


Accessing Your WebMD One Portal

Reta Trust – Log In


Reta Members can visit
www.retatrust.org and
click the **Log In** button in
the upper right.

Real People. Real Reta.


There are good reasons why Reta continues to add new members as they bring increasing value to those they serve. But this story is best told by the *Real People of Reta*.



< >

 Play Video

JIM CARNEY
CHIEF FINANCIAL OFFICER
DIOCESE OF HELENA, MT



Reta
A Catholic Healthcare Trust
Over 40 years of dedicated service

Quality Healthcare. Catholic Values.

Welcome to Reta. We are a non-profit employer trust that has provided affordable, quality healthcare for employees and members of Catholic organizations nationwide for over 40 years.

Importantly, all Reta healthcare plans are designed to comply with the Ethical and Religious Directives of the Catholic Church.

**RetaMembers
and Employers**

LOG IN

For Help Call
877-303-7382

Click below to learn more

- ▶ Reta Benefits Center (RBC)
- ▶ Reta Wellness - Spouse Login
- ▶ Reta Leadership Info

▶ About Reta

- The Reta Advantage
- Member Organizations
- Reta Leadership
- Contact Us
- Home**

Choose WebMD

Click WebMD

Reta Members & Employers Sign In

User Name

Password

SIGN IN

☐ Remember Me

[Forgot User Name or Password](#)

First Time Users

Reta Benefits Center

WebMD

BridgeHealth

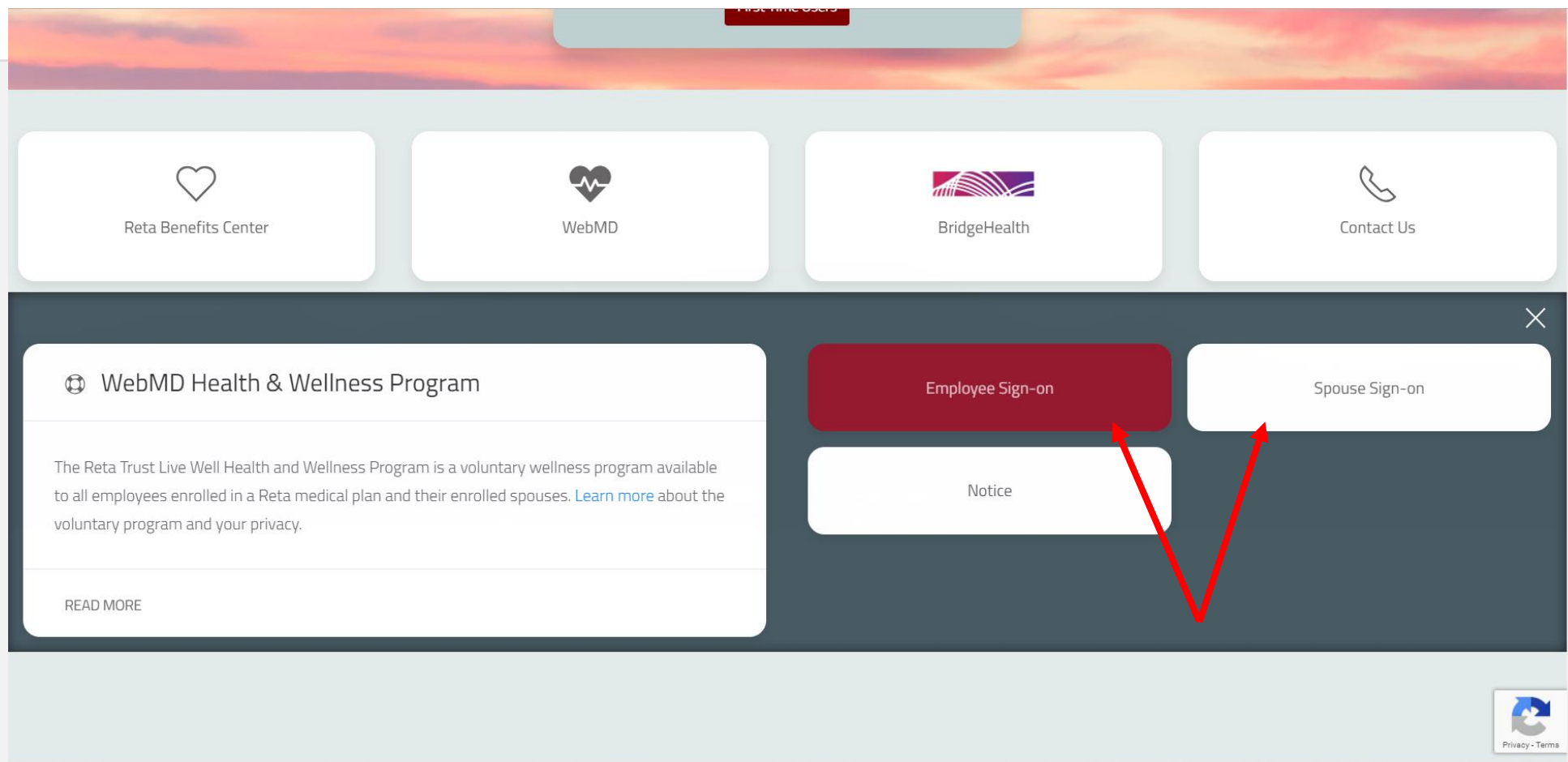
Contact Us

Privacy - Terms

Choose Sign-On

Employees can click
Employee Sign-On.

Spouses can click
Spouse Sign-On.



Employees Sign In

Employees will need to enter their RetaEnroll credentials.

Reta Members & Employers Sign In

User Name

Password

WEBMD SIGN IN

WebMD Sign In

You're on your way to WebMD! Just enter your RetaEnroll credentials and you'll be taken to your customized WebMD experience!

protected by reCAPTCHA
Privacy - Terms

Reta Benefits Center

WebMD

BridgeHealth

Contact Us

WebMD Login

First time users must Register and create a WebMD account.

Spouses will always be taken to this page to **login** to their WebMD Portal.



Sign in

Username

Enter a username to sign in.

Password



Enter a password to sign in.

SIGN IN

[Forgot username or password?](#)

Don't have an account yet?

CREATE ACCOUNT



What is Reta Trust Live Well Health and Wellness Program?

Reta Trust Live Well Health and Wellness Program is a partnership between Reta Trust and WebMD to help you bring out your best. Based on your personal needs and interests, it will help you set goals, track your progress, keep you motivated, and provide valuable information along the way. Simply register to get started with our programs and services.

Welcome to WebMD ONE

WELCOME TO WebMD ONE

Here's what's new...



Easier to see the big picture



Personalized experience



You choose your focus

Just finish on-boarding to get started with your personalized experience.

NEXT

Tell us about your health

This helps us understand where you are on your well-being journey.

Overall, how would you rate your health?

- ☐ poor
- ☐ fair
- ☐ average
- ☐ good
- ☐ excellent

What's your ethnic origin? ▼

Some conditions and health risks vary by ethnicity.

Height

ft

in

Weight

lbs

without clothes

NEXT

Welcome to WebMD ONE

What are your interests?

Pick your top three now. You can add others later.

I want to...



Get more exercise

☐

Get to a healthy weight

☐

Eat better

☐

Reduce stress

☐

Sleep better

☐

Quit tobacco

☐

BACK

NEXT

Can we help you with any of these conditions?



High Blood Pressure

☐

High Cholesterol

☐

Asthma

☐

Diabetes

☐

Coronary Artery Disease

☐

Heart Failure

☐

COPD

☐

BACK

SKIP

Take the HealthQuotient



My Health

Goals

Rewards

HealthQuotient

Learn about yourself by completing the questionnaire



Get a comprehensive picture of your current health and lifestyle habits



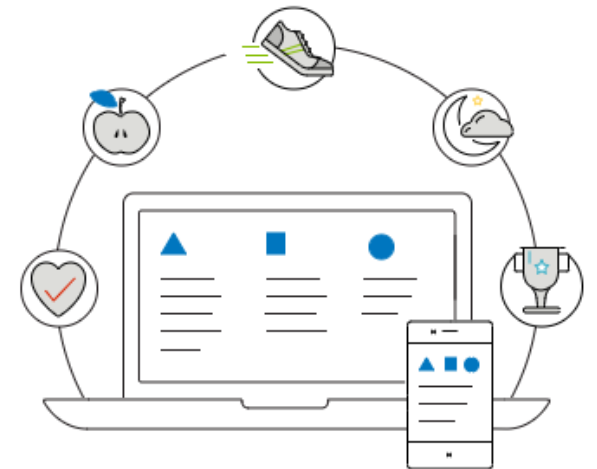
Learn your individualized health score



See recommendations that will help you take positive steps toward improved well-being



Your information is safe with us



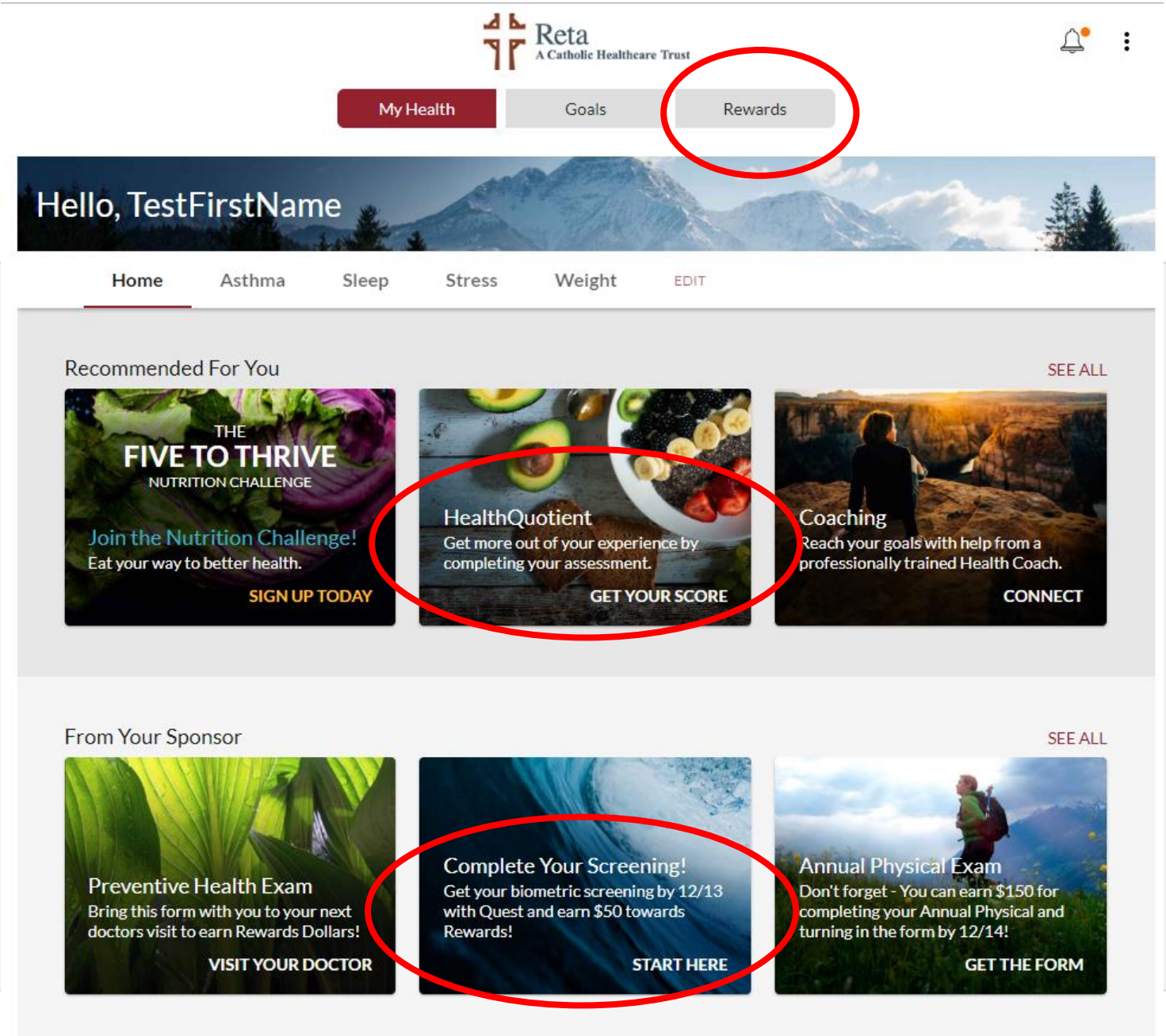
TAKE IT NOW

WebMD ONE Home Page

Start earning Rewards

Complete the HealthQuotient (HQ)

Schedule Your Biometric Screening



The screenshot shows the WebMD ONE Home Page. At the top, the Reta A Catholic Healthcare Trust logo is on the left, and a notification bell and menu icon are on the right. Below the logo is a navigation bar with three buttons: "My Health" (dark red), "Goals" (light gray), and "Rewards" (light gray, circled in red). Below the navigation bar is a banner with a mountain landscape and the text "Hello, TestFirstName". Below the banner is a navigation bar with links: "Home" (underlined), "Asthma", "Sleep", "Stress", "Weight", and "EDIT". Below the navigation bar is a section titled "Recommended For You" with a "SEE ALL" link. This section contains three cards: "THE FIVE TO THRIVE NUTRITION CHALLENGE" (with a "SIGN UP TODAY" button), "HealthQuotient" (with a "GET YOUR SCORE" button, circled in red), and "Coaching" (with a "CONNECT" button). Below this section is another section titled "From Your Sponsor" with a "SEE ALL" link. This section contains three cards: "Preventive Health Exam" (with a "VISIT YOUR DOCTOR" button), "Complete Your Screening!" (with a "START HERE" button, circled in red), and "Annual Physical Exam" (with a "GET THE FORM" button).