

ROMAN CATHOLIC
DIOCESE of
SACRAMENTO

ANNUAL ADMINISTRATIVE WORKSHOP

AGENDA

- 2020 Employee Benefits Program
 - ✓ Important Open Enrollment Dates and Notifications
 - ✓ Benefit Offerings from Reta
 - ✓ What's changing for 2020
- Benefits Reminders
 - ✓ Reviewing RETA/BAS invoices with ADP Deductions
 - ✓ Mandatory Life Insurance for Eligible Employees
 - ✓ Insurance Waivers
 - ✓ Qualifying Life Event Process
- Personnel Reminders and Updates



2020 EMPLOYEE BENEFITS PROGRAM



OPEN ENROLLMENT 05/04-05/26

- Benefit Plans offered through Reta effective July 1, 2020
 - Anthem Blue Cross same as current
 - Kaiser Permanente same as current
 - Sutter Health | Aetna same as current
 - EnvisionRx same as current
 - Delta Dental same as current
 - VSP Vision same as current
 - Sun Life Financial same as current
- Enrollment is <u>Passive</u> (changes only)
- You will be mapped to the same plan/ tier if you take no action
- Even though it is a passive year, we still want employees to go online and review personal, dependent, benefits, and service information
- Training Tuesday's will begin featuring OE topics on April 28, 2020



ENROLLMENT PROCESS

- The benefits open enrollment process is completely online through RetaEnroll.
- The enrollment site is available 24 hours a day, 7 days a week during the Open Enrollment period. When you are ready to make your elections, follow these six steps:
 - 1. Go to www.retatrust.org and click the Log In button in the top right hand corner.
 - 2. Enter your User Name and Password.
 - 3. Add or confirm your mobile phone number.
 - 4. Follow the easy enrollment steps in the Open Enrollment Wizard.
 - 5. Review and confirm your elections, making changes as necessary.
 - 6. Print your benefits confirmation statement.



ENROLLMENT PROCESS CONT.

- Paper enrollment will be available for employees with no internet access.
- Changes to an employee's elections are to be updated by the Location Administrator in the RetaEnroll site.
- Please follow these steps to complete paper enrollment:
 - Provide paper enrollment kit.
 - Once you receive completed enrollment worksheet, input member elections in the Reta Enroll site.
 - Prepare Benefits Payroll
 Deductions forms accordingly.

- Paper Enrollment Kit should include the following:
 - Paper Enrollment Memo (available online at scd.org)
 - Benefits Statement for Current Plan Year (available online through Reta Enroll)
 - Enrollment Worksheet (available online at scd.org)
 - 2020-2021 Diocese Lay Benefit Booklet & Rate Sheet (available online at scd.org)





Anthem PPO-1119

- You get access to a large number of doctors.
- You don't need a referral to see specialists.
- The plan covers services from almost any doctor or hospital, but you pay less when using a doctor from the preferred provider organization (PPO) plan.
- EnvisionRx provides the pharmacy benefits.





Your PPO Plan

			In-Network	Out-of-Network
	PPO 750		Anthem PPO Providers	Non-PPO Providers
	Deductible	Individual / calendar year	\$750	\$1,500
	Office visits	Doctor	\$20 copay (deductible waived)	70%*
		Specialist	\$35 copay (deductible waived)	70%*
		Preventive Care	No cost (deductible waived)	70%
1		Hospitalization	90%	70%*
7 7	Other services	Emergency services 90% plus	90% plus \$100 copay waived if admitted	90% plus \$100 copay waived if admitted
		Lab/X-ray	90%	70%*
	Out of Pocket Amount	Individual/ Per calendar year	\$3,000	\$6,000





Anthem EPO-1139

- EPO plans combine the flexibility of PPO plans with the cost-savings of HMO plans.
- You won't need to choose a primary care physician, and you don't need referrals to see a specialist.
- You'll have a limited network of doctors and hospitals to choose from. EPO plans don't cover care outside your network unless it's an emergency.
- It's important to know who participates in your EPO plan's network. If you go to a doctor or hospital that doesn't accept your plan, you'll pay all costs.
- EnvisionRx provides the pharmacy benefits.





Your EPO Plan

72			In-Network	Out-of-Network
	EPO 1000		Anthem EPO Providers	Non-EPO Providers
	Deductible	Individual / calendar year	\$1,000	Not covered
15	Office visits	Doctor	\$25 copay (deductible waived)	Not covered
		Specialist	\$40 copay (deductible waived)	Not covered
		Preventive Care	No cost (deductible waived)	Not covered
		Hospitalization	80%	Not covered
7 1	Other services Emergency services (deductible waived)	80% plus \$200 copay	80% plus \$200 copay	
		Lab/X-ray	80%	Not covered
	Out of Pocket Amount	Individual/ Per calendar year	\$5,000	Not covered





Anthem HSA-1129

- You will pay for all covered services until you reach your deductible.
- All preventive services received from a network provider are covered at 100%. If you see an out-of-network provider, then your deductible or out-of-network coinsurance responsibility will apply.
- This plan gives you access to a personal account to help pay for eligible health care expenses.
- This money is yours to keep even if you change plans or leave your employment.
- You can also use your HSA money for dental, vision and prescription drug expenses.
- Anthem provides the pharmacy benefits.





Your HSA Plan

		In-Network	Out-of-Network
HSA 2500		Anthem HSA Providers	Non-HSA Providers
Deductible	Individual / calendar year	\$2,500	\$5,000
Office visits	Doctor	80%	60%
Office visits	Specialist	80%	60%
	Preventive Care	No cost (deductible waived)	60%
	Hospitalization	80%	60%
Other services	Emergency services (deductible waived) 80%	80%	80%
	Lab/X-ray	80%	60%
Out of Pocket Amount	Individual/ Per calendar year	\$5,000	\$6,000





Kaiser EPO-4063 Plan



Preventive care at no cost

Because finding and treating problems before they get serious is an important part of staying healthy, you get most preventive care at no cost— even before you reach your deductible.

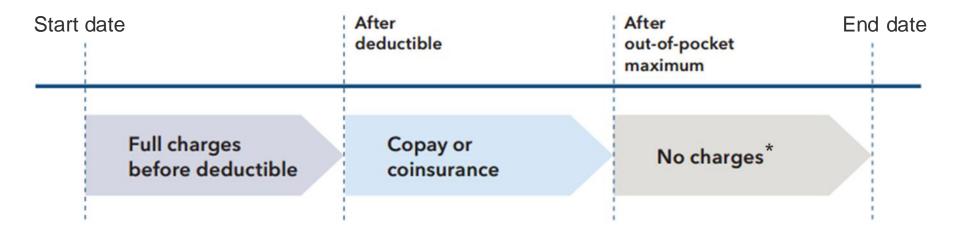
Preventive care includes:

- Cancer screenings
- Cholesterol and high blood pressure screenings
- Diabetes screenings
- Immunizations
- Routine prenatal care
- Well-child visits





How your deductible plan works



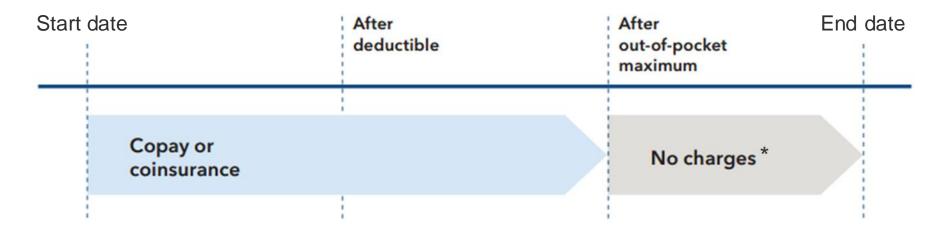
You'll pay full charges for covered services, including **hospital** care, X-rays, and lab tests, before meeting your plan deductible.

After meeting your plan deductible, you'll start paying less for these services — a copay or coinsurance — until you reach your out-of-pocket maximum.

^{*}For a small number of services, you may need to keep paying copays or coinsurance after you reach your out-of-pocket maximum.



How your deductible plan works (continued)



You'll pay **copays** for doctor's office visits and prescription drugs — even before you reach your plan deductible.

You'll get preventive care services at no cost — even before you reach your plan deductible.

^{*}For a small number of services, you may need to keep paying copays or coinsurance after you reach your out-of-pocket maximum.



Family deductibles and out-of-pocket maximums

If your family is covered under your plan:



- Each family member has an individual deductible, and the family as a whole has a deductible.
- Each family member has an individual out-of-pocket maximum, and the family as a whole has an out-of-pocket maximum.
- Your individual deductible is \$1000.
 Your family deductible is \$2000.
- Your individual out-of-pocket maximum is \$4000.

Your family out-of-pocket maximum is \$8000.

Highlights of the **Deductible Exclusive Provider Organization** (EPO) Plan*

Deductible: \$1,000 individual / \$2,000 family

Out-of-pocket maximum: \$4,000 individual / \$8,000 family

Covered service	You pay
Routine preventive exams & services	No charge
Primary care office visits	\$25 copay
Specialty care office visits	\$25 copay
Lab tests	\$10 copay after deductible
Outpatient surgery	10% coinsurance after deductible
Hospitalization	10% coinsurance after deductible
Urgent care visits	\$25 copay
Emergency Department visits	10% coinsurance after deductible
Generic prescription drugs	\$10 copay (retail)/ \$20 copay (mail order)
Brand-name prescription drugs	\$30 copay (retail)/ \$60 copay (mail order)
Specialty prescription drugs	Follows the generic/brand cost share

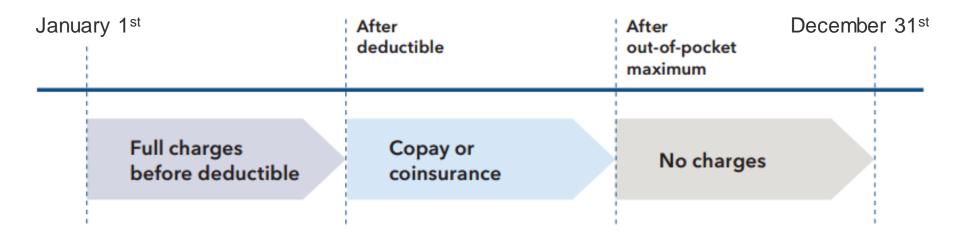
^{*}This is just a summary of some examples of covered services and their corresponding copay and coinsurance amounts. Please see your *Evidence of Coverage* for information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.



Kaiser HSA-4085 Plan



How your deductible plan works



You'll pay full charges for covered services (other than preventive services) until you reach your deductible.

After meeting your deductible, you'll start paying less for these services — a copay or coinsurance — until you reach your out-of-pocket maximum.

KAISER PERMANENTE.

Family deductibles and out-of-pocket maximums

If your family is covered under your plan:



- You have a single, shared family deductible for the entire family.
- Each family member has an individual out-of-pocket maximum, and the family as a whole has an out-of-pocket maximum.
- Your family deductible is \$2,800.
- Your individual out-of-pocket maximum is \$3,000.
- Your family out-of-pocket maximum is \$6,000.

KAISER PERMANENTE.

Highlights of the **HSA-qualified Exclusive Provider Organization** (EPO) Plan*

Deductible: \$1,400 self-only / \$2,800 family

Out-of-pocket maximum: \$3,000 self-only / \$3,000 family member / \$6,000 family

Covered service	You pay
Routine preventive exams & services	No charge, deductible does not apply
Primary care office visits	\$20 copay, after deductible
Specialty care office visits	\$20 copay, after deductible
Lab tests	\$10 copay, after deductible
Outpatient surgery	\$150 copay, after deductible
Hospitalization	\$250 per admission, after deductible
Urgent care visits	\$20 copay, after deductible
Emergency Department visits	\$100 copay, after deductible
Generic prescription drugs	\$10 copay (retail)/ \$20 copay (mail order), after deductible
Brand-name prescription drugs	\$30 copay (retail)/ \$60 copay (mail order), after deductible
Specialty prescription drugs	Follow the generic/brand cost share

^{*}This is only a summary of some benefits and their copays and coinsurance. Please refer to your employer's *Summary Plan Description* or other Plan documents for more information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.

Your health benefits will be self-insured by your employer, union, or Plan sponsor. Kaiser Permanente Insurance Company will provide certain administrative services for the Plan and will not be an insurer of the Plan or financially liable for health KAISER PERMANENTE.

Comparison At A Glance	Deductible EPO Plan	HSA-Qualified EPO Plan
Has a deductible	\$1,000 Individual \$2,000 Family Some medical services are subject to the plan deductible	\$1,400 Self-only \$2,800 Family Medical and Rx are subject to the plan deductible
Preventive care covered at 100%	Yes Not subject to the deductible	Yes Not subject to the deductible
Telehealth services are covered at 100% (e.g. phone and video visits)	Yes	Yes After the deductible
Option to open a health savings account (HSA)	No	Yes
Care provided through the Kaiser Permanente network		Yes
Access to kp.org/mobile app	Yes	Yes

^{*}This is only a summary of some benefits and their copays and coinsurance. Please refer to your employer's Summary Plan Description or other Plan documents for more information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.

Your health benefits will be self-insured by your employer, union, or Plan sponsor. Kaiser Permanente Insurand The image will with relationship ID rId3 was provide certain administrative services for the Plan and will not be an insurer of the Plan or financially liable for health care in the file. benefits under the Plan.



Comparison of your plan options

	Deductible EPO Plan	HSA-Qualified EPO
Deductible	\$1,000 individual \$2,000 family	\$1,400 self-only \$2,800 family
Out-of-pocket maximum	\$4,000 individual \$8,000 family	\$3,000 self-only \$3,000 family member \$6,000 family
Covered service	You pay	You pay
Routine preventive exams & services	No charge	No charge, deductible does not apply
Primary care office visits	\$25 copay	\$20 copay after deductible
Specialty care office visits	\$25 copay	\$20 copay after deductible
Lab tests	\$10 copay after deductible	\$10 copay after deductible
Outpatient surgery	10% coinsurance after deductible	\$150 copay after deductible
Hospitalization	10% coinsurance after deductible	\$250 per admission after deductible

^{*}This is only a summary of some benefits and their copays and coinsurance. Please refer to your employer's *Summary Plan Description* or other Plan documents for more information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.

Your health benefits will be self-insured by your employer, union, or Plan sponsor. Kaiser Permanente Insurance Company will provide certain administrative services for the Plan and will not be an insurer of the Plan or financially liable for health care benefits under the Plan.



Comparison of your plan options

	EPO	HSA-Qualified EPO
Urgent care visits	\$25 copay	\$20 copay after deductible
Emergency Department visits	10% coinsurance after deductible	\$100 copay after deductible
Generic prescription drugs	\$10 copay (retail)/ \$20 copay (mail order)	\$10 copay (retail)/ \$20 copay (mail order), after deductible
Brand-name prescription drugs	\$30 copay (retail)/ \$60 copay (mail order)	\$30 copay (retail)/ \$60 copay (mail order), after deductible
Specialty prescription drugs	Follows the generic/brand cost share	Follow the generic/brand cost share

Your health benefits will be self-insured by your employer, union, or Plan sponsor. Kaiser Permanente Insurance Company will provide certain administrative services for the Plan and will not be an insurer of the Plan or financially liable for health care benefits under the Plan.

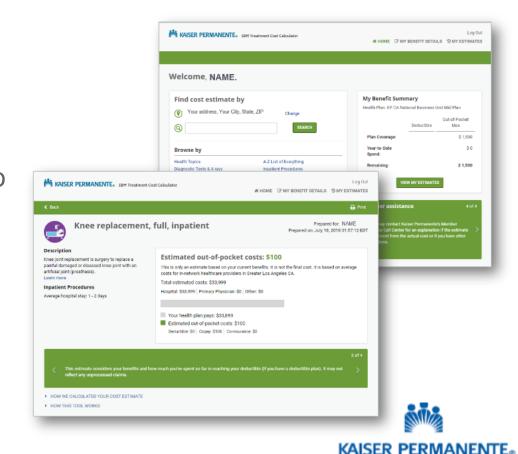


^{*}This is only a summary of some benefits and their copays and coinsurance. Please refer to your employer's *Summary Plan Description* or other Plan documents for more information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.

Before your visit — getting an estimate

As a member, you can use our online Estimates tool to:

- Get an estimate of how much a treatment, procedure, test, or other medical service will cost
- Track how close you are to reaching your deductible and out-of-pocket maximum





Sutter Health | Aetna

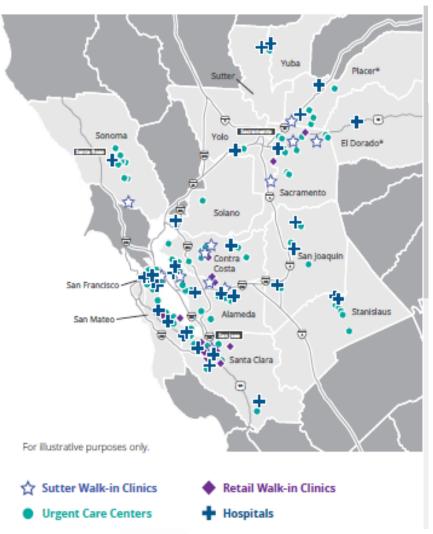
Providing a simplified and holistic member experience designed to support member's health ambition

- Combined portal to view clinical and insurance information
- Personal welcome kits and 24/7 customer service support
- Online provider appointment scheduling
- Telemedicine and virtual visits
- Proactive, coordinated care
- interactive tools and resources



Our network includes:

Primary care, specialists, hospitals, walk-in clinics and urgent care centers









9,400+ specialists



33 hospitals



74 urgent care centers



25 walk-in clinics

Physician Groups

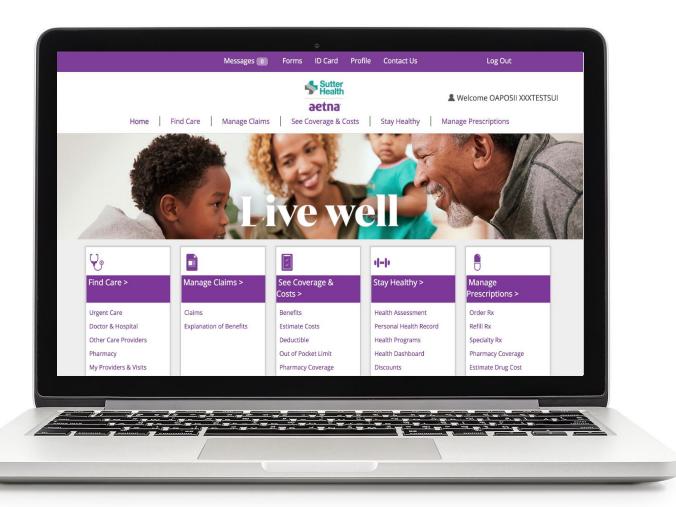
Counties	Physician Group
Alameda & Contra Costa	Sutter East Bay Medical Foundation
Alameda, Contra Costa, San Mateo & Santa Clara	Palo Alto Medical Foundation
El Dorado, Placer, Sacramento, Solano, Sutter, Yuba & Yolo	Sutter Medical Foundation
San Francisco	Brown & Toland Physicians
San Mateo & Santa Clara	Stanford Health Care
San Francisco & Sonoma	Sutter Pacific Medical Foundation
San Joaquin & Stanislaus	Sutter Gould Medical Foundation





Member Portal – One place for information

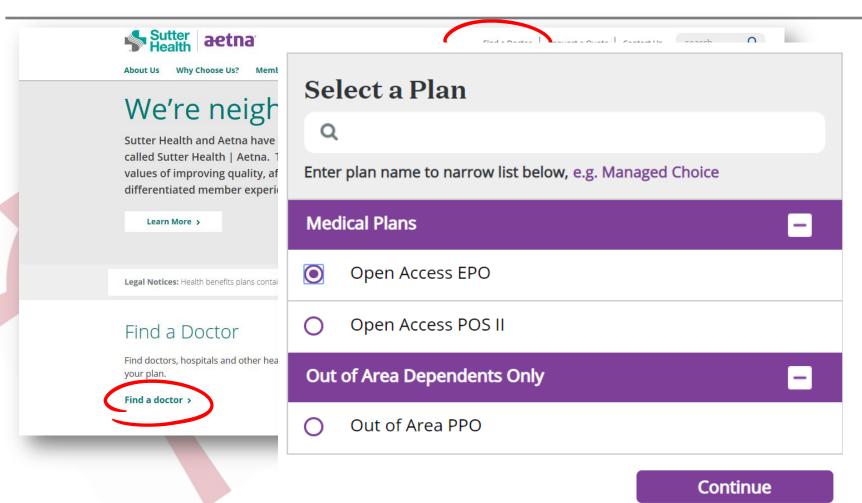
www.sutterhealthaetna.com







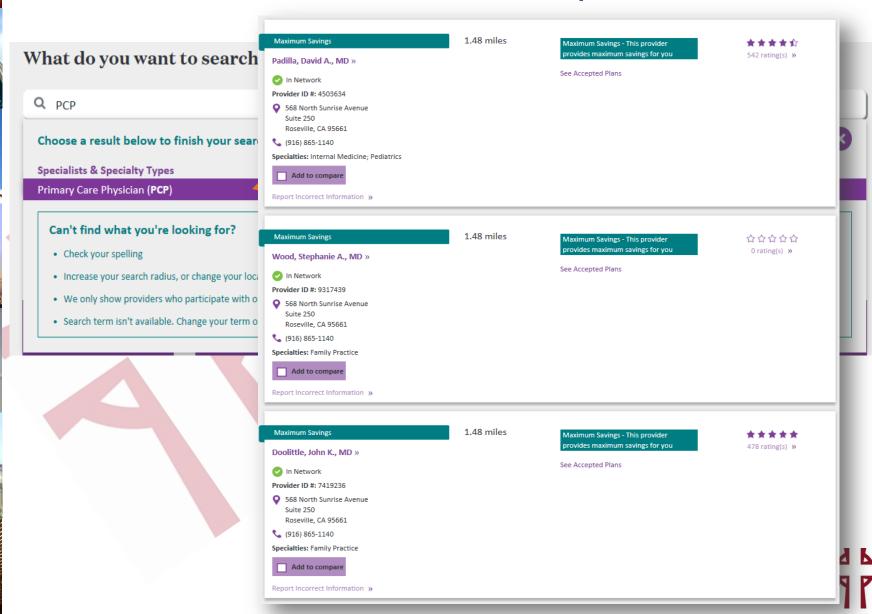
How do I find a Sutter Health | Aetna doctor? Visit www.sutterhealthaetna.com







How do I find a Sutter Health | Aetna doctor?



Medical Benefits at a glance

Annual Deductible Employee Only Family	\$1,000 \$2,000
Annual Out-of-Pocket Maximum Employee Only Family	\$5,000 \$10,000
What the plan pays for covered services Preventive Care	100%
Doctor Visits Specialist Visits	\$25 Copay \$40 Copay
Urgent Care Emergency Care	\$50 Copay \$200 Copay
Hospital (inpatient and Outpatient)	20%; after deductible



Prescription Drug Benefits at a glance

			In-Network
	Preferred Generic Drugs	Retail	\$10 copay
		Mail Order	\$20 copay
	Preferred Brand-Name Drugs	Retail	\$30 copay
1123		Mail Order	\$60 copay
	Non-Preferred Generic and Brand -Name Drugs	Retail	\$50 copay
		Mail Order	\$100 copay
	Specialty Drugs		\$50 copay





GIThrive by Vivante Health

- All-in-one program for chronic digestive disorders, to help members manage their gastrointestinal diseases
- Includes: nutrition management, medication optimization and 24/7 expert support
- Available for enrolled Anthem, Aetna and Kaiser members
- It's covered at 100%, no cost to you





Surgical Benefits by BridgeHealth

- Supplemental surgery benefit for planned, non-emergent procedures
- Expand your provider options to top-rated hospitals, surgery centers and surgeons nationwide
- Available for enrolled Anthem and Aetna members
- No additional cost





Livongo Diabetes Program

Effective July 1, 2020

- A simple, advanced blood glucose meter, unlimited strips and lancets, and personalized coaching at no cost
- All members enrolled in Aetna and Anthem and their covered dependents living with type 1 or type 2 diabetes are eligible



WHAT'S CHANGING FOR 2020?

- Actwise is the new Anthem HSA banking vendor replacing HealthEquity
 - Anthem members enrolled in a High Deductible Health Plan will be automatically sent to Actwise for an H.S.A bank account
 - Members will receive the following:
 - Welcome Kit
 - New Actwise debit card
 - New Anthem ID card
- Further information will follow soon



WHAT'S CHANGING FOR 2020?

(CONT.)

- Health Equity is the new Kaiser HSA banking vendor replacing Wex (administered through Kaiser)
 - Kaiser members enrolled in a High Deductible Health Plan will be automatically sent to Health Equity for an H.S.A bank account
 - Members will receive the following:
 - Welcome Kit
 - New Health Equity debit card
- Members may keep HSA funds with Kaiser, but there are some <u>changes</u> to be aware of *(review next slide)*
- Kaiser members wishing to transfer their HSA funds to HealthEquity must complete a <u>Distribution Request/Account Closure Form</u>



Keeping your Account

- If you choose to keep your HSA, there's no action you need to take, but there
 are some changes to be aware of.
- What's staying the same?
 - Health Payment Card Use it like you do today to pay for care
 - KP Balance Tracker app Same on-the-go access
 - Health Payment Services Same great customer service
- What's changing?
 - Health Payment Online Portal You'll still have 24/7 access to your HSA online, but you'll need to log in through a new location: kp.org/healthexpense.
 - Log in using the same username and password you use for the KP Balance Tracker app. If you haven't used the Balance Tracker app:
 - Your first time username and password will both be: the first initial of your first name, plus your first name, plus the last 4 of your Social Security number.
 - Monthly administrative fee \$3.25, paid directly from your HSA waived for any months where your average daily balance is \$2,000 or more.

Closing your Account

- If you choose to close your HSA and want to transfer your money to a new HSA:
 - 1. Complete the **Distribution Request/Account Closure Form** and return it to Location Administrator by <u>June 1,2020</u>.
 - 2. In Step 2 of the form:
 - Select Transfer as the type of distribution
 - Make the Transfer Check Payable to: Health Equity
 - In the Mail Check to: fields, enter:

Health equity

Attn: Account Transfers

15 W. Scenic Pointe Drive

Draper, UT 84020

- 3. Your form will be submitted to Kaiser Permanente on your behalf.
- 4. Beginning July 15, 2020 you'll no longer have access to your HSA, and your HSA will be closed by July 29, 2020.
- 5. Your money should be available in your HealthEquity HSA by July 30, 2020.

ADMINISTRATOR NOTES

- Collect completed Distribution Request/Account Closure Form forms by June 1, 2020.
 - -Review that all fields have been completed
 - -Ensure accountholder signature included
- Submit forms electronically to Julianna Aguilera by <u>June 5</u>, <u>2020.</u>
 - -In submission, include total number of forms received.
- Julianna Aguilera to submit closure forms in one batch directly to Kaiser Permanente by <u>June 15, 2020</u>
- Employees who wish to terminate after this date, must send the form directly to Kaiser Permanente Health Payment Services. Please note monthly administrative fee will be applied.



BENEFITS REMINDERS



RETA/BAS INVOICES

- Monthly invoices are generated and emailed on the 23rd of the month.
- Invoices must be reviewed on a monthly basis.
- ADP / Reta Enroll
- 2020-2021 Benefits calculation worksheet (PT 10 & Pt1001)



CORE BENEFITS

- Regular employees (full time and part time) are eligible for group benefits medical, dental, vision, life, AD&D and long term disability insurance.
- Core benefits (mandatory for eligible employees)
 - Life Insurance \$25,000
 - Accidental & Dismemberment (AD&D) \$25,000
 - Long Term Disability



WAIVER OF GROUP HEALTH BENEFITS

- If an employee waives medical coverage, please provide them a waiver of group health benefits form.
- Waiver form must be completed annually.
- Waiver form:

https://www.scd.org/sites/default/files/2019-06/Waiver%20of%20Group%20Health%20Bene fits.pdf

QUALIFYING LIFE EVENT PROCESS

- Employees must complete qualifying life events electronically in RetaEnroll.
- Employees will be prompted to upload proof documents specific to their Qualifying Life Event during the submission process.
- Location Administrators must submit all Benefits Class changes to Reta Trust Customer Service at: service@retaenroll.org.
- All life events for Reta are effective the 1st of the month following the date the Qualifying Life Event occurs. However, newborns are effective on the date of birth.

PERSONNEL REMINDERS & UPDATES

Information available at: https://www.scd.org/lay-personnel/administrative-workshop

- ADP Rollout
- Minimum Wage/PT200
- Overtime/Lunch Premiums
- Vacation/Sick hours
- Final Pay
- AB5-Independent Contractors
- Leave of Absence (LOA) and Workers Compensation Cases
- HR Retention Guidelines
- Sexual Harassment Training
- Livescan/Safe Haven Training
- Weekly News on Website



WRAP – UP AND QUESTIONS?



- Please submit questions through the following survey monkey link: https://www.surveymonkey.com/r/ZFJJ6CC
- The link will be open for questions through Friday, April 24, 2020

