



DIOCESE OF SACRAMENTO

Office of Family and Faith Formation

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To: **PASTOR / PASTORAL STAFF / BULLETIN EDITOR**
From: Deacon Kevin Staszko, Director
Re: Please add these announcements to your website or bulletin (**English and Spanish Translation**)
Date: **Monday February 26th, 2024**

Included are new and current announcements from the Office of Family and Faith Formation. We would greatly appreciate if you could add these announcements to your website or online bulletin. If you have any questions, please contact Jazmin Ortiz (916) 733-0123.

New	Workshop: Autism – Changes and Challenges
English	
Saturday, March 23 from 10:00-12:00 pm Pastoral Center 2110 Broadway Sacramento Ca. 95818 When a person is diagnosed with autism, it impacts the whole family. This talk discusses ways to help the child and family adjust to common challenges and practical tips to help them reach their full potential. Join us on! There is no cost to attend this workshop. Please register at: https://www.scd.org/event/mcda-workshop Questions? Martha Haig - 916-733-0132 - mhaig@scd.org	

New	Workshop: Autismo – Ajustes Y Retos De La Familias
Spanish	
Sábado, 23 de marzo, 1:30 - 3:30 pm Centro Pastoral 2110 Broadway Sacramento Ca. 95818 Cuando una persona es diagnosticada con autismo, la familia también se ve involucrada. Se discutirán ideas y sugerencias para ayudar al niño y a la familia a adaptarse a la nueva situación, así como los desafíos comunes y consejos prácticos para alcanzar su máximo potencial. ¡Acompáñanos! ¿Preguntas? Martha Haig - mhaig@scd.org - 916-733-0132. Registrese: https://www.scd.org/event/mcda-workshop	

New	"Is Lent Enough"
English	
Loyola Press has resources for Catholic families wanting to improve the way they observe the Lenten season. This three minute audio reflection "Is Lent Enough" by Vinita Hampton Wright, gives every family something to aspire to. https://www.loyolapress.com/catholic-resources/liturgical-year/lent/perspectives-on-lent/videos/is-lent-enough/	

New

40 Lenten Lessons on the Mass

English

This Lent don't just give up candy and chocolates - do something more! In this video series, Father Rocky, from Revelant Radio, takes you all the way through the Mass, from the preparation to the final blessing.

Go to <https://Relevantradio.com> to sign up and watch