# OFFICE OF CATHOLIC CHARITIES & SOCIAL CONCERNS

# DIOCESE OF SACRAMENTO 2110 Broadway • Sacramento, California 95818 • (916) 733-0253 • (916) 733-0224

To: Pastors, Parochial Vicars, Administrators, Deacons and Parish Staff

From: John Watkins

Re: Exodus Project Re-Entry Mentoring Program

Date: May 2, 2019

Be a force for change in a person's life. Be a mentor.

EXODUS PROJECT Sacramento is a mentoring program for men and women released from Sacramento County jail run by the Society of St. Vincent de Paul, Sacramento Diocesan Council and supported by the Roman Catholic Diocese of Sacramento.

Rooted in the teachings to care for the least among us, EXODUS PROJECT aims to be a bridge of support and compassion during the tenuous transition from incarceration back into the community.

EXODUS PROJECT Participants are men and women who have applied to our program, have been screened, and accepted. Mentors must complete a comprehensive eighteen hour training program.

The mentor training workshop starts June 6 & 13 (6 pm to 9 pm) and June 8 & 15 (10 am to 4 pm)

For more information and a mentor application, visit <u>www.scd.org/exodus</u> email <u>exodus@svdp-sacramento.org</u> or call (916) 669-0611.

Respectfully,

John Watkins

Director, Office of Catholic Charities and Social Concerns

Diocese of Sacramento



## MENTORING FOR MEN AND WOMEN RELEASED FROM INCARCERATION

EXODUS PROJECT offers spiritually-based mentoring for men and women of all faiths coming out of Sacramento County correctional facilities. Rooted in the teachings to care for the least among us, EXODUS PROJECT aims to be a bridge of support and compassion during the tenuous transition from incarceration back into the community. Beginning during the last months of incarceration, mentoring continues for six months post-release. This three-year pilot program is run by Society of St. Vincent de Paul, Sacramento Diocesan Council and supported by The Roman Catholic Diocese of Sacramento.

### THE APPROACH

EXODUS PROJECT takes a holistic approach, emphasizing human dignity, self-awareness, and an engaged spiritual and/or religious life. In one-on-one and group mentoring, mentors offer non-judgmental listening and encouragement. Mentors also provide logistical support to Participants looking to secure housing, healthcare, employment, education, and/or faith community involvement. When needed, Mentors can meet Participants "at the gate" and assist with transportation.

### **OUR PARTICIPANTS AND VOLUNTEER MENTORS**

Participants are men and women who have applied to our program, have been screened, and accepted. Mentors come from all faith backgrounds and have completed a comprehensive training program.

# HOW YOU CAN HELP

MENTOR	Be a force for change in a person's life.
	First Mentor training in 2019:  Thursdays June 6 and June 13 6:00p — 9:00p Saturdays June 8 and June 15 10:00a — 4:00p  Second Mentor training in September 2019.  Following completion of the 18-hour training, a one-year commitment of 8 hours per month is requested.
DONATE	Your generosity will sustain our efforts.  SVDP Sacramento Council P.O. Box 162487; Sacramento, CA 95816  MEMO LINE: EXODUS PROJECT
VOLUNTEER	Give your time and skills in support of this project. Administrative and other opportunities available.