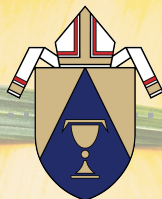


Diocese of Sacramento

HOLY WEEK AT HOME



AN AT-HOME RETREAT FOR FAMILIES

DAY 5

1. **Pray** – Together, as a family, pray the *Hail Mary*

2. **Activity** – Last Supper Skit

Use the Skit Script to assign roles to your family and act out the last supper! (*Script at the end of this day*)

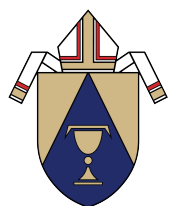
3. **Read** – Mark 14:17-26, 32-35, 43-50 (*Luke 22:14-23, 39-53 optional addition*)

4. **Reflect** – Spend some time quietly reflecting with your family on the skit that you reenacted as well as the reading from Mark. Notice Jesus' continual love despite knowing he was going to be betrayed. Imagine Jesus coming to find Peter, James, and John asleep three times after asking them to stay awake.

5. **Discuss** – Oftentimes we can find it difficult to forgive people for doing wrong to us. Recall the Last Supper and Agony in the Garden. Take this time now to discuss as a family:

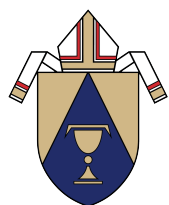
- ❖ Did anything surprise you in the story of the Last Supper?
- ❖ What do you think the significance is of Jesus calling Peter, "Simon" when he asked him if he was asleep?

6. **Practice** – Tonight, as a family, pick a time to pray the Our Father slowly and sincerely. Think of those who you are struggling to forgive and offer them up to our Lord.



Bishop Jaime Soto invites the faithful of the Diocese of Sacramento to join him via livestream for Holy Thursday at 7pm at

www.scd.org/live



Bishop Jaime Soto invites the faithful of the Diocese of Sacramento to join him tomorrow via livestream for Good Friday at 12 noon at

www.scd.org/live