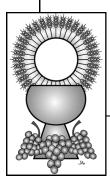
"The worship of the Eucharist outside of Mass is of inestimable value for the life of the Church . . . To spend time with Him, to lie close to His breast like the Beloved Disciple (John 13:25) and to feel the infinite love present in His heart.

How often, dear brothers and sisters, have I experienced this, and drawn from it strength, consolation, and support."



Pope John Paul II Ecclesia de Eucharistia

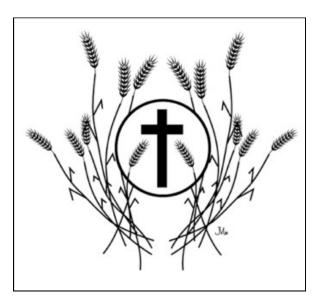


Office of Priestly & Religious Vocations

Diocese of Sacramento

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HOLY HOUR FOR VOCATIONS



"Come after me, and I will make you fishers of men."

Mark 1:17

OPENING SONG

(All stand as the song begins)

EXPOSITION

(Please kneel when the Most Blessed Sacrament is placed in the Monstrance.)

GREETING

Priest: The grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all.

All: And also with you.

OPENING PRAYER

Priest: Lord, you have promised that where two or three are gathered in Your name, You will be in their midst. Be with us this day as we gather to adore Your Sacred Presence in the Most Blessed Sacrament. Fill our hearts with your blessings and inflame them with Your love. As we dedicate and offer this Holy Hour for the Intention of vocations to priesthood, religious life, and our own personal intentions, be with us Risen Lord as we spend this hour adoring you and singing your praises. Make us one with you, Lord Jesus, for you live and reign forever and ever.

All: Amen

Priest: Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, forever and ever.

All: Amen.

EUCHARISTIC BLESSING

REPOSITION

CLOSING SONG

"Holy God We Praise Thy Name"

Other Suggested Hymns

"Gift of Finest Wheat"
"Here I am Lord"
"O Jesus, We Adore Thee"
"I am the Bread of Life"
"Morning Has Broken"
"Christ Beside Me"
"Ubi Caritas"
"We Walk by Faith"

Priest goes to the altar, genuflects, and kneels.)

HYMN OF ADORATION

"Tantum Ergo"

(Priest incenses the Blessed Sacrament during the hymn.)

LITURGY OF THE WORD

Suggestions: John 15:9-17, John 15:1-8, Proverbs 9:1-16,

Acts 2:42-47

SILENT ADORATION

(Approximately 15 minutes)

LITANY

AII:

Lord, Have mercy

Have mercy on us

Lord, save your people.

(All kneel)

DIVINE PRAISES

(All kneel)

Priest: All: (Repeat each)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His most sacred heart.

Blessed be His most precious blood.

Blessed be Jesus in the most holy sacrament of the altar.

Blessed be the Holy Spirit, the Comforter.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

Priest: Lord, have mercy

Christ, have mercy Christ, have mercy Lord, have mercy

Lord, Have mercy

God our Father in heaven

God the Son, our redeemer

God the Holy Spirit Holy Trinity, one God

Lord be merciful

from all evil

from every sin

from the snares of the devil

from anger and hatred

from everlasting death

by your coming as man

by your birth

by your baptism and fasting

by your suffering and cross

by your death and burial

by your rising to new life

by your return to glory to your Father

by your gift of the Holy Spirit

by your coming again in glory



Priest: Christ, Son of the living God You came into this world You suffered for us on the cross You died to save us You lay in the tomb You rose from the dead

You returned in glory to the Father You sent the Holy Spirit upon your Apostles You are seated at the right hand of the Father You will come again to judge the living and the dead

Guide and protect your holy Church Lord, hear our prayer Keep the Pope and all the clergy in faithful service to your Church Bring all Christians together in unity Lead all to the light of the Gospel

AII:

Have mercy on us

Lord Jesus, hear our prayer

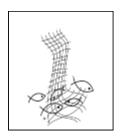
Lord Jesus, hear our prayer



PRAYER FOR VOCATIONS

(Please stand)

All: Christ Jesus, Son of the eternal Father and our Mother the Virgin Mary, grant to our sons and daughters, the grace to hear your voice, and the courage to respond to their vocational calling. Give to their parents the wisdom to help their children discern the vocation that you are inviting them to embrace, and fill them with inexpressible joy whenever one of their children is called to priesthood or religious life. Let the example of the blessed Mother, St. Joseph and all your saints encourage our young people to seek your will and allow your grace to sustain them. Amen.



PRAYER OF SELF OFFERING

All: Take, O Lord, into your hands my entire liberty, my memory, my understanding, and my will. All that I am and have, you have given me, and I surrender them to you, to be so disposed in accordance with your holy will. Give me your love and your grace; with these I am rich enough and desire nothing more.

St. Ignatius of Loyola