



OFFICE OF CATHOLIC
CHARITIES & SOCIAL
CONCERN

DIOCESE OF SACRAMENTO
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To: Pastors, Administrators, Deacons, School Principals, DRE's and CRE's
From: Laura Rios, Coordinator
Re: **Feb 23 – April 9 – CRS Rice Bowl**
Date: February 6, 2023

Our Catholic community in the United States does something amazing each Lent. Through prayers, fasting and almsgiving, we give families around the world the tools they need to rise above poverty and provide for themselves—and their communities. During this Lent 2023, we encourage you to participate in the CRS Rice Bowl—Catholic Relief Services' Lenten program.

CRS Rice Bowl provides free resources to bring Lenten spirituality to life for families and parish and school communities, while connecting Catholics in the Diocese of Sacramento with our brothers and sisters in need around the world.

Here are some easy ways to get started:

Please be sure to order a CRS Rice Bowl and Lenten Calendar for each family in your community. These materials are available in both English and Spanish and are free of charge. You may also visit crsricebowl.org to find free additional resources, including:

- Lenten devotions and prayers
- Reflections for faith-sharing communities and youth ministry groups
- Lesson plans, videos and activity sheets for Catholic school educators and religious educators
- Ideas for community gatherings and simple Lenten meal events

If you have any questions about CRS Rice Bowl, please contact me at lrrios@scd.org 916-733-0251 or crsricebowl@crs.org.

Thank you for inviting families in your parish or school to an enriched Lenten journey through CRS Rice Bowl. Together, we'll make this year's CRS Rice Bowl effect greater than ever.

Please note that Food Bowl is now included in the CRS Rice Bowl Lenten Program.

Respectfully,

Laura Rios
Coordinator
Office of Catholic Charities and Social Concerns

