Women Deserve Better Than Abortion

We offer women help, support, and information, all FREE so that women are better able to choose life for their pre-born children, rather than abortion. We also offer post-abortion healing to anyone who has been hurt by this very painful "choice".

Many women (and men) will experience life-long regrets, with physical, emotional, and psychological pain due to abortion. Over 3,000 abortions are done every day in our country~ one every 24 seconds, adding up to over a million each year, legal through all nine months of pregnancy.

Women Deserve Better Than Abortion

For more information about Post-Abortion Healing See Rachel's Vineyard

www.rachelsvineyard.org or call 916-733-0161

Sacramento 40 Days for Life 40daysforlife.com/sacramento 916-955-1577

Reproductive Healthcare

Health Care for Women Medical Group- Women helping Women! 7601 Hospital Drive, Suite 220, Sacto 916-689-343. Welcomes new patients, provides STD trmt, breast exams, mammograms, & Ob-Gyn care. Medi-Cal for pregnant women.

Birth Family Health Center Prenatal Care, Well women's care 3234 Marysville Blvd, Sacto 916-646-8000

Birthing Project Prenatal Care, Parenting Classes 1900 T Street, Sacramento 916-442-2229

Capitol Health Center 1500 C Street, Sacramento 916-874-7720

Breaking Barriers Community Center 2200 21st. Street, Sacto 916-447-2437

CARES (Center for AIDS Research, Education & Services) Free HIV & STD Testing, 1500 21st Street. Sacramento 916-443-3299

The Effort Low Cost HIV/STD Testing, Shots, breast cancer screening. They DO TAKE Medi-Cal. One # for all locations: 916-737-5555, www.theeffort.org/ 1820 J. Street, Sacramento, Open Saturdays 3415 Martin Luther King Jr. Blvd Oak Parkcto 8233 E. Stockton Blvd, Suite D, Sacto 6015 Watt Avenue, North Highlands, 95660

Mercy Clinic General Medical Care 1321 North C St, Friendship Park 916-446-3345, for homeless w/o Medi-Cal

24 hour Pregnancy Hotline 1-800-395-HELP (4357) Sacramento 40 Days for Life 40daysforlife.com/sacramento

I'm not here for an

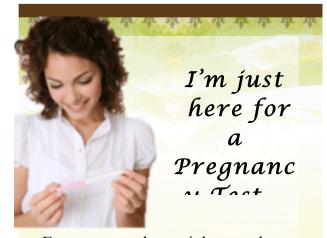


Even if you are not here for an abortion, please consider making your appointment elsewhere, rather than support the abortion industry. Every day, over 3,000 abortions are done across our nation, hurting many women for a lifetime.

Enclosed you will find other providers for your healthcare needs. Your actions make a difference! Thank you!

Sacramento 40 Days for Life www.40daysforlife.com/sacramento

916-955-1577



Every woman has a right to make an informed decision about her pregnancy options. The two organizations below offer pregnancy testing, education about fetal development, and help with insurance, medical care, and housing. They can also provide ultrasounds to confirm how far along you are in your pregnancy. ALL SERVICES ARE FREE AND CONFIDENTIAL!

Alternatives Pregnancy Center <u>www.pgtest.org</u> 1111 Howe Avenue, Suite 610. Building #600 is near the back & Suite 610 is on the 1st floor 916-880-4040

Sac Valley Pregnancy Clinic www.svpclinic.com 930 Alhambra Blvd. Ste 230, Sacramento (Corner of Alhambra and J Street, upstairs) 916-451-2273 available 24 hours a day

24 hour Pregnancy Hotline 1-800-395-HELP (4357)

Sac Valley Pregnancy Clinic www.svpclinic.com FREE testing for chlamydia & gonorrhea, by appointment only. Prescriptions for treatment & referrals for other STDs and STIs. 930 Alhambra Blvd. Ste 230, Sacramento (Corner of Alhambra/ J St, upstairs) Call 916-451-2273 for help, 24 hours a day

Health Care for Women Medical Group-Women helping Women!

7601 Hospital Drive, Suite 220, Sacramento 916-689-3433, Welcomes new patients! STD trmt, breast exams, mammogram referrals, & Ob-Gyn care. Medi-Cal available for pregnant women.

Imani Health FREE Clinic

Oak Park Community Center, 3415 MLK Blvd Saturdays 8:00 am to 1:00 pm, 916-213-9474

Primary Care Center 4600 Broadway, Suite 1100, Sacramento 916-874-8277. They do NOT take Medi-Cal.

Sacramento Community Clinic-Del Paso 2200 Del Paso Blvd., Sacramento 95815 916-924-7988 They DO take Medi-Cal!

Sacramento Native American Health Center 2020 J St, Sacramento 95814 916-341-0575 They DO take Medi-Cal!

Sacramento Community Clinic-Southgate 7275 E. Southgate Dr. Suite 204 & 206 Sacramento, 95823 916-428-3788

Placer County Clinics Auburn & Roseville 1130 Conroy Lane, Suite 402, 916-784-6444

Mercy Whiterock Family Clinic 10495 White Rock Rd Rancho Cordova, 95670 916-364-0724 (may be closing soon) I'm trying to prevent pregnancy or I'm trying to get pregnant...



Fertility Awareness is

All Natural! All Organic! Uses No Hormones, No Chemicals! No Harmful Side-Effects!

Empowering to Women!

When learned from a certified instructor, Fertility Awareness has an effective rate that is comparable to artificial contraception.

Fertility Awareness empowers women to monitor, evaluate, and care for their own bodies and reproductive health.

For more information, contact: Mercy Women's Center Fertility Care Services 650 Howe Ave, Suite 530, Sacramento, 916-614-2216 www.canfp.org