

Medical Decisions When They Count Most

Advance Health Care Planning Workshop

Offered by Holy Trinity Parish Health Education Ministry

- Are you concerned about a loved one's declining health, but unsure how to talk about what lies ahead?
- Does your doctor know what treatments you do or do not want?
- Who will decide my health care if I can't?
- Are you confident that the people close to you know your treatment preferences?
- Have your wishes been written down and are they easily accessible?
- Are you familiar with Catholic Perspectives of Advance Health Care Planning?
- Do you know how to start the conversation around this delicate subject?

This **free** informational class will help you understand all of the questions above.

Dignity Health presenters Susan Taylor, RN, Coordinator, Mercy Faith & Health Partnership, and Michael Cox, Holy Trinity parishioner and Vice President, Mission Integration for Dignity Health's Greater Sacramento Service Area, will discuss two important documents in the advance care planning process; the Advance Health Care Directive (AHCD) and POLST (Physician Orders for Life-Sustaining Treatment). Each participant will receive a packet of helpful materials.

Saturday, February 24, 2018, from 9:00 a.m. – 3:00 p.m. in Holy Trinity Media Center

Buffet morning refreshments and lunch are provided. Seating is limited to 36.

Contact the parish Office at (530) 677-3234 for your complimentary, reserved seat.