

2020 Reta Trust Live Well Program

Logging in to your WebMD Portal



WebMD
health services

+



Reta
A Catholic Healthcare Trust

Reta Trust – Log In

Reta Members can visit www.retatrust.org and click the **Log In** button in the upper right.

Real People. Real Reta.

There are good reasons why Reta continues to add new members as they bring increasing value to those they serve. But this story is best told by the *Real People of Reta.*



 Play Video

JIM CARNEY
CHIEF FINANCIAL OFFICER
DIOCESE OF HELENA, MT



Quality Healthcare. Catholic Values.

Welcome to Reta. We are a non-profit employer trust that has provided affordable, quality healthcare for employees and members of Catholic organizations nationwide for over 40 years.

Importantly, all Reta healthcare plans are designed to comply with the Ethical and Religious Directives of the Catholic Church.

RetaMembers
and Employers

LOG IN

For Help Call
877-303-7382

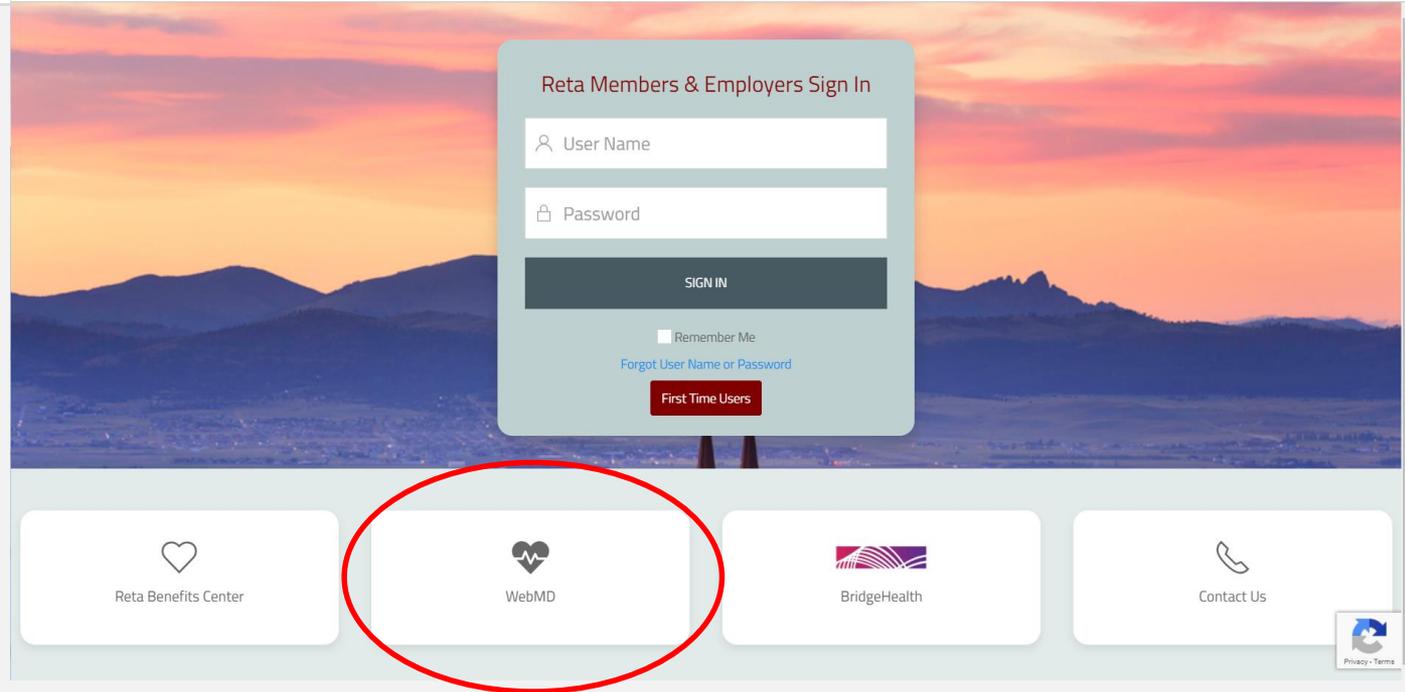
Click below to learn more

- ▶ Reta Benefits Center (RBC)
- ▶ Reta Wellness - Spouse Login
- ▶ Reta Leadership Info

- ▶ About Reta
- The Reta Advantage
- Member Organizations
- Reta Leadership
- Contact Us
- Home**

Choose WebMD

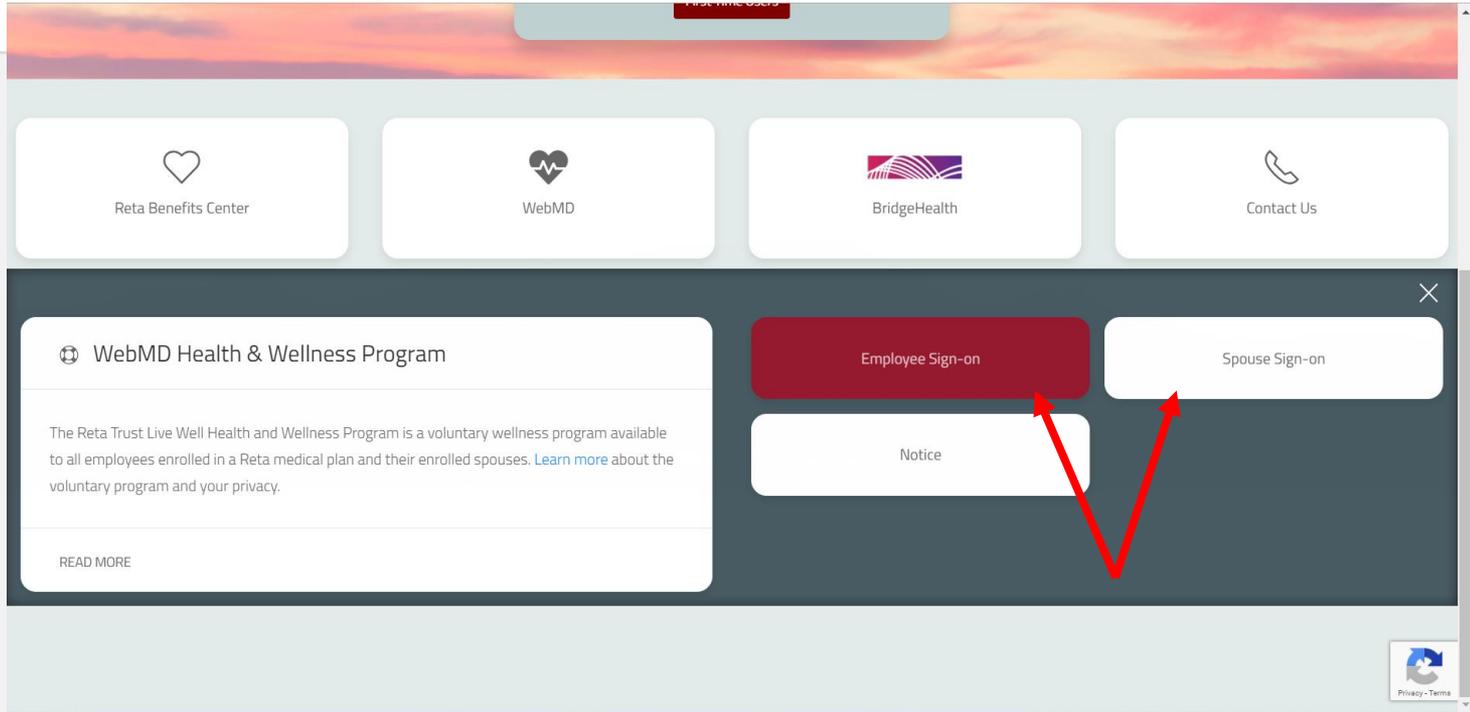
Click WebMD



Choose Sign-On

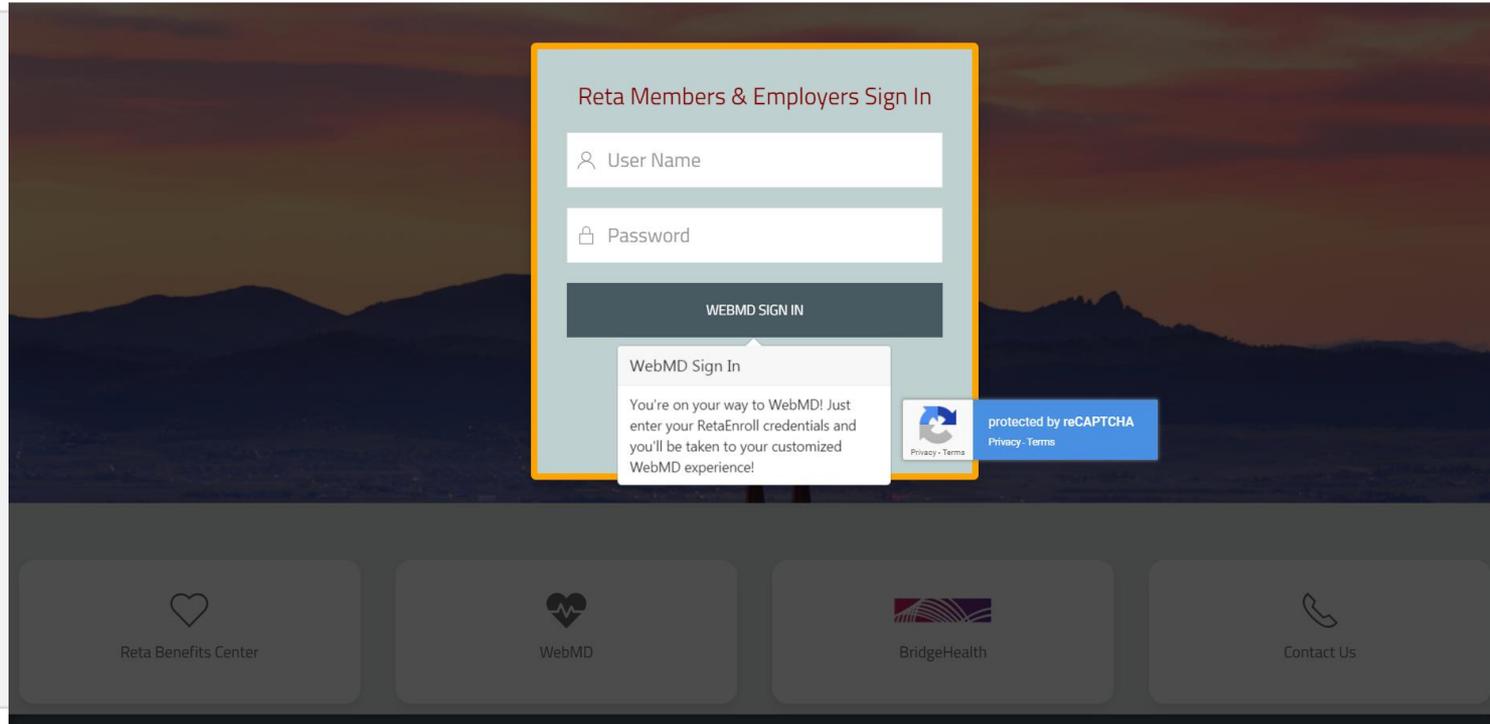
Employees can click **Employee Sign-On**.

Spouses can click **Spouse Sign-On**.



Employees Sign In

Employees will need to enter their RetaEnroll credentials.



WebMD Login

First time users must **Register** and create a WebMD account.

Spouses will always be taken to this page to **login** to their WebMD Portal.



Sign in

Username

Enter a username to sign in.

Password

Enter a password to sign in.

SIGN IN

Forgot username or password?

Don't have an account yet?

CREATE ACCOUNT

What is Reta Trust Live Well Health and Wellness Program?

Reta Trust Live Well Health and Wellness Program is a partnership between Reta Trust and WebMD to help you bring out your best. Based on your personal needs and interests, it will help you set goals, track your progress, keep you motivated, and provide valuable information along the way. Simply register to get started with our programs and services.

WebMD ONE Home Page

Start earning Rewards

Complete the HealthQuotient (HQ)

Schedule Your Biometric Screening

The screenshot shows the WebMD ONE Home Page interface. At the top right, the Reta A Catholic Healthcare Trust logo is visible. Below it, a navigation bar contains three tabs: "My Health", "Goals", and "Rewards". The "Rewards" tab is circled in red. Below the navigation bar, a personalized greeting "Hello, TestFirstName" is displayed against a mountain background. A secondary navigation bar includes links for "Home", "Asthma", "Sleep", "Stress", "Weight", and "EDIT". The main content area is divided into two sections: "Recommended For You" and "From Your Sponsor". Each section contains three promotional cards. In the "Recommended For You" section, the "HealthQuotient" card is circled in red. In the "From Your Sponsor" section, the "Complete Your Screening!" card is circled in red. A "SEE ALL" link is present at the end of each section.

My Health Goals **Rewards**

Hello, TestFirstName

Home Asthma Sleep Stress Weight EDIT

Recommended For You [SEE ALL](#)

- THE FIVE TO THRIVE NUTRITION CHALLENGE**
Join the Nutrition Challenge!
Eat your way to better health.
[SIGN UP TODAY](#)
- HealthQuotient**
Get more out of your experience by completing your assessment.
[GET YOUR SCORE](#)
- Coaching**
Reach your goals with help from a professionally trained Health Coach.
[CONNECT](#)

From Your Sponsor [SEE ALL](#)

- Preventive Health Exam**
Bring this form with you to your next doctors visit to earn Rewards Dollars!
[VISIT YOUR DOCTOR](#)
- Complete Your Screening!**
Get your biometric screening by 12/13 with Quest and earn \$50 towards Rewards!
[START HERE](#)
- Annual Physical Exam**
Don't forget - You can earn \$150 for completing your Annual Physical and turning in the form by 12/14!
[GET THE FORM](#)

WebMD Customer Service

(866) 302-6343

- WebMD portal registration issues
- Username or password issues for spouses
- Rewards questions
- Assistance completing the Health Quotient (HQ)
- Requests for paper HQ
- Questions about the Health Coaching program or My Health Assistant



