Roman Catholic Bishop of Sacramento All Other Eligible Employees

### **BENEFIT HIGHLIGHTS**

# Discover new ways to protect what you love



# Find your benefits here.



ROMAN CATHOLIC BISHOP OF SACRA-MENTO

**POLICY #: 931634** 

If you're reading this, it must be enrollment time. But don't sweat it, because we've got you covered. We'll provide you with the right information to get the coverage that's best for you and your family. Some of our offerings might be new to you. Take some time to read through this booklet, so that you feel confident about your choices. And keep in mind that any benefits you choose are easily paid for through payroll deduction.

### **BENEFITS AT A GLANCE:**

- Basic and Voluntary Life insurance to protect your family if something happens to you.
- Long-Term Disability insurance to protect your savings once your claim is approved - when you can't work for an extended time.

### Basic Life Insurance

Even among people who have life insurance, about **1 in 5** say they don't have enough.<sup>1</sup>

### PROTECTS YOUR LOVED ONES.

Life insurance provides your loved ones with money they can use for household expenses, tuition, mortgage payments and more.

### HELPS PAY YOUR FINAL EXPENSES.

Your beneficiaries may use this money to pay for your burial or cremation, and pay any outstanding medical bills.

### PART OF YOUR BENEFIT PACKAGE.

Your employer pays for your coverage, as an employee. You are responsible for paying all or a portion of the cost for coverage for your spouse and child(ren).

BENEFITS	
For you*	<b>\$25,000</b> . No medical questions asked.
	Benefits are reduced at age 70 and may reduce again in subsequent years as noted in your Certificate.
Dependent Coverage	<b>\$10,000</b> for your spouse and <b>\$5,000</b> for your child(ren), with no medical questions asked.
	Dependent coverage cannot exceed 100% of your coverage amount.  A full benefit is payable for a dependent child from birth to 26. A reduced benefit of \$500 is payable for a child from 14 days to 6 months. (No benefit is payable for a child from birth to 14 days.) In order to be covered, the child must depend primarily on the employee for 50% or more of their support.

<sup>\*</sup>This coverage includes Accidental Death and Dismemberment insurance.

### Frequently asked questions

### What is my AD&D benefit?

We will pay your beneficiaries an Accidental Death insurance amount that matches your Basic Life insurance amount, if you die from a covered accident. Additional benefits are available for accidental injuries (i.e., dismemberment) such as loss of limbs, fingers or sight. Refer to your Certificate for a full list of covered accidental injuries.

### Do I need to answer any health questions to enroll?

If you contribute to the cost of your insurance, you may need to complete health questions if you don't elect coverage when it's first available to you and you want to elect at a later date, or if you want to increase coverage. To answer health questions, please fill out our Evidence of Insurability application. Health questions must be approved by Sun Life before coverage takes effect. Please see your Certificate for details.

### Can I take my insurance with me if I leave my employer?

Depending upon state variations and your employer's plan, you may have an option to continue group coverage when your employment terminates. Your employer can advise you about your options.

### Can I access my life insurance if I become terminally ill?

You may apply to receive a portion of your life insurance to help cover medical and living expenses. This is called an "Accelerated Benefit" and there are some important things to know about it, including that it is not long-term-care insurance, it may be taxable and it may affect your eligibility for public assistance programs. It will also reduce the total amount of the life insurance payment we pay to your beneficiary(ies).

### What happens if I become Totally Disabled?

If we determine that you are Totally Disabled and cannot work, your life insurance coverage may continue at no cost. You must meet certain requirements, as detailed in the Certificate.

### How does my beneficiary file a death claim?

Your beneficiary(ies) and your employer will complete the appropriate claims forms and submit them to us. We will notify your beneficiaries when the decision is made and if we have any questions. If approved, beneficiaries may elect to receive a lump sum payment or to have the benefit paid into an account where the funds accumulate interest and can be withdrawn at any time. (State restrictions apply and options may vary by state.) If your AD&D claim for an accidental injury is approved, the benefit amount will be paid directly to you.

1. LIMRA, Facts about Life 2018.

Read the *Important information* section for more details including limitations and exclusions.

**Dependent** - Coverage and **monthly** rate Basic Life Insurance.

Rates are effective as of July 01, 2024.

Basic Life coverage is contributory. You are responsible for paying for all or a part of the cost through payroll deduction.

See the total monthly cost of dependent coverage below and follow the example to figure out your per pay period cost

	Rate
Dependent	\$3.000

Your Monthly Cost		# of Months		Annual cost	# of pay periods per year (12,24,26,52, etc.)	Your estimated cost per pay period*
\$	x	12	=	\$	/ =	\$

<sup>\*</sup>Contact your employer to confirm the portion of the cost for which you will be responsible.

00-247-6875 sunlife.com/us Life Insurar

# Voluntary Life Insurance

### MORE PROTECTION FOR YOUR LOVED ONES.

The people you love and support could face financial challenges without you. Life insurance provides your loved ones with money they can use for household expenses, tuition, mortgage payments and more.

### HELPS YOU CLOSE ANY COVERAGE GAPS.

You may have life insurance today, either on your own or through your employer. Now is a good time to ask yourself if you need more coverage.

### **BENEFITS** (You can purchase this coverage at a group rate.)

### For you\*

You can choose from \$10,000 to \$500,000—in increments of \$10,000 not to exceed 10 times your Basic Annual Earnings. No medical questions asked up to the Guaranteed Issue amount of \$200,000.

Benefits are reduced at age 70 and may reduce again in subsequent years as noted in your Certificate.

### For your spouse

If you elect coverage for yourself, you can choose from \$5,000 to \$250,000—in increments of \$5,000. No medical questions asked up to the Guaranteed Issue amount of \$50,000.

The amount you select for your spouse cannot exceed 100% of your coverage amount. Benefits may reduce as noted in your Certificate.

### For your child(ren)

If you elect coverage for yourself, you can choose **\$1,000 to \$10,000**—in \$1,000 increments. No medical questions asked.

The amount you select for your child(ren) cannot exceed 100% of your coverage amount. Benefits may reduce as noted in your Certificate. Child(ren) must primarily depend on the employee for 50% or more of their support.

A full benefit is payable for a dependent child from birth to 26.

<sup>\*</sup>You may choose Accidental Death and Dismemberment insurance.

### Frequently asked questions

### What is my AD&D benefit?

If you elect AD&D coverage, we will pay your beneficiaries an Accidental Death insurance amount that matches your Voluntary Life, if you die from a covered accident. Additional benefits are available for accidental injuries (i.e., dismemberment) such as loss of limbs, fingers or sight. Refer to your Certificate for a full list of covered accidental injuries.

### Do I need to answer any health questions to enroll?

Yes, if you request an amount higher than the Guaranteed Issue amount. You may need to complete health questions if you don't elect coverage when it's first available to you and you want to elect at a later date, or if you want to increase coverage. To answer health questions, please fill out our Evidence of Insurability application. Health questions must be approved by Sun Life before coverage takes effect. Please see your Certificate for details.

### Can I take my insurance with me if I leave my employer?

Depending upon state variations and your employer's plan, you may have an option to continue group coverage when your employment terminates. Your employer can advise you about your options.

### Can I access my life insurance if I become terminally ill?

You may apply to receive a portion of your life insurance to help cover medical and living expenses. This is called an "Accelerated Benefit" and there are some important things to know about it, including that it is not long-term-care insurance, it may be taxable and it may affect your eligibility for public assistance programs. It will also reduce the total amount of the life insurance payment we pay to your beneficiary(ies).

### What happens if I become Totally Disabled?

If we determine that you are Totally Disabled and cannot work, your life insurance coverage may continue at no cost. You must meet certain requirements, as detailed in the Certificate.

### How does my beneficiary file a death claim?

Your beneficiary(ies) and your employer will complete the appropriate claims forms and submit them to us. We will notify your beneficiaries when the decision is made and if we have any questions. If approved, beneficiaries may elect to receive a lump sum payment or to have the benefit paid into an account where the funds accumulate interest and can be withdrawn at any time. (State restrictions apply and options may vary by state.) If your AD&D claim for an accidental injury is approved, the benefit amount will be paid directly to you.

1. LIMRA, Facts about Life 2018.

Read the *Important information* section for more details including limitations and exclusions.

**Employee** - Coverage and **monthly** cost for Employee Voluntary Life.

Rates are effective as of July 1, 2024.

The chart below shows possible coverage amounts and their **monthly** costs.

Find your age bracket (as of the effective date of coverage) to see the cost for the coverage amount you choose.

Coverage						Ag	ge and co	st					
amounts	<20	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
\$10,000	0.26	0.38	0.45	0.62	0.83	1.39	1.92	3.50	7.18	10.44	18.00	37.18	120.46
\$20,000	0.52	0.76	0.90	1.24	1.66	2.78	3.84	7.00	14.36	20.88	36.00	74.36	240.92
\$30,000	0.78	1.14	1.35	1.86	2.49	4.17	5.76	10.50	21.54	31.32	54.00	111.54	361.38
\$40,000	1.04	1.52	1.80	2.48	3.32	5.56	7.68	14.00	28.72	41.76	72.00	148.72	481.84
\$50,000	1.30	1.90	2.25	3.10	4.15	6.95	9.60	17.50	35.90	52.20	90.00	185.90	602.30
\$60,000	1.56	2.28	2.70	3.72	4.98	8.34	11.52	21.00	43.08	62.64	108.00	223.08	722.76
\$70,000	1.82	2.66	3.15	4.34	5.81	9.73	13.44	24.50	50.26	73.08	126.00	260.26	843.22
\$80,000	2.08	3.04	3.60	4.96	6.64	11.12	15.36	28.00	57.44	83.52	144.00	297.44	963.68
\$90,000	2.34	3.42	4.05	5.58	7.47	12.51	17.28	31.50	64.62	93.96	162.00	334.62	
\$100,000	2.60	3.80	4.50	6.20	8.30	13.90	19.20	35.00	71.80	104.40	180.00		1204.60
\$110,000	2.86	4.18	4.95	6.82	9.13	15.29	21.12	38.50	78.98	114.84	198.00		1325.06
\$120,000	3.12	4.56	5.40	7.44	9.96	16.68	23.04	42.00	86.16	125.28	216.00		1445.52
\$130,000	3.38	4.94	5.85	8.06	10.79	18.07	24.96	45.50	93.34	135.72	234.00		1565.98
\$140,000	3.64	5.32	6.30	8.68	11.62	19.46	26.88	49.00	100.52	146.16	252.00		1686.44
\$150,000	3.90	5.70	6.75	9.30	12.45	20.85	28.80	52.50	107.70	156.60	270.00		1806.90
\$160,000	4.16	6.08	7.20	9.92	13.28	22.24	30.72	56.00	114.88	167.04	288.00		1927.36
\$170,000	4.42	6.46	7.65	10.54	14.11	23.63	32.64	59.50	122.06	177.48	306.00		2047.82
\$180,000	4.68	6.84	8.10	11.16	14.94	25.02	34.56	63.00	129.24	187.92	324.00		2168.28
\$190,000	4.94	7.22	8.55	11.78	15.77	26.41	36.48	66.50	136.42	198.36	342.00		2288.74
\$200,000	5.20	7.60	9.00	12.40	16.60	27.80	38.40	70.00	143.60	208.80	360.00		2409.20
\$210,000	5.46	7.98	9.45	13.02	17.43	29.19	40.32	73.50	150.78	219.24	378.00		2529.66
\$220,000	5.72	8.36	9.90	13.64	18.26	30.58	42.24	77.00	157.96	229.68	396.00		2650.12
\$230,000	5.98	8.74	10.35	14.26	19.09	31.97	44.16	80.50	165.14	240.12	414.00		2770.58
\$240,000	6.24	9.12	10.80	14.88	19.92	33.36	46.08	84.00	172.32	250.56	432.00		2891.04
\$250,000	6.50	9.50	11.25	15.50	20.75	34.75	48.00	87.50	179.50	261.00	450.00		3011.50
\$260,000	6.76	9.88	11.70	16.12	21.58	36.14	49.92	91.00	186.68	271.44	468.00		3131.96
\$270,000	7.02	10.26	12.15	16.74	22.41	37.53	51.84	94.50	193.86	281.88	486.00	1003.86	
\$280,000	7.28	10.64	12.60	17.36	23.24	38.92	53.76	98.00	201.04	292.32		1041.04	
\$290,000	7.54	11.02	13.05	17.98	24.07	40.31	55.68	101.50	208.22	302.76		1078.22	
\$300,000	7.80	11.40	13.50	18.60	24.90	41.70	57.60	105.00	215.40	313.20		1115.40	
\$310,000	8.06	11.78	13.95	19.22	25.73	43.09	59.52	108.50	222.58	323.64		1152.58	
\$320,000	8.32	12.16	14.40	19.84	26.56	44.48	61.44	112.00	229.76	334.08		1189.76	
\$330,000	8.58	12.54	14.85	20.46	27.39	45.87	63.36	115.50	236.94	344.52		1226.94	
\$340,000	8.84	12.92	15.30	21.08	28.22	47.26	65.28	119.00	244.12	354.96		1264.12	
\$350,000	9.10	13.30	15.75	21.70	29.05	48.65	67.20	122.50	251.30	365.40		1301.30	
\$360,000	9.36	13.68	16.20	22.32	29.88	50.04	69.12	126.00	258.48	375.84		1338.48	
\$370,000	9.62	14.06	16.65	22.94	30.71	51.43	71.04	129.50	265.66	386.28		1375.66	
\$380,000	9.88	14.44	17.10	23.56	31.54	52.82	72.96	133.00	272.84	396.72		1412.84	
\$390,000	10.14	14.82	17.55	24.18	32.37	54.21	74.88	136.50	280.02	407.16		1450.02	
\$400,000	10.40	15.20	18.00	24.80	33.20	55.60	76.80	140.00	287.20	417.60		1487.20	
\$410,000	10.66	15.58	18.45	25.42	34.03	56.99	78.72	143.50	294.38	428.04		1524.38	
\$420,000	10.92	15.96	18.90	26.04	34.86	58.38	80.64	147.00	301.56	438.48		1561.56	
\$430,000	11.18	16.34	19.35	26.66	35.69	59.77	82.56	150.50	308.74	448.92		1598.74	
\$440,000	11.44	16.72	19.80	27.28	36.52	61.16	84.48	154.00	315.92	459.36		1635.92	
\$450,000	11.70	17.10	20.25	27.90	37.35	62.55	86.40	157.50	323.10	469.80		1673.10	
\$460,000	11.96	17.48	20.70	28.52	38.18	63.94	88.32	161.00	330.28	480.24		1710.28	
\$470,000	12.22	17.86	21.15	29.14	39.01	65.33	90.24	164.50	337.46	490.68		1747.46	
\$480,000	12.48	18.24	21.60	29.76	39.84	66.72	92.16	168.00	344.64	501.12		1784.64	
\$490,000	12.74	18.62	22.05	30.38	40.67	68.11	94.08	171.50	351.82	511.56		1821.82	
\$500,000	13.00	19.00	22.50	31.00	41.50	69.50	96.00	175.00	359.00	522.00	900.00	1859.00	6023.00

**Employee** - Coverage and **monthly** cost for Employee Voluntary Life and AD&D.

Rates are effective as of July 1, 2024.

The chart below shows possible coverage amounts and their **monthly** costs.

Find your age bracket (as of the effective date of coverage) to see the cost for the coverage amount you choose.

Coverage						Ac	ge and co	st					
amounts	<20	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
\$10,000	0.46	0.58	0.65	0.82	1.03	1.59	2.12	3.70	7.38	10.64	18.20	37.38	120.66
\$20,000	0.92	1.16	1.30	1.64	2.06	3.18	4.24	7.40	14.76	21.28	36.40	74.76	241.32
\$30,000	1.38	1.74	1.95	2.46	3.09	4.77	6.36	11.10	22.14	31.92	54.60	112.14	361.98
\$40,000	1.84	2.32	2.60	3.28	4.12	6.36	8.48	14.80	29.52	42.56	72.80	149.52	482.64
\$50,000	2.30	2.90	3.25	4.10	5.15	7.95	10.60	18.50	36.90	53.20	91.00	186.90	603.30
\$60,000	2.76	3.48	3.90	4.92	6.18	9.54	12.72	22.20	44.28	63.84	109.20	224.28	723.96
\$70,000	3.22	4.06	4.55	5.74	7.21	11.13	14.84	25.90	51.66	74.48	127.40	261.66	844.62
\$80,000	3.68	4.64	5.20	6.56	8.24	12.72	16.96	29.60	59.04	85.12	145.60	299.04	965.28
\$90,000	4.14	5.22	5.85	7.38	9.27	14.31	19.08	33.30	66.42	95.76	163.80	336.42	1085.94
\$100,000	4.60	5.80	6.50	8.20	10.30	15.90	21.20	37.00	73.80	106.40	182.00	373.80	1206.60
\$110,000	5.06	6.38	7.15	9.02	11.33	17.49	23.32	40.70	81.18	117.04	200.20		1327.26
\$120,000	5.52	6.96	7.80	9.84	12.36	19.08	25.44	44.40	88.56	127.68	218.40		1447.92
\$130,000	5.98	7.54	8.45	10.66	13.39	20.67	27.56	48.10	95.94	138.32	236.60		1568.58
\$140,000	6.44	8.12	9.10	11.48	14.42	22.26	29.68	51.80	103.32	148.96	254.80	523.32	1689.24
\$150,000	6.90	8.70	9.75	12.30	15.45	23.85	31.80	55.50	110.70	159.60	273.00		1809.90
\$160,000	7.36	9.28	10.40	13.12	16.48	25.44	33.92	59.20	118.08	170.24	291.20		1930.56
\$170,000	7.82	9.86	11.05	13.94	17.51	27.03	36.04	62.90	125.46	180.88	309.40		2051.22
\$180,000	8.28	10.44	11.70	14.76	18.54	28.62	38.16	66.60	132.84	191.52	327.60		2171.88
\$190,000	8.74	11.02	12.35	15.58	19.57	30.21	40.28	70.30	140.22	202.16	345.80		2292.54
\$200,000	9.20	11.60	13.00	16.40	20.60	31.80	42.40	74.00	147.60	212.80	364.00		2413.20
\$210,000	9.66	12.18	13.65	17.22	21.63	33.39	44.52	77.70	154.98	223.44	382.20		2533.86
\$220,000	10.12	12.76	14.30	18.04	22.66	34.98	46.64	81.40	162.36	234.08	400.40		2654.52
\$230,000	10.58	13.34	14.95	18.86	23.69	36.57	48.76	85.10	169.74	244.72	418.60		2775.18
\$240,000	11.04	13.92	15.60	19.68	24.72	38.16	50.88	88.80	177.12	255.36	436.80		2895.84
\$250,000	11.50	14.50	16.25	20.50	25.75	39.75	53.00	92.50	184.50	266.00	455.00		3016.50
\$260,000	11.96	15.08	16.90	21.32	26.78	41.34	55.12	96.20	191.88	276.64	473.20		3137.16
\$270,000	12.42	15.66	17.55	22.14	27.81	42.93	57.24	99.90	199.26	287.28	491.40		3257.82
\$280,000	12.88	16.24	18.20	22.96	28.84	44.52	59.36	103.60	206.64	297.92	509.60		3378.48
\$290,000	13.34	16.82	18.85	23.78	29.87	46.11	61.48	107.30	214.02	308.56	527.80		3499.14
\$300,000	13.80	17.40	19.50	24.60	30.90	47.70	63.60	111.00	221.40	319.20		1121.40	
\$310,000	14.26	17.98	20.15	25.42	31.93	49.29	65.72	114.70	228.78	329.84	564.20		3740.46
\$320,000	14.72	18.56	20.80	26.24	32.96	50.88	67.84	118.40	236.16	340.48		1196.16	
\$330,000	15.18	19.14	21.45	27.06	33.99	52.47	69.96	122.10	243.54	351.12		1233.54	
\$340,000	15.64	19.72	22.10	27.88	35.02	54.06	72.08	125.80	250.92	361.76		1270.92	
\$350,000	16.10	20.30	22.75	28.70	36.05	55.65	74.20	129.50	258.30	372.40		1308.30	
\$360,000	16.56	20.88	23.40	29.52	37.08	57.24	76.32	133.20	265.68	383.04	655.20		
\$370,000	17.02	21.46	24.05	30.34	38.11	58.83	78.44	136.90	273.06	393.68	673.40		4464.42
\$380,000	17.48	22.04	24.70	31.16	39.14	60.42	80.56	140.60	280.44	404.32		1420.44	
\$390,000	17.94	22.62	25.35	31.98	40.17	62.01	82.68	144.30	287.82	414.96		1457.82	
\$400,000	18.40	23.20	26.00	32.80	41.20	63.60	84.80	148.00	295.20	425.60		1495.20	
\$410,000	18.86	23.78	26.65	33.62	42.23	65.19	86.92	151.70	302.58	436.24		1532.58	
\$420,000	19.32	24.36	27.30	34.44	43.26	66.78	89.04	155.40	309.96	446.88		1569.96	
\$430,000	19.78	24.94	27.95	35.26	44.29	68.37	91.16	159.10	317.34	457.52		1607.34	
\$440,000	20.24	25.52	28.60	36.08	45.32	69.96	93.28	162.80	324.72	468.16		1644.72	
\$450,000	20.70	26.10	29.25	36.90	46.35	71.55	95.40	166.50	332.10	478.80		1682.10	
\$460,000	21.16	26.68	29.90	37.72	47.38	73.14	97.52	170.20	339.48	489.44		1719.48	
\$470,000	21.62	27.26	30.55	38.54	48.41	74.73	99.64	173.90	346.86	500.08		1756.86	
\$480,000	22.08	27.84	31.20	39.36	49.44	76.32	101.76	177.60	354.24	510.72		1794.24	
\$490,000	22.54	28.42	31.85	40.18	50.47	77.91	103.88	181.30	361.62	521.36		1831.62	
\$500,000	23.00	29.00	32.50	41.00	51.50	79.50	106.00	185.00	369.00	532.00	910.00	1869.00	6033.00

**Spouse** - Coverage and **monthly** cost for Spouse Voluntary Life.

Rates are effective as of July 1, 2024.

The chart below shows possible coverage amounts and their **monthly** costs.

Find your spouse's age bracket (as of the effective date of coverage) to see the cost for the coverage amount you choose.

Spouse rates are based on the spouse's age.

Coverage						As	ge and co	st					
amounts	<20	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
\$5,000 \$10,000	0.23	0.34 0.68	0.40	0.49 0.98	0.65 1.30	0.95	1.52	2.73	4.97 9.94	7.49	12.14	22.69 45.38	74.64 149.28
						1.90	3.04	5.46		14.98	24.28		
\$15,000	0.69	1.02	1.20	1.47	1.95	2.85	4.56	8.19	14.91	22.47	36.42	68.07	223.92
\$20,000	0.92	1.36	1.60	1.96	2.60	3.80	6.08	10.92	19.88	29.96	48.56	90.76	298.56
\$25,000	1.15	1.70	2.00	2.45	3.25	4.75	7.60	13.65	24.85	37.45	60.70	113.45	373.20
\$30,000	1.38	2.04	2.40	2.94	3.90	5.70	9.12	16.38	29.82	44.94	72.84	136.14	447.84
\$35,000	1.61	2.38	2.80	3.43	4.55	6.65	10.64	19.11	34.79	52.43	84.98	158.83	522.48
\$40,000	1.84	2.72	3.20	3.92	5.20	7.60	12.16	21.84	39.76	59.92	97.12	181.52	597.12
\$45,000	2.07	3.06	3.60	4.41	5.85	8.55	13.68	24.57	44.73	67.41	109.26	204.21	671.76
\$50,000	2.30	3.40	4.00	4.90	6.50	9.50	15.20	27.30	49.70	74.90	121.40	226.90	746.40
\$55,000	2.53	3.74	4.40	5.39	7.15	10.45	16.72	30.03	54.67	82.39	133.54	249.59	821.04
\$60,000	2.76	4.08	4.80	5.88	7.80	11.40	18.24	32.76	59.64	89.88	145.68	272.28	895.68
\$65,000	2.99	4.42	5.20	6.37	8.45	12.35	19.76	35.49	64.61	97.37	157.82	294.97	970.32
\$70,000	3.22	4.76	5.60	6.86	9.10	13.30	21.28	38.22	69.58	104.86	169.96		1044.96
\$75,000	3.45	5.10	6.00	7.35	9.75	14.25	22.80	40.95	74.55	112.35	182.10		1119.60
\$80,000	3.68	5.44	6.40	7.84	10.40	15.20	24.32	43.68	79.52	119.84	194.24		1194.24
\$85,000	3.91	5.78	6.80	8.33	11.05	16.15	25.84	46.41	84.49	127.33	206.38		1268.88
\$90,000	4.14	6.12	7.20	8.82	11.70	17.10	27.36	49.14	89.46	134.82	218.52		1343.52
\$95,000	4.37	6.46	7.60	9.31	12.35	18.05	28.88	51.87	94.43	142.31	230.66		1418.16
\$100,000	4.60	6.80	8.00	9.80	13.00	19.00	30.40	54.60	99.40	149.80	242.80		1492.80
\$105,000	4.83	7.14	8.40	10.29	13.65	19.95	31.92	57.33	104.37	157.29	254.94	476.49	1567.44
\$110,000	5.06	7.48	8.80	10.78	14.30	20.90	33.44	60.06	109.34	164.78	267.08	499.18	1642.08
\$115,000	5.29	7.82	9.20	11.27	14.95	21.85	34.96	62.79	114.31	172.27	279.22	521.87	1716.72
\$120,000	5.52	8.16	9.60	11.76	15.60	22.80	36.48	65.52	119.28	179.76	291.36	544.56	1791.36
\$125,000	5.75	8.50	10.00	12.25	16.25	23.75	38.00	68.25	124.25	187.25	303.50	567.25	1866.00
\$130,000	5.98	8.84	10.40	12.74	16.90	24.70	39.52	70.98	129.22	194.74	315.64	589.94	1940.64
\$135,000	6.21	9.18	10.80	13.23	17.55	25.65	41.04	73.71	134.19	202.23	327.78	612.63	2015.28
\$140,000	6.44	9.52	11.20	13.72	18.20	26.60	42.56	76.44	139.16	209.72	339.92	635.32	2089.92
\$145,000	6.67	9.86	11.60	14.21	18.85	27.55	44.08	79.17	144.13	217.21	352.06	658.01	2164.56
\$150,000	6.90	10.20	12.00	14.70	19.50	28.50	45.60	81.90	149.10	224.70	364.20	680.70	2239.20
\$155,000	7.13	10.54	12.40	15.19	20.15	29.45	47.12	84.63	154.07	232.19	376.34	703.39	2313.84
\$160,000	7.36	10.88	12.80	15.68	20.80	30.40	48.64	87.36	159.04	239.68	388.48	726.08	2388.48
\$165,000	7.59	11.22	13.20	16.17	21.45	31.35	50.16	90.09	164.01	247.17	400.62	748.77	2463.12
\$170,000	7.82	11.56	13.60	16.66	22.10	32.30	51.68	92.82	168.98	254.66	412.76	771.46	2537.76
\$175,000	8.05	11.90	14.00	17.15	22.75	33.25	53.20	95.55	173.95	262.15	424.90	794.15	2612.40
\$180,000	8.28	12.24	14.40	17.64	23.40	34.20	54.72	98.28	178.92	269.64	437.04	816.84	2687.04
\$185,000	8.51	12.58	14.80	18.13	24.05	35.15	56.24	101.01	183.89	277.13	449.18		2761.68
\$190,000	8.74	12.92	15.20	18.62	24.70	36.10	57.76	103.74	188.86	284.62	461.32	862.22	2836.32
\$195,000	8.97	13.26	15.60	19.11	25.35	37.05	59.28	106.47	193.83	292.11	473.46		2910.96
\$200,000	9.20	13.60	16.00	19.60	26.00	38.00	60.80	109.20	198.80	299.60	485.60		2985.60
\$205,000	9.43	13.94	16.40	20.09	26.65	38.95	62.32	111.93	203.77	307.09	497.74		3060.24
\$210,000	9.66	14.28	16.80	20.58	27.30	39.90	63.84	114.66	208.74	314.58	509.88		3134.88
\$215,000	9.89	14.62	17.20	21.07	27.95	40.85	65.36	117.39	213.71	322.07	522.02		3209.52
\$220,000	10.12	14.96	17.60	21.56	28.60	41.80	66.88	120.12	218.68	329.56	534.16		3284.16
\$225,000	10.35	15.30	18.00	22.05	29.25	42.75	68.40	122.85	223.65	337.05		1021.05	
\$230,000	10.58	15.64	18.40	22.54	29.90	43.70	69.92	125.58	228.62	344.54		1043.74	
\$235,000	10.81	15.98	18.80	23.03	30.55	44.65	71.44	128.31	233.59	352.03		1066.43	
\$240,000	11.04	16.32	19.20	23.52	31.20	45.60	72.96	131.04	238.56	359.52		1089.12	
\$245,000	11.27	16.66	19.60	24.01	31.85	46.55	74.48	131.04	243.53	367.01		1111.81	
\$250,000	11.50	17.00	20.00	24.50	32.50	47.50	76.00	136.50	248.50	374.50		1134.50	
7230,000	11.50	17.00	20.00	27.50	32.30	<del>-</del> 7.50	70.00	130.30	270.50	J1- <del>1</del> .JU	007.00	1137.30	3732.00

**Child** - Coverage and **monthly** cost for Child Voluntary Life.

Rates are effective as of July 1, 2024.

The chart below shows possible coverage amounts and their **monthly** costs.

Coverage amounts	Cost per pay period
\$1,000	0.15
\$2,000	0.30
\$3,000	0.45
\$4,000	0.60
\$5,000	0.75
\$6,000	0.90
\$7,000	1.05
\$8,000	1.20
\$9,000	1.35
\$10,000	1.50

## Long-Term Disability Insurance

### COMMON CAUSES OF DISABILITY

- Musculoskeletal conditions
- Circulatory conditions
- Cancer
- Nervous system disorders
- Injuries

### HELPS YOU KEEP YOUR LIFE ON TRACK.

If you're unable to work because of a covered disability, Long-Term Disability insurances replaces a portion of your income. After your claim is approved, you will receive a monthly check for your benefits that helps you pay everyday expenses like your mortgage or rent, childcare and groceries.

### HELPS YOU RETURN TO WORK.

If you are able, Sun Life has benefits and services, including guidance from vocational rehabilitation counselors, to help you return to work.

### PART OF YOUR BENEFIT PACKAGE.

This benefit is completely paid for by your employer.

	BENEFITS	
	Monthly benefit after your claim is approved	You will receive a check for your benefits on a monthly basis. It will replace <b>60%</b> of your Total Monthly Earnings, up to <b>\$10,000</b> each month.
	When benefits begin	Benefits begin as soon as <b>180 days</b> from the date of your disability.
	Benefits may be paid for	Up to your Social Security Normal Retirement Age or longer, depending on your age at disability.
\	Additional plan information	This plan provides a benefit for covered disabilities resulting from illness or injury that occur on or off the job.

### LONG-TERM DISABILITY FAST FACTS

### 34.6 months

The length of the average long-term disability claim.<sup>1</sup>

You may receive additional benefits if your covered disability begins with a hospital stay of 14 days or more.

Sun Life Assurance Company of Canada

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### Frequently asked questions

### How do I file a Long-Term Disability claim?

If you become disabled after the effective date of coverage, check with your employer to make sure you are eligible for benefits. You can file a claim with us by downloading forms from our website. We'll ask you and your doctor to provide information about your medical condition and your expected recovery.

### How do I qualify for benefits?

You'll start receiving disability payments if you satisfy the Elimination Period (see "When benefits begin" in the table) and meet the policy's definition of disability. Generally, disability is defined as your inability to perform some or all of your job duties due to your injury, illness or pregnancy and may require that you have also had a certain percentage of earnings loss due to your disability. Please see your Certificate for details.

### What if I have a pre-existing condition?

If you become disabled within 12 months of your insurance taking effect or 12 months following any increase in your amount of insurance, we will not pay any benefit for any pre-existing condition. A pre-existing condition includes anything you have sought treatment for in the 3 months prior to your insurance becoming effective. Treatment can include consultation, advice, care, services or a prescription for drugs or medicine.

### Can I work while I'm disabled?

Your plan is designed to encourage and support your return to work. If you are able to work part-time, for example, you may receive part of your benefit while working.

### Will income from other sources affect my benefit?

Your benefit may be reduced by Social Security benefits; disability benefits from retirement, government plans or state disability income; other group disability plans; no-fault benefits, salary continuance or sick leave; and return-to-work earnings. For more information, contact your benefits administrator.

### How is my benefit taxed?

If you or your employer pays for all or part of the cost of coverage on a pre-tax basis, all or part of your benefit amount will be Form W-2 taxable income. In these situations, FICA tax deductions may reduce the amount we will pay you.

### Can I take my insurance with me if I leave my employer?

Depending upon state variations and your employer's plan, you may have an option to continue group coverage when your employment terminates. Your employer can advise you about your options.

The group disability insurance policies described in this advertisement provide disability income insurance only.

1. "Chances of disability," Council for Disability Awareness, disabilitycanhappen.org, last accessed April 2019.

Read the Important information section for more details including limitations and exclusions.

### Important information

The following coverage(s) do not constitute comprehensive health insurance (often referred to as "major medical coverage"). They do NOT provide basic hospital, basic medical, or major medical insurance.

To become insured, you must meet the eligibility requirements set forth by your employer. Your coverage effective date will be determined by the Policy and may be delayed if you are not actively at work on the date your coverage would otherwise go into effect. Similarly, dependent coverage, if offered, may be delayed if your dependents are in the hospital (except for newborns) on the date coverage would otherwise become effective. Refer to the Certificate for details.

### Limitations and exclusions

The below exclusions and limitations may vary by state law and regulations. This list may not be comprehensive. Please see the Certificate or ask your benefits administrator for details.

### Life

In some states, your employer's group policy may exclude payment for suicide that occurs within a specific time period after the insurance or increase in insurance becomes effective. Please see your Certificate for details.

### **Accidental Death and Dismemberment**

We will not pay a benefit that is due to or results from: suicide while sane or insane; injuring oneself intentionally; committing or attempting to commit an assault, felony or other criminal act; war or an act of war; active participation in a riot, rebellion or insurrection; voluntary use of any controlled substance/illegal drugs; operation of a motorized vehicle while intoxicated; bodily or mental infirmity or disease or infection unless due to an accidental injury; riding in or driving any motor-driven vehicle in a race, stunt show, or speed test.

### **Long-Term Disability**

We will not pay a benefit that is caused by, contributed to in any way or resulting from: intentionally self-inflicted injuries; committing or attempting to commit an assault, felony or other criminal act; war or an act of war; active participation in a riot, rebellion or insurrection; operation of a motorized vehicle while intoxicated. We will not pay a benefit if you do not submit proof of your loss as required by us (this covers medical examination, continuing care, death certificate, medical records, etc.); or for any Period of disability during which you are incarcerated. Disability benefits may be limited for certain conditions.

This Overview is preliminary to the issuance of the Policy. Refer to your Certificate for details. Receipt of this Overview does not constitute approval of coverage under the Policy. In the event of a discrepancy between this Overview, the Certificate and the Policy, the terms of the Policy will govern. Product offerings may not be available in all states and may vary depending on state laws and regulations.

Sun Life companies include Sun Life and Health Insurance Company (U.S.) and Sun Life Assurance Company of Canada (collectively, "Sun Life").

Group insurance policies are underwritten by Sun Life Assurance Company of Canada (Wellesley Hills, MA) in all states, except New York, under Policy Form Series 93P-LH, 98P-ADD, 12-GP-01, 15-GP-01, 15-LF-C-01, 15-ADD-C-01, 16-DEN-C-01, 16-VIS-C-01, 12-DI-C-01, 16-DI-C-01, 12-AC-C-01, 16-AC-C-01, 13-SD-C-01, 16-SD-C-01, 16-CAN-C-01, 20-HI-C-01, 12-GPPort-P-01, 20-HIPORT-C-01, TDBPOLICY-2006, and TDI-POLICY.

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### Evidence of Insurability



### Frequently asked questions

### What is Evidence of Insurability?

Your group insurance policy may require Evidence of Insurability (EOI) for you and your dependents. Evidence of Insurability is a statement, or proof, of an employee's or dependent's medical history. We use it to determine whether or not we will provide the benefit you are requesting.

### What is the EOI application?

The EOI application is an application on which you and/or your dependent(s) answer "yes" or "no" to questions concerning certain medical conditions. If you answer "yes" to any question(s), you are required to provide specific details of the condition, such as pertinent dates, treatments, and names of physicians. In some cases, a paramedical examination may also be required.

### When do I need to submit an EOI application?

You may need to submit an EOI application, if you:

- apply for a coverage amount above the Guaranteed Issue amount,
- declined coverage for yourself or your dependent(s) within the initial eligibility period and are now applying for coverage, or
- enroll yourself or your dependent(s) and then subsequently elect to increase coverage.

Please refer to your benefit highlights page for complete information specific to your plan.

### What is the process for submitting an EOI application?

To be considered for coverage, you must complete an EOI application, either online or on paper.

### Submit your medical information online

It's the quick, easy, and smart way to submit EOI. And it's completely secure and confidential.

- 1. Have the following information ready:
  - Your group policy number, location, and the amount of coverage for yourself and any dependents who
    require EOI, and
  - Height, weight, and recent medical history for you and any dependents.

### 2. Go to www.sunlife.com/account

- Under My Benefits, select a coverage
- On the right hand side, click on Submit Evidence of Insurability (EOI), follow the instructions, review
  your answers, and sign your application electronically before you submit. You will receive an official
  acknowledgment that Sun Life has received your EOI application. If you are approved, you may receive an
  approval e-mail that same day.

### Submit your medical information on paper

If you need a paper application, you can access a printable version at www.sunlife.com/account.

- · Click Where can I find a form?
- · From list of forms, select EOI Application

After Sun Life receives and processes your EOI application, you will receive either a final decision or pending notification. If your application is pending, you may be contacted to schedule a medical exam (at Sun Life's expense). Coverage subject to EOI will not go into effect until Sun Life approves your application in writing.

### How long does the approval process take?

As soon as we have received a completed online EOI application and as soon as the coverage amount is certified by your employer, often we can issue an approval within minutes and notify you or your employer via our online system or e-mail. For paper applications and applications that require review by a member of our medical underwriting team, the process usually takes five to seven business days. This time range is contingent on you returning a complete EOI application and our ability to obtain the necessary health information.

### How will I be notified if I am approved?

If you submit your EOI application online and are approved right away, you will receive an e-mail. If you submit your EOI application via fax or mail, a letter will be sent to your home notifying you of the approval.

### How will I be notified if I am denied?

If you are denied the requested coverage, a letter is sent to your home. This letter outlines why you were denied and gives you instructions on how you can appeal the decision.

### When does my coverage take effect?

Coverage is effective on the later of the date Sun Life approves your application in writing or the date your coverage is effective under your employer's group insurance policy, provided that you or your dependent(s) are eligible under the group policy.

### About privacy and security

In accordance with Sun Life's strict privacy practices, your answers to the Health History portion of the EOI application are completely confidential. Sun Life never shows them to your employer. Also, we do not share your e-mail address or other personal information with any third parties except as permitted or required by law. The website includes state-of-the-art security; any information entered is encrypted and transmitted using Secure Sockets Layer (SSL) technology.

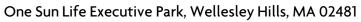
These instructions on how to submit an Evidence of Insurability form apply only to life and disability policies.

Group insurance policies are underwritten by Sun Life Assurance Company of Canada (Wellesley Hills, MA) in all states, except New York, under Policy Form Series 93P-LH, 98P-ADD, 07-SL, 01C-LH-PT, GP-A, GC-A, 12-GP-01, 12-DI-C-01, 13-SD-C-01, 12-SD-C-01, 12-AC-R-01, and 12-AC-R-02. Product offerings may not be available in all states and may vary depending on state laws and regulations.

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### Sun Life





Group Enrollment Form

Group Enro	llment Form							
One Sun Li	ssurance Company of Canad fe Executive Park Hills, MA 02481	da						
Employer use (cl	neck one): 🔲 New employ	yee 🗖 🤇	Change 🗀	COBR	A			
1. General Internal Employer Name			Account / Po	licy Nu	mber L	ocation		
•	Information		73.63.1		<u> </u>			
Employee's Full	Legal Name (First, M.I., La	st)			Male	Date of B	irth	
Street Address		City			Female State		Zip Code	
Occupation		Eligibility Clas	<b>s</b> (if applicable)	Social	Security	Number	Phone Num	ber
Date employed	: 🔲 Full-Time Date:				n from lay	yoff Date	2:	
	Part-Time Date:			Rehire	•			
	<b>Employment Type</b> s ☐ Full-Time ☐ Part-Tim	Earnings	Ş İy <b>□</b> Weekly	П Мо	nthly $\square$	Annually <b>F</b>	7 Other:	
when he/she is	t Information e this entire section if you a also insured as an employe is needed, please add ad Full legal name (Fire	ee for any ben ditional pag	efit under the	same po	olicy.		insured as a c	Student
				nu	ımber			Y/N
Spouse								
Children								
be done either du	olete all sections of the enrollr	within 31 days c	of your eligibility	date. Be	nefits con	npletely paic	by your emp	loyer
	y benefits") cannot be refused you which benefits are availal		•			-	available to y	ou. Your
Elect Refuse		. [						
	Dependent Basic Life	\$						

4.	<b>Benefit</b>	<b>Elections</b>	(continued)

4. Benefit Ele	ections (continued)						
Elect Refus	e Coverage						
	Employee Voluntary Life \$						
	Employee Matching Voluntary Accid	Employee Matching Voluntary Accidental Death & Dismemberment (AD&D)					
0 0	Spouse Voluntary Life \$	· · · · · · · · · · · · · · · · · · ·					
	Child Voluntary Life \$						
	ided benefitsYour employer pays the pre election is required.	emiums for the following bene	fits if you are eligible for th	nem. Enrollment			
☑ Employee Ba (AD&D)	sic Life and Accidental Death & Dismembern	nent 🗹 Long-Term Disal	oility (LTD)				
5. Beneficiar	y Designation Information						
On the lines be individuals as y necessary. If yo	ciary Designation low, list the individual(s) who should rec ou like, but the total proceeds must equ u do not name a beneficiary or if no ben with your Group insurance policy. Design	al 100%. This is your primary eficiary is alive at the time o	beneficiary. Attach add of your death, proceeds	litional pages if will be payable			
Primary Benefic	ciary(ies)			Percent share of proceeds*			
1 Name (First, M	.l., Last)	Relationship to employee	Social Security number	%			
Address		Phone number	Date of birth				
2 Name (First, M	I.I., Last)	Relationship to employee	Social Security number	%			
Address		Phone number	Date of birth				
			*	] Must equal 100%			
On the lines be not living at the	eficiary Designation low, list the individual(s) who should rece time of your death. This is your second y beneficiary is alive at the time of your	ary (or contingent) beneficia	ALL of the individuals lis ary. The Secondary bene	ted above are			
Secondary Ben	eficiary(ies)			Percent share of proceeds*			
1 Name (First, M	.l., Last)	Relationship to employee	Social Security number	%			
Address		Phone number	Date of birth				
2 Name (First, M	I.I., Last)	Relationship to employee	Social Security number	% 			
Address		Phone number	Date of birth				

\*Must equal 100%

### 6. Signature and authorization information

I understand that:

- I am requesting coverage under a Group Insurance policy offered by my employer. This coverage will end when my employment terminates, subject to any portability or continuation provisions available under the Group Insurance policy.
- My employer will deduct all or part of the premium for contributory coverage from my pay.
- If applying for coverage more than 31 days past my eligibility date, Evidence of Insurability may be required.
- For Life and Long-Term Disability insurance, Evidence of Insurability will be required for amounts over my Guarantee Issue for this enrollment.
- Increases to current Life benefits may require Evidence of Insurability.
- If I decline coverage for myself or, if applicable, for my family now and want it at a later date, I/we will have to submit an Evidence of Insurability application, if required for the elected coverage(s), to be approved by Sun Life Assurance Company of Canada (Wellesley, MA).
- Coverages include limitations, exclusions and a pre-existing conditions provision that may affect my entitlement to benefits.
- If I am not actively at work due to injury, illness, layoff or leave of absence on the date that any initial or increased coverage is scheduled to start under the plan, such coverage will not start until the date I return to work.
- When required by the coverage, if my spouse or any of my dependent children are confined due to an injury or illness, on the date that any initial or increased coverage is scheduled to start under the plan, such coverage may not start until the date they are no longer confined and are able to perform their normal activities.
- California law prohibits an HIV test from being required or used by health insurance companies as a condition of obtaining health insurance coverage.

By signing below, I am representing that the information I have provided is true and correct to the best of my knowledge and belief.

I confirm by signing below that I have minimal essential covers	age (major medical coverage).
X	
Employee Signature	Today's Date

**To the Employee:** Make a copy of this form for your records before submitting it to your employer. **To the Employer:** This original enrollment form should remain at the employer's site. Family status, coverage, or beneficiary changes should be recorded on another copy of the Enrollment Form.

Agent, Broker, and/or Enroller information:

### Contact us



### By mail

Sun Life One Sun Life Executive Park Wellesley Hills, MA 02481



www.sunlife.com/us



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