



JOURNEY
WITH
ST. JOSEPH

Pilgrim's Prayer Booklet

JOURNEY WITH ST. JOSEPH PILGRIMAGE

June 19 – December 7, 2021 · www.scd.org/journey-st-joseph

Most pilgrim sites are open Saturdays 8AM - 5PM. Pilgrims are always encouraged to call the parish office during weekday business hours to assist with planning.

PILGRIM MECHANICS

1. This Pilgrim's Prayer Booklet has been designed to prayerfully guide you through your pilgrimage. You may access a PDF downloadable version at www.scd.org/journey-st-joseph
2. Pilgrims may sign a guest book as they enter the pilgrim church. Pilgrims should venerate the Blessed Sacrament and proceed to the statue or image of St. Joseph.
3. The last church to be visited will be the St. Joseph Church nearest your parish, or your own parish named after him.

GUIDELINES UPON VISITING THE PILGRIM CHURCHES

1. Pilgrims must pray the Act of Consecration to St. Joseph at the image of St. Joseph or some prescribed prayers for St. Joseph especially the ones in this pilgrim's prayer booklet.
2. If possible, pilgrims are encouraged to attend the celebration of the Eucharist and/or receive the Sacrament of Reconciliation in one of the pilgrim churches.
3. Always follow diocesan-prescribed protocols for COVID-19.
4. Pilgrims are encouraged to bring something for the poor (including non-perishable groceries, food vouchers, visa cards, etc.) to one of the pilgrim churches.

SPECIAL TIPS

1. **The Pilgrimage is about 6 months long.** There is enough time to complete the journey, but expect that the number of pilgrims will be doubled as the period comes to a close.
2. Visiting pilgrim churches will generally be available **every Saturday from 8AM-5PM**. Please arrange the visit or call the parish office if you plan to visit the pilgrim church outside the Saturday schedule, attend Mass, or go to Confession. Note that there might be a baptism, wedding, funeral, etc. happening while you visit the church. It is advised that pilgrims remain quiet and respect the on-going event.
3. Note that some churches ask that you **call ahead at least five (5) days in advance** of your visit. It is important to contact the parish office to make an appointment especially when you are with a group.
4. **Wear comfortable clothing.** Always consider clothing that shows reverence for our Lord.
5. **Offer Masses** or make prayer intentions for the poor souls in purgatory, praying for a happy death, or good health, etc.
6. **Offer an intention** for the elderly, the ill, the dying, and those who are unable to leave the house for health reasons. Pray especially for your discomforts and challenges during these trying times of this pandemic.
7. **Discover each virtue of St. Joseph** in our lives and grow in our faith: a beloved father; a tender and loving father; an obedient father; an accepting father; a creatively courageous father; a working father; and a father in the shadows.



PLENARY INDULGENCE DURING THE YEAR OF ST. JOSEPH

The gift of the Indulgences that the Apostolic Penitentiary kindly bestows during the Year of Saint Joseph, through this Decree issued according to Pope Francis' wish, will contribute greatly to the perfect accomplishment of the designated purpose.

The Plenary Indulgence is granted under the customary conditions (sacramental confession, Eucharistic communion and prayers according to the Holy Father's intentions) to the faithful who, with a soul detached from any sin, shall participate in the Year of Saint Joseph, in the occasions and with the modalities indicated by this Apostolic Penitentiary.

— a. Saint Joseph, an authentic man of faith, invites us to rediscover our filial relationship with the Father, to renew our devotion to prayer, to dispose ourselves to listen and correspond with profound discernment to God's will. The Plenary Indulgence is granted to those who shall contemplate the Lord's Prayer for at least 30 minutes, or participate in a Spiritual Retreat of at least one day which involves a meditation on Saint Joseph;

— b. The Gospel attributes to Saint Joseph the appellation "just man" (cf. Mt 1:19): he, guardian of the intimate secret that lies right at the bottom of the heart and soul", depository of the mystery of God and therefore an ideal patron of the internal forum, spur us to rediscover the value of silence, prudence and integrity in carrying out our duties. The virtue of justice practiced by Saint Joseph in an exemplary manner is full adherence to divine law, which is the law of mercy, "for it is the very mercy of God that brings true justice to fulfilment". Therefore those who, after the example of Saint Joseph, shall fulfil a work of corporal or spiritual work of mercy, will likewise be able to attain the gift of the Plenary Indulgence;

— c. The primary aspect of Saint Joseph's vocation was that of being guardian of the Holy Family of Nazareth, spouse of the Blessed Virgin Mary and legal father of Jesus. In order that all Christian families may be inspired to recreate the same atmosphere of intimate communion, love and prayer that was lived by the Holy Family, the Plenary Indulgence is granted for the recitation of the Holy Rosary in families and among betrothed;

— d. The Servant of God Pius XII, on 1 May 1955 instituted the Feast of Saint Joseph the Worker, "with the intent that the dignity of work be recognized by all, and that it inspires social life and laws, based on the fair distribution of rights and duties". Therefore the Plenary Indulgence may be obtained by those who shall daily entrust their life to the protection of Saint Joseph, and all faithful who shall invoke through prayer the intercession of the Worker of Nazareth, so that those in search of work may find employment and the work of all people may be more dignified;

— e. The flight of the Holy Family to Egypt "shows us that God is there where man is in danger, where man suffers, where he runs away, where he experiences rejection and abandonment". The Plenary Indulgence is granted to the faithful who shall recite the Litanies to Saint Joseph (for the Latin tradition), or the Akathistos to Saint Joseph, in their entirety or at least some part of it (for the Byzantine tradition), or some other prayer to Saint Joseph, proper to other liturgical traditions, in favour of the Church persecuted ad intra and ad extra and for the relief of all Christians who suffer any form of persecution.

Cardinal Mauro Piacenza
Major Penitentiary





ST. JOSEPH PARISH AUBURN

1162 LINCOLN WAY, AUBURN 95603 • 530-885-2956

MONTHLY PRAYER INTENTIONS OF THE HOLY FATHER

June - The Beauty of Marriage: Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience.

July - Social Friendship: We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

August - The Church: Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

September - An Environmentally Sustainable Lifestyle: We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

October - Missionary Disciples: We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavor of the Gospel.

November - People Who Suffer from Depression: We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.

December - Catechists: Let us pray for the catechists, summoned to announce the Word of God: may they be its witnesses, with courage, creativity, and in the power of the Holy Spirit.





**ST. JOSEPH PARISH
CLARKSBURG**

32890 SOUTH RIVER ROAD, CLARKSBURG 95612 • 916-665-1132

PRAYER OF POPE FRANCIS TO ST. JOSEPH

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy, and courage,
and defend us from every evil.

Amen.

from Patris Corde (With a Father's Love)

*Please call St. Joseph Parish in Clarksburg at least five (5) days
in advance of your visit. Thank you for your cooperation.*





ST. JOSEPH PARISH ELK GROVE

9961 ELK GROVE-FLORIN ROAD, ELK GROVE 95624 • 916-685-3681

THE CHAPLET OF ST. JOSEPH

The Chaplet of St. Joseph is divided into fifteen groups of four beads consisting of one white and three purple beads. The white bead symbolizes St. Joseph's purity, and the purple beads his saintly piety. A mystery of the Rosary is considered on each white bead, and two Hail Marys are said.

On the purple beads say:

Praised and blessed be Jesus, Mary, and Joseph!

The chaplet is ended with the following prayer:

V. Pray for us, O holy St. Joseph!

R. That we may be worthy of the promises of Christ!

Let us pray:

O, God, Who had predestined St. Joseph for all eternity for the service of Your Eternal Son and His Blessed Mother, and made him worthy to be the spouse of the Blessed Virgin and the foster father of Your Son: we beseech You, through all the services he has rendered to Jesus and Mary on earth, that You would make us worthy of his intercession and grant us to enjoy the happiness of his company in heaven.

Through Christ our Lord.

Amen.





ST. JOSEPH PARISH
LINCOLN

280 OAK TREE LANE, LINCOLN 95648 • 916-645-2102

PRAYER TO ST. JOSEPH

Oh dear Saint Joseph, our patron saint,
you are the chaste and loving spouse of the Virgin Mary,
the foster father of our divine Savior, Jesus Christ,
the protector and provider of the Holy Family
and of all families.

We have complete confidence in your loving care
for new life and in your fidelity to the family.
We commend our efforts to your prayers and protection.
Help us always to defend the gift of human life
that it may grow to the abundance of eternal life
promised and bestowed on us by your Son,
our Lord and Savior, Jesus Christ.

Amen.





ST. JOSEPH PARISH MARYSVILLE

702 C STREET, MARYSVILLE 95901 • 530-742-6461

PRAYER OF CONSECRATION TO ST. JOSEPH

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your “Holy House.” Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way.

O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings.

Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity.

Amen.

Please call St. Joseph Parish in Marysville at least five (5) days in advance of your visit. Thank you for your cooperation.





ST. JOSEPH PARISH
McCLOUD

213 COLOMBERO DRIVE, McCLOUD 96057 • 530-926-4477

THE SEVEN SORROWS OF ST. JOSEPH

1. His doubts about Mary. *Matthew 1:19*
2. His pain at the lowly poverty of Jesus' birthplace. *Luke 2:7*
3. Watching the circumcision, Jesus' first blood spilt for us.
Luke 2:21
4. Listening to the painful prophetic message from Simeon.
Luke 2:34
5. Having to take the Holy Family into exile. *Matthew 2:14-15a*
6. The hard trip back from Egypt. *Matthew 2:22*
7. The loss of Jesus for three days. *Luke 2:43-45*

THE SEVEN JOYS OF ST. JOSEPH

1. The angel's message of joy. *Matthew 18:20*
2. The Savior's birth. *Luke 2:10-11*
3. Having the honor of naming Jesus. *Matthew 1:24-25*
4. Knowing the effects of Jesus' redemptive work. *Luke 2:38*
5. The idols of Egypt fell at Jesus' feet. *Isaiah 19:1*
6. Holy life with Jesus and Mary. *Luke 2:39-40*
7. Finding Jesus after three days. *Luke 2:46-47*





ST. JOSEPH PARISH REDDING

2040 WALNUT AVENUE, REDDING 96001 • 530-243-3463

EXCERPT FROM THE LITANY OF ST. JOSEPH

For the full Litany of St. Joseph, visit www.scd.org/journey-st-joseph

- Saint Joseph, pray for us.
- Noble son of the House of David, pray for us.
- Light of patriarchs, pray for us.
- Husband of the Mother of God, pray for us.
- Guardian of the Virgin, pray for us.
- Foster father of the Son of God, pray for us.
- Faithful guardian of Christ, pray for us.
- Head of the Holy Family, pray for us.
- Joseph, chaste and just, pray for us.
- Joseph, prudent and brave, pray for us.
- Joseph, obedient and loyal, pray for us.
- Pattern of patience, pray for us.
- Lover of poverty, pray for us.
- Model of workers, pray for us.
- Example to parents, pray for us.
- Guardian of virgins, pray for us.
- Pillar of family life, pray for us.
- Comfort of the troubled, pray for us.
- Hope of the sick, pray for us.
- Patron of the dying, pray for us.
- Terror of evil spirits, pray for us.
- Protector of the Church, pray for us.
- Protector of the Redeemer, pray for us.
- Servant of Christ, pray for us.
- Minister of salvation, pray for us.
- Support in difficulty, pray for us.
- Patron of refugees, pray for us.
- Patron of the afflicted, pray for us.
- Patron of the poor, pray for us.





ST. JOSEPH PARISH
RIO VISTA

130 SOUTH 4TH STREET, RIO VISTA 94571 • 707-374-2155

PRAYER BEFORE WORK TO ST. JOSEPH THE WORKER

O Glorious Saint Joseph, model of all those who are devoted to labor, obtain for me the grace to work in a spirit of penance for the expiation of my many sins; to work conscientiously, putting the call of duty above my natural inclinations; to work with thankfulness and joy, considering it an honor to employ and develop by means of labor the gifts received from God; to work with order, peace, moderation, and patience, never shrinking from weariness and trials; to work above all with purity of intention and detachment from self, keeping unceasingly before my eyes death and the account that I must give of time lost, talents unused, good omitted, and vain complacency in success, so fatal to the work of God.

All for Jesus, all through Mary, all after thy example, O Patriarch, Saint Joseph. Such shall be my watch-word in life and in death. Amen.

Composed by Pope St. Pius X





ST. JOSEPH PARISH
SACRAMENTO

1717 EL MONTE AVENUE, SACRAMENTO 95815 • 916-925-3584

MEMORARE TO ST. JOSEPH

Remember, O most pure spouse of the Blessed Virgin Mary, my great protector, Saint Joseph, that no one ever had recourse to your protection, or implored your aid without obtaining relief.

Confiding therefore in your goodness, I come before you.

Do not turn down my petitions, foster father of the Redeemer, but graciously receive them.

Amen.





ST. JOSEPH PARISH
VACAVILLE

1791 MARSHALL ROAD, VACAVILLE 95687 • 707-447-2354

DAILY NOVENA PRAYER TO ST. JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, do assist me by your powerful intercession and obtain for me from your divine Son all spiritual blessings through Jesus Christ, Our Lord, so that having experienced here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O Saint Joseph, I never weary of contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Hold Him close in my name and kiss His fine head from me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me.

Amen.





ST. JOSEPH PARISH YREKA

312 FOURTH STREET, YREKA 96097 • 530-842-4874

TO YOU, O BLESSED JOSEPH (AD TE, BEATE IOSEPH)

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.

Amen.

*This prayer to Saint Joseph—spouse of the Virgin Mary, foster father of Jesus, and patron saint of the universal Church—was composed by Pope Leo XIII in his 1889 encyclical, *Quamquam pluries*. He asked that it be added to the end of the Rosary, especially during the month of October, which is dedicated to the Rosary. The prayer is ordinarily enriched with a partial indulgence. During the Year of Saint Joseph, however, the use of this prayer has been included among those enriched with a plenary indulgence. (Source: USCCB)*



ST. JOSEPH, PRAY FOR US!

DIocese of SACRAMENTO • ST. JOSEPH PARISHES



1. YREKA

2. MC CLOUD

3. REDDING

4. MARYSVILLE*

5. LINCOLN

6. AUBURN

7. SACRAMENTO

8. CLARKSBURG*

9. ELK GROVE

10. VACAVILLE

11. RIO VISTA

* PLEASE CALL AT LEAST FIVE (5) DAYS IN ADVANCE OF YOUR VISIT