# Retreats for Healing after Abortion

**Rachel's Ministry** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful abortion emotions and begin the process of restoration, renewal and healing.

### **Upcoming Retreats:**

**English:** February 16-18, 2024 **Español:** 14-16 de junio de 2024

For more information, call 916.733.0161 or email projectrachel@scd.org. All messages are confidential.

#### Registration

The retreat weekend is designed for 12 to 15 participants. Registrations must be received five days prior to the start of the retreat. Interested participants will receive a registration packet and hold a phone appointment prior to being fully registered for the weekend. Learn more: https://www.scd.org/postabortioncare

#### Cost

The Rachel's Ministry retreat registration fee includes lodging for two nights, all meals and retreat materials. Financial assistance is available. Please call to discuss further.

## Find healing at Rachel's Ministry