



# COMPLETE YOUR HQ TODAY!

*Win a prize for your location by completing your HealthQuotient **before December 31st!***

Parishes, Schools, and Agencies that achieve the HQ percentage of completion, detailed in the rubric to the right, will receive a Visa gift card to purchase wellness related rewards.

*This completion is based on location size  
(number of benefit eligible employees)*

Number of Benefit Eligible Employees	HQ Completion Goal	Prize Amount
1-9	100%	\$200
10-19	90%	\$400
20-49	80%	\$600
50 +	70%	\$1,000

\* Eligible employees must be enrolled in Reta's medical benefits.

\* Parishes/Schools/Agencies that have already achieved their HQ completion goal will be receiving their prize after December 31st. Thank you for your active engagement in our wellness program.

\* Gift cards received **MUST** be used for wellness related items.

\* The total number of eligible participants includes members and spouses.

Diocese of Sacramento			
HQ Completion by Location: 1/1/2019 - 12/6/2019			
Location	Eligible	HQ Completers	% HQ Completion
Active Priests	128	10	7.81%
Assumption of The BVM, Truckee	1		0.00%
California Catholic Conference	10	7	70.00%
Cathedral of Blessed Sacrament	8	1	12.50%
Catholic Cemeteries Dept Sac	54	31	57.41%
Catholic Charities of Solano	10	4	40.00%
Christ the King	3		0.00%
Diocese of Sacramento, Sac	79	44	55.70%
Divine Savior, Orangevale	7	3	42.86%
Good Shepherd, Elk Grove	3	2	66.67%
Holy Cross, West Sac	1		0.00%
Holy Family Parish, Citrus H	3	1	33.33%
Holy Family School, Citrus H	9	1	11.11%
Holy Rosary Parish, Woodland	6	1	16.67%
Holy Rosary School, Woodland	5	2	40.00%
Holy Spirit Parish, Fairfield	8	2	25.00%
Holy Spirit Parish, Sacramento	3		0.00%
Holy Spirit School, Fairfield	21	4	19.05%
Holy Spirit School, Sacramento	18	5	27.78%
Holy Trinity Parish, ED Hills	8	4	50.00%
Holy Trinity School, El Dorado	11	2	18.18%
Immaculate Conception, Sac	2		0.00%
Mercy High School, Red Bluff	9		0.00%
MT Maternity Home, Placerville	1	1	100.00%
Mt St. Mary School, Grass Villy	10	1	10.00%
Northern Valley CSS, Redding	152	98	64.47%
Notre Dame School, Chico	18	5	27.78%
Notre Dame School, Vacaville	13	3	23.08%
O L of Assumption School, Carm	24	5	20.83%
O L of Mercy Parish, Redding	1		0.00%
O L of The Assumption, Carm	3		0.00%
Ol Lourdes Parish, Colusa	1		0.00%
Ol Lourdes Parish, Sacramento	1		0.00%
OL of Grace School, West Sac	8		0.00%
Ol of Guadalupe Parish, Sac	10		0.00%
OL of Lourdes School, Colusa	9		0.00%
Ol of Mt. Carmel, Fairfield	1		0.00%
Presentation Parish, Sac	2	1	50.00%
Presentation School, Sac	16	3	18.75%
Radio Santisimo Sacramento	7	1	14.29%
Sacramento Catholic Family Ins	5	3	60.00%
Sacramento Food Bank	55	35	63.64%
Sacred Heart Parish, Anderson	3	1	33.33%
Sacred Heart Parish, Red Bluff	4		0.00%

Sacred Heart Parish, Williams	2		0.00%
Sacred Heart School, Red Bluff	4		0.00%
Sacred Heart School, Sac	19	2	10.53%
Seminarians	7	2	28.57%
Ss. Peter & Paul, Rocklin	11	5	45.45%
St. Anthony Parish, Sacramento	2		0.00%
St. Anthony Parish, Winters	3	1	33.33%
St. Basil Parish, Vallejo	2		0.00%
St. Basil School, Vallejo	19	7	36.84%
St. Catherine of Siena School	22	1	4.55%
St. Catherine of Siena Vallejo	3		0.00%
St. Charles Borromeo Par, Sac	4		0.00%
St. Charles Borromeo Sch, Sac	7	2	28.57%
St. Christopher Parish, Galt	1		0.00%
St. Clare Parish, Roseville	5	1	20.00%
St. Dominic Parish, Benicia	6	1	16.67%
St. Dominic School, Benicia	17	4	23.53%
St. Elizabeth Ann Seton, EG	22	8	36.36%
St. Francis High School, Sac	109	37	33.94%
St. Francis of Assisi Par, Sac	3	3	100.00%
St. Francis School, Sacramento	27	2	7.41%
St. Ignatius Parish, Sac	4		0.00%
St. Ignatius School, Sac	26	10	38.46%
St. Isidore Parish, Yuba City	1		0.00%
St. Isidore School, Yuba City	14	10	71.43%
St. James Parish, Davis	5	2	40.00%
St. James School, Davis	18	1	5.56%
St. John Notre Dame School, Folsom	18	18	100.00%
St. John The Baptist, Chico	3	1	33.33%
St. John The Baptist, Folsom	3		0.00%
St. John The Evangelist School	15	2	13.33%
St. John The Evangelist, Carm	2		0.00%
St. John Vianney Parish, RC	3		0.00%
St. John Vianney School, RC	12	3	25.00%
St. Joseph Parish, Auburn	1		0.00%
St. Joseph Parish, Elk Grove	5	1	20.00%
St. Joseph Parish, Lincoln	3		0.00%
St. Joseph Parish, Marysville	1		0.00%
St. Joseph Parish, Redding	2	1	50.00%
St. Joseph Parish, Rio Vista	1		0.00%
St. Joseph Parish, Sacramento	2	1	50.00%
St. Joseph Parish, Vacaville	7	2	28.57%
St. Joseph School, Auburn	10		0.00%
St. Joseph School, Redding	9		0.00%
St. Katharine Drexel, Martell	1		0.00%
St. Lawrence, N. Highlands	4	2	50.00%
St. Maria Goretti, Elk Grove	3	1	33.33%

St. Mary Parish, Sacramento	2	1	50.00%
St. Mary Parish, Vacaville	3		0.00%
St. Mary School, Sacramento	23	8	34.78%
St. Mel Parish, Fair Oaks	2		0.00%
St. Mel School, Fair Oaks	20	12	60.00%
St. Patrick - St. Vincent HS	66	31	46.97%
St. Patrick Parish, Placervill	3	1	33.33%
St. Patrick Succeed Academy	10	1	10.00%
St. Patrick, Grass Valley	1		0.00%
St. Paul Parish, Sacramento	1		0.00%
St. Peter - All Hallows, Sac	3		0.00%
St. Philomene Parish, Sac	2		0.00%
St. Philomene School, Sac	8	1	12.50%
St. Robert Parish, Sacramento	2	2	100.00%
St. Robert School, Sacramento	7	1	14.29%
St. Rose Parish, Roseville	9	1	11.11%
St. Rose Parish, Sacramento	6	1	16.67%
St. Rose School, Roseville	11	2	18.18%
St. Stephen The Martyr, Sac	2	1	50.00%
St. Teresa of Avila, Auburn	2		0.00%
St. Theresa Parish, SL Tahoe	3		0.00%
St. Thomas Moore, Paradise	1		0.00%
St. Thomas School, Oroville	4	1	25.00%
St. Vincent Ferrer Par,Vallejo	5	1	20.00%
St. Vincent Ferrer Sch,Vallejo	14	7	50.00%
St. Vincent Preschool, Vallejo	2	1	50.00%
Upper Room Dining Hall, Inc	1		0.00%
<b>Total</b>	<b>1,432</b>	<b>485</b>	<b>33.87%</b>