

## Tips & Activities for Whole Person Care Sunday

\*\*\*Please check with your pastor to see how he wants to participate.

**Preach:** Whole Person Care Sunday builds on this year's Respect Life Month theme: "Moved by Mercy".

*In a society that emphasizes productivity, pleasure, and independence, it is all the more important to accompany those nearing the end of life. We need to remind them they are not alone, they are loved, and the value of their lives is not dependent upon anything transient. To read homily helper, [click here](#).*

**Teach:** Host End of Life Care Workshop or Share Flyers on End of Life Care:

- [Catholic End of Life Teachings \(En Español\)](#) – CCC
- [Frequently Asked Questions About End of Life](#) – [\(En Español\)](#) – CCC
- [Doctor Assisted Suicide Bulletin Insert \(En Español\)](#) – USCCB
- [US Bishop's Statement on Euthanasia \(En Español\)](#) – USCCB

To schedule WPC Workshop at your parish for free, please email contact John Watkins at 916-733-0254 or email [jwatkins@scd.org](mailto:jwatkins@scd.org).

**Pray:**

- Download and pray the [Whole Person Care Prayer Card](#)
- include the elderly, disabled, and dying in your parish's [mass intentions](#)
- organize a [Holy Hour for Life](#) for the elderly, disabled and dying
- [Organize a Blessing of the Sick](#)
- Organize a rosary, Divine Mercy Chaplet, or [other prayer service](#) at your parish

**Promote:** Whole Person Care Sunday is an opportunity to highlight ministries to the sick and dying (i.e. grief ministry, ministry to the homebound, respect life ministry, to Knights of Columbus to St. Vincent de Paul, etc.)

- [Host Mercy Ministers Fair](#)
- Some pastors may invite one of the ministers to share their testimonial after mass
- Ministry Information/Sign Up Tables After Mass

**Activities:**

- Organize a workshop to help parishioners fill out their Advance Health Care Directives.
- [TheConversationProject.org](#)- The Conversation Project is a great way to involve parishioners in talking about their wishes at the end of life and to help adults fill out their [Advance Health Care Directives](#).
- Host a [Death over Dinner](#) event
- Be creative! There are so many opportunities.