



## THE MIRACLE OF THE LOAVES AND FISHES

Giovanni Lanfranco (1624-1625)

## ADSUMUS, SANCTE SPIRITUS

We stand before You, Holy Spirit,  
as we gather together in Your name.

With You alone to guide us,  
make Yourself at home in our hearts;

Teach us the way we must go  
and how we are to pursue it.

We are weak and sinful;  
do not let us promote disorder.

Do not let ignorance  
lead us down the wrong path  
nor partiality influence our actions.

Let us find in You our unity  
so that we may journey together  
to eternal life and not stray from  
the way of truth and what is right.

All this we ask of You, who are  
at work in every place and time,  
in the communion of the Father  
and the Son, forever and ever.  
Amen.



DIOCESE OF  
SACRAMENTO



## JOURNEYING TOGETHER

*Please procure a time of silence, respectful sharing and listening  
for each reflection question.*

1. Reflecting on the image – what experiences of church come to your mind that are life giving?
2. What do you bring to this encounter with Jesus that is burdening and challenging?
3. Where do you sense the Spirit is leading you to grow more deeply, to engage more fully?
4. After we heard all this: What touches you the most? What begins to emerge? What is the most significant moment for you?