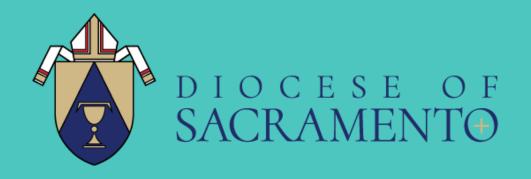
# GOD IS NOT DONE WITH YOU!



# JCILRNFIL



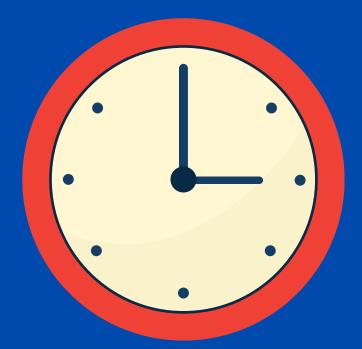
Office of Youth and Young Adult Minisry

As disciples we are called to continuously deepen our relationship with Christ, that's where retreats can help! We take time to reflect on the changes around us and within us, sharing our findings with Christ.

So as you begin your
Confirmation Retreat, choose a
time and place where you are
going to be setting up your
altar and listening to the online
talks. Use that same space to
answer the questions in this
journal.

# GOD IS NOT DONE LITH YOU!





## YOUR REFLECTION TIME

After watching the Videos each day, we invite you to take a moment of silence and meditate on what God is telling you in your heart.

- What is one thing you heard that was new to you?
- What is God inviting you do after watching the video?
- Be open in your listening and honest with yourself...
- Then answer the day's questions.....







# PREPRE THE LIRY

What do I need from God? What have I
learned about God? Jesus? The Holy Spirit?
The Church? What is my expectation of this
retreat? Of my Confirmation?
"The secret of happiness is to live
moment by moment and to thank God"
St. Gianna Molla



# DRY ONE

What is preventing me from opening the
gifts of the Holy Spirit in my life? How will
my transformed life look like?
"The world offers you comfort, but you
were not made for comfort. You were
made for greatness." Pope Benedict XVI



#### DRY ONE - CALL TO ACTION

What are your gifts?
Write down at least one gift that God has
given you and place it on your altar.
"In the Sacrament of Confirmation, the baptized
person is "sealed with the gift of the Holy Spirit" and
is strengthened for service to the Body of Christ."



### DRY TUO

How can I devote my life to being covered in
the dust of my rabbi, Jesus? What do I
doubt about myself? What actions can l
take as disciples of Jesus?
And Jesus said to them, "Follow Me"
cf Mt 4:19



#### DAY THO - CALL TO ACTION

Make a short video or type who in your
life you see as a Disciple. Take a picture
or post a picture.
Get off the couch and connect with the mission for all
baptized to give witness, no matter what our age is.



# DRY THREE

How can I improve my two way
communication with God? What do I want to
say to God? What is God telling me?
"We cannot all do great things, but we
can do small things with great love." St.
Mother Teresa of Calcutta



#### DRY THREE- CALL TO ACTION

Take a look at the saint on your altar or
your patron saint and research how
he/she prayed. catholicsaints.info
"Do not be anxious about anything, but in
everything by prayerlet your requests be
made known to God." Phil 4,6



### DRY FULR

What are your gifts and talents? What do
you love to do? What is holding you back
from your mission as Jesus' disciples? What
is the Holy Spirit calling you to do with your
gifts?
The Holy Spirit moves us to imitate
the love and service of Christ and
the saints



#### DRY FOUR- CALL TO ACTION

What are your gifts?
Create a short video describing your
talent(s). Take a picture of you using
your talent
"It isn't good to let our thoughts disturb us
or worry us at all." St. Teresa of Ávila



# DRY FIVE

Have you had a moment that changed your life? Was there a time when you felt darkness or alone like an outcast? What are the blind spots that prevent you from reaching out to Jesus for mercy? How can Jesus heal your heart? Who are the people in your life that you can turn to when you need Jesus' healing presence? "If God sends you many sufferings it is a sign that He has great plans for you, and certainly wants to

CONFIRMATION RETREAT



#### DRY FIVE- CALL TO ACTION

Place the name(s) of a loved one or
loved ones at the altar that need God's
love and pray a Rosary for them.
"The Holy Spirit helps us in our weakness. For
we do not know what to pray for" cf Rm 8, 26



#### POST RETREAT

Make a plan to
<ul> <li>Go to Mass in person or virtual</li> </ul>
<ul> <li>Go to confession</li> </ul>
• Pray
• Read Scripture. Starts with the
readings from Mass.
<ul> <li>Take time to see how you are using</li> </ul>
your gifts and talents each day.
<ul> <li>Look around to see who needs</li> </ul>
prayer or help.
<ul> <li>Thank someone for their example</li> </ul>
and love
We are sent out to act on behalf of the poor and vulnerable,
promoting the life and dignity of every human person.





#### **CREDITS**

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- Cofirmation sitations:
   https://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/confirmation
- Saint quotes:
   https://mycatholic.life/inspiring-quotes/



