Young adults and Children/adolescents. Watt Avenue Mental Health Center Terkensha Associates also supports Clients referred from the court/judicial system, Persons who have experienced trauma and Persons with post-traumatic stress disorder. Some other

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 6171 Bradshaw Road, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Individual psychotherapy, Psychotropic medication and Trauma therapy to Children/adolescents. Mountain Valley Child And Family Services also supports Persons with eating disorders, Persons who have experienced trauma and

Visions Unlimited is a mental health facility in Sacramento County, CA, located at 6833 Stockton Boulevard, Suite 485, 95823 zip code. Visions Unlimited offers Telemedicine/telehealth and Outpatient treatment. Visions Unlimited provides Behavior modification, Psychotropic medication and Dialectical behavior therapy to Adults, Young adults and Seniors 65 or older. Visions Unlimited also supports Persons with serious mental illness. Some

Summit Behavioral Wellness is a mental health facility in Sacramento County, CA, located at 7601 Hospital Drive, Suite 202, 95823 zip code. Summit Behavioral Wellness offers Telemedicine/telehealth and Outpatient treatment. Summit Behavioral Wellness provides Individual psychotherapy, Trauma therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Adults. Summit Behavioral Wellness also supports Persons with co-occurring mental and substance use disorders, Transitional age young

El Hogar Community Services Inc Guest House Homeless Clinic is a mental health facility in Sacramento County, CA, located at 600 Bercut Drive, 95811 zip code. El Hogar Community Services Inc Guest House Homeless Clinic offers Outpatient treatment. El Hogar Community Services Inc Guest House Homeless Clinic provides Individual psychotherapy, Group therapy and Trauma therapy to Seniors 65 or older, Young adults and Adults. El Hogar Community Services Inc Guest House Homeless Clinic also supports Persons with serious mental illness, Persons with post-traumatic stress disorder and Persons with co-occurring mental and substance use disorders. Some

Uplift Family Services is a mental health facility in Sacramento County, CA, located at 9343 Tech Center Drive, Suite 200, 95826 zip code. Uplift Family Services offers Telemedicine/telehealth and Outpatient treatment. Uplift Family Services provides Individual psychotherapy, Psychotropic medication and Cognitive behavioral therapy to Children/adolescents and Young adults. Uplift Family Services also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Transitional age young adults. Some other

Uplift Family Services is a mental health facility in Sacramento County, CA, located at 3951 Performance Drive, Suite G, 95838 zip code. Uplift Family Services offers Outpatient treatment. Uplift Family Services provides Couples/family therapy, Group therapy and Activity therapy to Children/adolescents and Young adults. Uplift Family Services also supports Transitional age young adults, Persons who have experienced trauma and Children/adolescents with serious emotional disturbance. Some other services offered by Uplift Family Services

Mountain Valley Child And Family Services is a mental health facility in Sacramento County, CA, located at 9200 Sweet Acacia Way, 95829 zip code. Mountain Valley Child And Family Services offers Residential treatment and Telemedicine/telehealth. Mountain Valley Child And Family Services provides Cognitive behavioral therapy, Activity therapy and Individual psychotherapy to Children/adolescents. Mountain Valley Child And Family Services also supports Children/adolescents with serious emotional disturbance, Persons who have experienced

Kaiser Permanente Medical Center Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 8247 East Stockton Boulevard, 95823 zip code. Kaiser Permanente Medical Center Outpatient Psychiatry offers Outpatient treatment and Telemedicine/telehealth. Kaiser Permanente Medical Center Outpatient Psychiatry provides Behavior modification, Group therapy and Integrated dual diagnosis disorder treatment to Adults, Seniors 65 or older and Young adults. Kaiser Permanente Medical Center Outpatient

Turning Point Flexible Integrated Treatment is a mental health facility in Sacramento County, CA, located at 7245 East Southgate Drive, 95823 zip code. Turning Point Flexible Integrated Treatment offers Outpatient treatment. Turning Point Flexible Integrated Treatment provides Cognitive behavioral therapy, Couples/family therapy and Trauma therapy to Children/adolescents and Young adults. Turning Point Flexible Integrated Treatment also supports Transitional age young adults. Some other services offered by Turning Point Flexible

Turning Point Integrated Services Agency is a mental health facility in Sacramento County, CA, located at 6950 65th Street, 95823 zip code. Turning Point Integrated Services Agency offers Outpatient treatment. Turning Point Integrated Services Agency provides Behavior modification, Psychotropic medication and Individual psychotherapy to Young adults, Seniors 65 or older and Adults. Turning Point Integrated Services Agency also supports Persons with serious mental illness, Persons who have experienced trauma and Persons with co-

Heritage Oaks Hospital is a mental health facility in Sacramento County, CA, located at 4250 Auburn Boulevard, 95841 zip code. Heritage Oaks Hospital offers Hospital inpatient treatment, Outpatient treatment and Partial hospitalization/day treatment. Heritage Oaks Hospital provides Couples/family therapy, Group therapy and Integrated dual diagnosis disorder treatment to Children/adolescents, Seniors 65 or older and Young adults. Heritage Oaks Hospital also supports Persons with serious mental illness and Persons with co-occurring mental

Sacramento Childrens Home is a mental health facility in Sacramento County, CA, located at 2750 Sutterville Road, 95820 zip code. Sacramento Childrens Home offers Residential treatment and Outpatient treatment. Sacramento Childrens Home provides Couples/family therapy, Trauma therapy and Cognitive behavioral therapy to Young adults and Children/adolescents. Sacramento Childrens Home also supports Children/adolescents with serious emotional disturbance, Persons who have experienced trauma and Persons with post-traumatic stress

North Area Community Mental Health Center Terkensha Associates is a mental health facility in Sacramento County, CA, located at 811 Grand Avenue, Suite D, 95838 zip code. North Area Community Mental Health Center Terkensha Associates offers Outpatient treatment. North Area Community Mental Health Center Terkensha Associates provides Group therapy, Individual psychotherapy and Couples/family therapy to Young adults and Children/adolescents. North Area Community Mental Health Center Terkensha Associates also supports Persons with co-occurring mental and substance use disorders, Persons with HIV or AIDS and Persons who have experienced trauma. Some other services offered by North Area Community Mental Health Center Terkensha

River Oak Center For Children is a mental health facility in Sacramento County, CA, located at 5445 Laurel Hills Drive, 95841 zip code. River Oak Center For Children offers Outpatient treatment. River Oak Center For Children provides Behavior modification, Couples/family therapy and Cognitive behavioral therapy to Children/adolescents and Young adults. River Oak Center For Children also supports Persons who have experienced trauma, Children/adolescents with serious emotional disturbance and Persons with post-traumatic

Peach Tree Health North Sacramento is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, 95834 zip code. Peach Tree Health North Sacramento offers Telemedicine/telehealth and Outpatient treatment. Peach Tree Health North Sacramento provides Integrated dual diagnosis disorder treatment, Cognitive behavioral therapy and Trauma therapy to Children/adolescents, Adults and Seniors 65 or older. Some

Sutter Center For Psychiatry is a mental health facility in Sacramento County, CA, located at 7700 Folsom Boulevard, 95826 zip code. Sutter Center For Psychiatry offers Telemedicine/telehealth and Hospital inpatient treatment. Sutter Center For Psychiatry provides Electroconvulsive therapy, Group therapy and Dialectical behavior therapy to Children/adolescents, Adults and Seniors 65 or older. Sutter Center For Psychiatry also supports Persons with serious mental illness and Transitional age young adults. Some other services offered by

El Hogar Community Services Inc Sierra Elder Wellness Program is a mental health facility in Sacramento County, CA, located at 3870 Rosin Court, Suite 130, 95834 zip code. El Hogar Community Services Inc Sierra Elder Wellness Program offers Outpatient treatment. El Hogar Community Services Inc Sierra Elder Wellness Program provides Activity therapy, Psychotropic medication and Dialectical behavior therapy to Adults and Seniors 65 or older. El Hogar Community Services Inc Sierra Elder Wellness Program also supports Seniors or older adults, Clients referred from the court/judicial system and Persons who have experienced trauma. Some other services

Childrens Receiving Home Of Sacramento is a mental health facility in Sacramento County, CA, located at 3555 Auburn Boulevard, 95821 zip code. Childrens Receiving Home Of Sacramento offers Partial hospitalization/day treatment and Residential treatment. Childrens Receiving Home Of Sacramento provides Couples/family therapy, Dialectical behavior therapy and Group therapy to Young adults and Children/adolescents. Childrens Receiving Home Of Sacramento also supports Transitional age young adults, LGBT and Persons who have

Crestwood Behavioral Health Inc Crestwood Center is a mental health facility in Sacramento County, CA, located at 2600 Stockton Boulevard, 95817 zip code. Crestwood Behavioral Health Inc Crestwood Center offers Hospital inpatient treatment and Residential treatment. Crestwood Behavioral Health Inc Crestwood Center provides Trauma therapy, Group therapy and Individual psychotherapy to Seniors 65 or older, Young adults and Adults. Crestwood Behavioral Health Inc Crestwood Center also supports Transitional age young adults, Persons

Elk Grove Behavioral Health And Wellness is a mental health facility in Sacramento County, CA, located at 9324 West Stockton Boulevard, 95758 zip code. Elk Grove Behavioral Health And Wellness offers Outpatient treatment and Telemedicine/telehealth. Elk Grove Behavioral Health And Wellness provides Behavior modification, Dialectical behavior therapy and Group therapy to Children/adolescents, Young adults and Seniors

Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt is a mental health facility in Sacramento County, CA, located at 425 Pine Street, 95632 zip code. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt offers Outpatient treatment. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt provides Trauma therapy, Behavior modification and Dialectical behavior therapy to Seniors 65 or older, Young adults and Adults. Visions Unlimited Inc Sacramento Visions Unlimited Inc Galt also supports Persons with serious mental illness.

Kaiser South Sacramento Outpatient Psychiatry is a mental health facility in Sacramento County, CA, located at 7300 Wyndham Drive, 95823 zip code. Kaiser South Sacramento Outpatient Psychiatry offers Telemedicine/telehealth and Outpatient treatment. Kaiser South Sacramento Outpatient Psychiatry provides Electroconvulsive therapy, Group therapy and Integrated dual diagnosis disorder treatment to Seniors 65 or older, Children/adolescents and Young adults. Kaiser South Sacramento Outpatient Psychiatry also supports

Sierra Vista Hospital is a mental health facility in Sacramento County, CA, located at 8001 Bruceville Road, 95823 zip code. Sierra Vista Hospital offers Hospital inpatient treatment, Partial hospitalization/day treatment and Outpatient treatment. Sierra Vista Hospital provides Activity therapy, Psychotropic medication and Cognitive behavioral therapy to Young adults, Children/adolescents and Adults. Some other services offered by Sierra Vista

Pathways To Success After Homelessness Turning Point Community Programs is a mental health facility in Sacramento County, CA, located at 3810 Rosin Court, Suite 180, 95834 zip code. Pathways To Success After Homelessness Turning Point Community Programs offers Outpatient treatment. Pathways To Success After Homelessness Turning Point Community Programs provides Couples/family therapy, Dialectical behavior therapy and Activity therapy to Children/adolescents, Seniors 65 or older and Young adults. Pathways To Success After Homelessness Turning Point Community Programs also supports Persons with serious mental illness, Seniors or

Support Group:

NAMI Sacramento - 916-427-5204

Drug & Alcohol Services:

Sacramento County Alcohol & Drug Services - System of Care - 916-874-9754

Alcoholics Anonymous - 916-454-1100

Narcotics Anonymous - 800-600-HOPE

County Mental Health:

Sacramento County Mental Health Adult Access - 916-875-1055 / 888-881-4881

Sacramento County Mental Health Child Access - 916-875-9980

Sacramento County Community Support Team - M-F, 8-5 - 916-874-6015

24 Hour Crisis:

Sacramento County Mental Health Treatment Center
2150 Stockton Blvd.
Sacramento, CA 95817
916-732-3637

Suicide Prevention - 916-368-3111

Weave Crisis Line - 916-920-2952

Yolo County - Mental Health - 888.965.6647

Woodland - 137 N. Cottonwood Street, Woodland, CA 95695

Davis - 600 A Street-Suite A, Davis, CA 95616

West Sacramento - 500 B Jefferson Blvd., West Sacramento, CA 95606

ALSO:

Catholic Social Services of Solano County (also serves Yolo County area residents)

125 Corporate Place-Suite A, Vallejo, CA 94590

Yolo Community Care Continuum Safe Harbor Crisis House is a mental health facility in Yolo County, CA, located at 584 Kentucky Avenue, 95695 zip code. Yolo Community Care Continuum Safe Harbor Crisis House offers Residential treatment. Yolo Community Care Continuum Safe Harbor Crisis House provides Group therapy, Integrated dual diagnosis disorder treatment and Cognitive behavioral therapy to Adults, Seniors 65 or older and Young adults. Yolo Community Care Continuum Safe Harbor Crisis House also supports Transitional age young adults, Persons who have experienced trauma and Veterans. Some other services offered by Yolo Community Care Continuum Safe Harbor Crisis House include Family psychoeducation, Diet and exercise counseling and Housing services.

Pine Tree Gardens is a mental health facility in Yolo County, CA, located at 212 I Street, 95616 zip code. Pine Tree Gardens offers Outpatient treatment. Pine Tree Gardens provides Individual psychotherapy and Cognitive behavioral therapy to Seniors 65 or older, Young adults and Adults. Pine Tree Gardens also supports Persons with serious mental illness, Persons with co-occurring mental and substance use disorders and Seniors or older adults. Some other services offered by Pine Tree Gardens include Case management, Psychosocial rehabilitation services and Supported housing.

Yolo County Health And Human Services Mental Health Services is a mental health facility in Yolo County, CA, located at 500 Jefferson Boulevard, Suite B, 95605 zip code. Yolo County Health And Human Services Mental Health Services offers Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Dialectical behavior therapy, Psychotropic medication and Trauma therapy to Adults, Children/adolescents and Seniors 65 or older. Yolo County Health And Human Services Mental Health Services also supports Children/adolescents with serious emotional disturbance, Seniors or older adults and Persons with post-traumatic stress disorder. Some other services provided by Yolo County Health And Human Services Mental Health Services include Intensive case management, Case management and Mentoring/peer support/consumer-run services.

Yolo County Health And Human Services Mental Health Services is a mental health facility in Yolo County, CA, located at 137 North Cottonwood Street, 95695 zip code. Yolo County Health And Human Services Mental Health Services offers Telemedicine/telehealth and Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Individual psychotherapy, Behavior modification and Trauma therapy to Seniors 65 or older, Children/adolescents and Young adults. Yolo County Health And Human Services Mental Health Services also supports Persons with co-occurring mental and substance use disorders, Seniors or older adults and Persons with serious mental illness. Some other services provided by Yolo County Health And Human Services Mental Health Services include Case management, Mentoring/peer support/consumer-run services and Family psychoeducation.

Turning Point Community Programs Act Program is a mental health facility in Yolo County, CA, located at 212 I Street, 95616 zip code. Turning Point Community Programs Act Program offers Outpatient treatment. Turning Point Community Programs Act Program provides Group therapy, Psychotropic medication and Individual psychotherapy to Young adults, Seniors 65 or older and Adults. Turning Point Community Programs Act Program also supports Persons with co-occurring mental and substance use disorders, Transitional age young adults and Seniors or older adults. Some other services provided by Turning Point Community Programs Act Program include Intensive case management, Case management and Court-ordered outpatient treatment.

Woodland Memorial Hospital is a mental health facility in Yolo County, CA, located at 1325 Cottonwood Street, 95695 zip code. Woodland Memorial Hospital offers Hospital inpatient treatment. Woodland Memorial Hospital provides Group therapy, Individual psychotherapy and Psychotropic medication to Seniors 65 or older, Young adults and Adults. Some other services provided by Woodland Memorial Hospital include Illness management and recovery, Chronic disease/illness management and Case management.

Yolo County Health And Human Services Mental Health Services is a mental health facility in Yolo County, CA, located at 600 A Street, 95616 zip code. Yolo County Health And Human Services Mental Health Services offers Outpatient treatment. Yolo County Health And Human Services Mental Health Services provides Trauma therapy, Group therapy and Behavior modification to Adults, Seniors 65 or older and Young adults. Yolo County Health And Human Services Mental Health Services also supports Seniors or older adults, Persons with co-occurring mental and substance use disorders and Children/adolescents with serious emotional disturbance. Some other services offered by Yolo County Health And Human Services Mental Health Services include Case management, Psychosocial rehabilitation services and Suicide prevention services.

Diocese of Sacramento - Mental Health Professionals

Chico

Susan Tobin, PhD.

100 Amber Grove, Ste. 100
Chico, CA 95973
(530) 898-8446

Christine Knight (LCSW) @ Sacred Space Counseling

686 Rio Linda Ave
Chico, CA 95926
(530) 425-9733
(916) 536-5090

Davis

Christine Cipperly, LMFT (Lic #80880)

621 Fourth Street
Davis, CA 95616
(530) 400-4757
ccipperly@gmail.com

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Fair Oaks

The Catholic Counseling Agency

Deacon Jack D. Roland, LCSW (LCS #21496)

<https://www.catholictherapists.com/jack-roland-lcsw>

4777 Sunrise Blvd., Suite C
Fair Oaks, CA 95628
(916) 792-9797
jackroland@catholiccounselingagency.com

Rescue (near El Dorado Hills)

Rita Moeller

2181 Marden Dr
Rescue, CA 95672
(530) 676-2794

Roseville

Catherine C. Fisher, LCSW (LCS# 29594)

Granite Bay, CA

(916) 214-4623

cfisherlcsw@cathimail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120

Roseville, CA 95747

(916) 713-3455

Sonia@aresilientjourney.com

Dr. Armando Gonzalez, LMFT (#53731)

1380 Lead Hill Blvd, Suite 160

Roseville, CA 95661

(916) 743-4748

Amanda Horrocks, DNP, NP

1420 Rocky Ridge Drive, Ste. 120

Roseville, CA 95661

855-501-1004 - Patients Under 18

916-783-9697 - Patients Under 18-25

Sacramento

Dr. Gregory B. Gisla, Psy.D (PSY# 27644)

3112 O Street, Suite 13

Sacramento, CA 95816

(323) 905-4027

Bryan Kelso, LMFT (Lic# 88603)

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Sacramento, CA 95816

(916) 532-0074

kkelso@gmail.com

Debra J. Smith, LMFT (Lic#27526)

2902 Tourbrook Way

Sacramento, CA 95833

(530) 622-2779

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)

(209) 898-8399

Sacramento - continued

Elisa Louizos, LCSW (LCS#33368)
Spark Center (Adoption specialist)

1412 S Street, Suite 100

Sacramento, CA 95811

(916) 616-8561

elouizos@sparkcenter.com

Dr. Armando Gonzalez, LMFT (#53731)

1012 19th St.

Sacramento, CA 95816

(916) 743-4748

Michele Villarreal, MA, LMFT

916-425-2692

<http://www.fourseasons-counseling.com/>

455 University Ave, Suite 215

Sacramento, California, 95825

Patience Silva (Dayton), MSW, LCSW

916 598 5648

<http://www.patiencedayton.com/>

3112 O Street, Suite 4

Sacramento, California, 95816

Genora Villalobos, MA, AMFT

559-825-3941

<https://www.catholictherapists.com/genora-villalobos>

Offering Online Teletherapy Services

Sacramento, California, 95816

Vacaville

Sharman Loredó - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Gail Gall, LMFT

795 Alamo Drive, Suite 102

Vacaville, CA 95688

info@gailgall.com

707-317-3981

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol

Diocese of Sacramento - Mental Health Professionals
Spanish Speaking

Davis

Elizabeth Saft, PhD

1747 Oak Ave, Suite 3
Davis, CA 95616
(530) 297-7190

Fairfield

Mara Sammartino, LCSW (LCS#70176)

The Practice Counseling Services

1000 Texas Street, Suite D
Fairfield, CA 94533
(707) 229-1377
msleon@solanocounty.com

Roseville

Marleni F. Tavarez, LCSW (LCS#60511)

2412 Professional Dr
Roseville, CA 95661
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marlenitavarezlcsw@gmail.com

Sonia Trefflich, LCSW @ Resilient Journey Counseling

1430 Blue Oaks Blvd, Suite 120
Roseville, CA 95747
(916) 713-3455
Sonia@aresilientjourney.com

Sacramento

La Familia Counseling Center, Inc.

5523 34th St.
Sacramento, CA 95820
(916) 452-3601
info@lafcc.org

Maria Elena Perez, LMFT, RN, BSN (LCS#110585)

Sacramento Center for Complementary Medicine

2701 "I" Street
Sacramento, CA 95816
(916) 835-4969
meperez916@gmail.com

Allison Barragan, MS, AMFT (#102750) - Thrive Therapy & Counseling

1614 X Street, Suite A
Sacramento, CA 95818
(916) 619-3009
thrivetherapists@gmail.com

Sacramento Spanish Speaking - continued

Elisa Louizos, LCSW (LCS#33368) - Spark Center (Adoption Specialist)

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elouizos@sparkcenter.com

Marisela Franco, LMFT (Lic# 98052)

Sacramento Area (Telehealth Only)

(209) 898-8399

Vacaville

Sharman Loreda - St. Louise Counseling Center

40 Eldridge Avenue, Suite 9C

Vacaville, CA 95688

(707) 301-4168

Woodland

Rhonda J Myers, LEP3603, NCSP

163 Second Street

Woodland, CA 95695

(530) 632-4595

rhondajmyers@gmail.com

Yuba City

Rhonda J Myers, LEP3603, NCSP

1245 Tharp Road, Suite I

Yuba City, CA 95993

(530) 632-4595

rhondajmyers@gmail.com

USC Telehealth

Requirements are a computer, webcam and internet connection

Free counseling by USC MSW students

(graduate degree in clinical social work)

(866) 740-6502 call between 8:30am and 5:30pm

Hablamos Espanol