Accessing Your WebMD One Portal
Reta Members can visit www.retatrust.org and click the Log In button in the upper right.
Choose WebMD

Click WebMD
Choose Sign-On

Employees can click Employee Sign-On.

Spouses can click Spouse Sign-On.
Employees Sign In

Employees will need to enter their RetaEnroll credentials.
WebMD Login

First time users must Register and create a WebMD account.

Spouses will always be taken to this page to login to their WebMD Portal.

What is Reta Trust Live Well Health and Wellness Program?

Reta Trust Live Well Health and Wellness Program is a partnership between Reta Trust and WebMD to help you bring out your best. Based on your personal needs and interests, it will help you set goals, track your progress, keep you motivated, and provide valuable information along the way. Simply register to get started with our programs and services.
Welcome to WebMD ONE

Here's what's new...

Easier to see the big picture
You choose your focus
Personalized experience

Just finish on-boarding to get started with your personalized experience.

Tell us about your health
This helps us understand where you are on your well-being journey.

Overall, how would you rate your health?

- poor
- fair
- average
- good
- excellent

What's your ethnic origin?
Some conditions and health risks vary by ethnicity.

Height

Weight

ft  in  lbs
without clothes
Welcome to WebMD ONE

What are your interests?
Pick your top three now. You can add others later.

I want to...

- Get more exercise
- Eat better
- Sleep better
- Get to a healthy weight
- Reduce stress
- Quit tobacco

Can we help you with any of these conditions?

- High Blood Pressure
- High Cholesterol
- Asthma
- Diabetes
- Coronary Artery Disease
- Heart Failure
- COPD

BACK NEXT BACK SKIP
Take the HealthQuotient

HealthQuotient

Learn about yourself by completing the questionnaire

- Get a comprehensive picture of your current health and lifestyle habits
- Learn your individualized health score
- See recommendations that will help you take positive steps toward improved well-being
- Your information is safe with us

TAKE IT NOW
WebMD ONE
Home Page

Start earning Rewards

Complete the HealthQuotient (HQ)

Schedule Your Biometric Screening