

# Diocesan Respect Life Novena



January 14-22, 2021

## **SUPPORT LOCAL MOMS IN NEED**

Donate now to receive a Diocese of Sacramento Respect Life Packet which includes a "Protect Every Life" mask, digital Novena prayer card, Young Saint cards, and additional Respect Life information. Proceeds will go to Sacramento Life Center, Gabriel Project, and Bishop Gallegos & Mother Teresa Maternity Homes.

[www.scd.org/protecteverylife](http://www.scd.org/protecteverylife)



# *What is a novena?*



The word “novena” is derived from the Latin word for nine, or “novem.” Typically, a novena refers to nine days of prayer, asking God for a specific intention, often through a Saint’s intercession. Novenas are a beautiful way to grow purposeful, consistent, and persistent in daily prayer.

Our Diocesan Respect Life Novena is dedicated to those babies who have been aborted, for those mothers who have suffered a loss of a child, and mothers in need.

## *How to Pray a Novena?*

Step 1: Make the Sign of the Cross

Step 2: Pray for the intercession of the day

Step 3: Our Father, 3 Hail Marys, Glory be

Step 4: Pray the closing prayer and prayer of the Young Saint card

Step 5: End with Sign of the Cross



# DAY ONE

## January 14, 2021

### Intercession

For an end to legal abortion in our nation and for the conversion of all hearts, so that the inherent rights of every human being be upheld.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*Heavenly Father,  
thank you for the precious gift of life.*

*Help us to cherish and protect this gift, even in the midst of fear,  
pain, and suffering. Give us love for all people, especially the  
most vulnerable, and help us bear witness to the  
truth that every life is worth living.*

*Grant us the humility to accept help when we are in need, and  
teach us to be merciful to all. Through our words and actions,  
may others encounter the  
outstretched hands  
of Your mercy.*

*We ask this through  
Christ, our Lord. Amen.*



Prayer to Saint Joan  
of Arc

Prayer on the back of the  
prayer card



# DAY TWO

## January 15, 2021

### Intercession

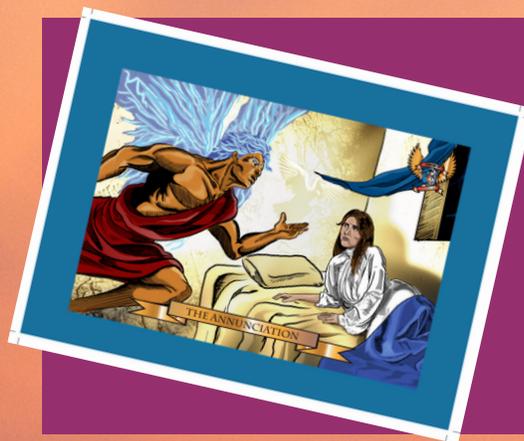
May every expectant mother receive compassionate care and support as she nurtures the life in her womb.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*O Blessed Mother, you received the good news of the incarnation of Christ, your Son, with faith and trust. Grant your protection to all pregnant mothers facing difficulties. Guide us as we strive to make our parish communities places of welcome and assistance for mothers in need. Help us become instruments of God's love and compassion. Mary, Mother of the Church, graciously help us build a culture of life and a civilization of love, together with all people of good will, to the praise and glory of God, the Creator and lover of life. Amen.*



### The Annunciation

Pray The Angelus on the back of prayer card

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# DAY THREE

## January 16, 2021

### Intercession

May expectant mothers choosing adoption receive grace and support in embracing this loving option.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*Heavenly Father,  
bless all expectant mothers who are placing their children for adoption and who may also be young and afraid. They love their children so much that they are willing to place them with a loving family. Bless, too, all the women who already have shown the sacrificial nature of a mother's love in making adoption plans for their children. Give them all your courage and your peace, through Christ our Lord. Amen.*



Prayer for the  
Intercession of  
Blessed Chiara  
Badano  
Prayer on the back of  
prayer card



# DAY FOUR

## January 17, 2021

### Intercession

May expectant fathers, especially those who are very young: that through the intercession of Saint Joseph, they may lovingly support the mothers of their children in welcoming new life.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*O Holy Joseph,  
protector and provider of the Holy Family  
and all families, through your intercession  
may God grant all expectant mothers the grace to cherish  
the new life within their wombs. May mothers and fathers  
realize that their baby is a gift from God and have the  
courage to choose life for their child. Through the Mystery of  
Baptism may the parents and newborns become children of  
God and heirs to eternal life in Christ. Amen.*



Prayer to Saint  
Dominic Salvo

Prayer on the back of  
prayer card



# DAY FIVE

## January 18, 2021

### Intercession

May each person suffering from the loss of a child through abortion or miscarriage find hope and healing in Christ.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*Eternal Father,*

*Source of all mercy and love, out of love for us you sent your Son, and willed that blood and water flow from his side to cleanse us of sin and restore lost innocence. Give parents the consolation to believe that their child is now living in the Lord.*

*We ask this through Christ our Lord, who conquered sin and death, and who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.*

*Amen.*



Prayer to Saint Carlo Acutis

Prayer on the back of prayer card

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## January 19, 2021

### Intercession

For parents facing an unexpected pregnancy, that they lovingly accept the precious life God has entrusted to their care.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*Humble Mary of Nazareth, you were chosen by God to bear within you our world's greatest gift, the Savior of all humanity. I come to you now on behalf of all pregnant mothers who prays for the health and safety of the child that God has graced her to conceive. Guard this life that God has created, and protect the mother God has chosen for this child. Let your gently hands, like that of a skilled physician, assist in her delivery so that this baby will know good health and lasting happiness. May her child be favored with the grace of Holy Baptism, and grow to love our Lord Jesus Christ above all else in this world.  
Amen.*



Prayer to the Lily of Mohawks

Prayer on the back of prayer card



# DAY SEVEN

## January 20, 2021

### Intercession

May all who support or participate in abortion experience a conversion of heart to seek and receive the Lord's boundless mercy.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering.*

*Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living.*

*Grant us the humility to accept help when we are in need, and teach us to be merciful to all.*

*Through our words and actions, may others encounter the outstretched hands of Your mercy. We ask this through Christ, our Lord. Amen.*



Prayer of Saint Germaine

Prayer on the back of prayer card



# DAY EIGHT

## January 21, 2021

### Intercession

For the children who have died from abortion in our nation, and for their mothers and fathers, for mercy, peace and the loving embrace of Christ.



### Prayers

Our Father, 3 Hail Marys, Glory Be

*O Mary, bright dawn of the new world,  
Mother of the living, to you do we entrust the cause of life:  
Look down, O Mother, upon the vast numbers of babies not allowed  
to be born, of the poor whose lives are made difficult, of men and  
women who are victims of brutal violence, of the elderly and the sick  
killed by indifference or out of misguided mercy. Grant that all who  
believe in your Son may proclaim the Gospel of life with honesty and  
love to the people of our time. Obtain for them the grace to accept  
that Gospel as a gift ever new, the joy of celebrating it with gratitude  
throughout their lives and the  
courage to bear witness to it  
resolutely, in order to build,  
together with all people of good  
will, the civilization of truth  
and love, to the praise and  
glory of God, the Creator  
and lover of life. Amen.*



Prayer to Saint  
Dymphna

Prayer on the back of  
prayer card



# DAY NINE

## January 22, 2021

### Intercession

May all unborn children be protected in law, in every stage and circumstance and be welcomed in love.

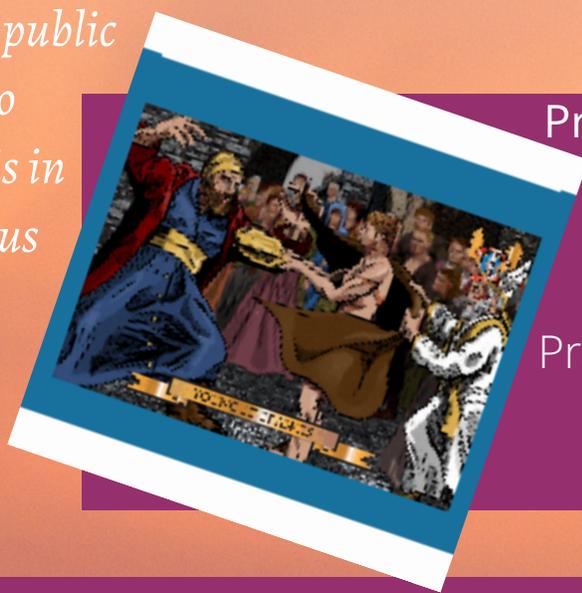


### Prayers

Our Father, 3 Hail Marys, Glory Be

*Virgin of Guadalupe, Patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life. Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son. Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens. Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public*

*life, to speak for those who have no voice. We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself.  
Amen.*



Prayer of Saint Francis of Assisi

Prayer on the back of prayer card

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