

## ***Women Deserve Better Than Abortion***

We offer women help, support, and information, all FREE so that women are better able to choose life for their pre-born children, rather than abortion. We also offer post-abortion healing to anyone who has been hurt by this very painful "choice".

Many women (and men) will experience life-long regrets, with physical, emotional, and psychological pain due to abortion. Over 3,000 abortions are done every day in our country~ one every 24 seconds, adding up to over a million each year, legal through all nine months of pregnancy.

***Women Deserve Better Than Abortion***

**For more information about  
Post-Abortion Healing  
See Rachel's Vineyard  
[www.rachelsvineyard.org](http://www.rachelsvineyard.org)  
or call 916-733-0161**

**Sacramento 40 Days for Life  
[40daysforlife.com/sacramento](http://40daysforlife.com/sacramento)  
916-955-1577**

## ***Reproductive Healthcare***

### **Health Care for Women Medical Group- Women helping Women!**

7601 Hospital Drive, Suite 220, Sacto  
916-689-343. Welcomes new patients,  
provides STD trmt, breast exams,  
mammograms, & Ob-Gyn care. Medi-  
Cal for pregnant women.

### **Birth Family Health Center**

Prenatal Care, Well women's care  
3234 Marysville Blvd, Sacto 916-646-8000

### **Birthing Project**

Prenatal Care, Parenting Classes  
1900 T Street, Sacramento 916-442-2229

### **Capitol Health Center**

1500 C Street, Sacramento 916-874-7720

### **Breaking Barriers Community Center**

2200 21<sup>st</sup>. Street, Sacto 916-447-2437

### **CARES (Center for AIDS Research, Education & Services) Free HIV & STD**

Testing, 1500 21<sup>st</sup> Street. Sacramento  
916-443-3299

**The Effort** Low Cost HIV/STD Testing,  
Shots, breast cancer screening. They DO  
TAKE Medi-Cal. **One # for all locations:**

**916-737-5555, [www.theeffort.org/](http://www.theeffort.org/)**

1820 J. Street, Sacramento , Open Saturdays  
3415 Martin Luther King Jr. Blvd Oak Parkcto  
8233 E. Stockton Blvd, Suite D, Sacto  
6015 Watt Avenue, North Highlands, 95660

### **Mercy Clinic General Medical Care**

1321 North C St, Friendship Park  
916-446-3345, for homeless w/o Medi-Cal

**24 hour Pregnancy Hotline**

**1-800-395-HELP (4357)**

**Sacramento 40 Days for Life  
[40daysforlife.com/sacramento](http://40daysforlife.com/sacramento)**

# ***I'm not here for an***



Even if you are not here for an  
abortion, please consider making your  
appointment elsewhere, rather than  
support the abortion industry. Every  
day, over 3,000 abortions are done  
across our nation, hurting many  
women for a lifetime.

***Enclosed you will find other providers  
for your healthcare needs. Your  
actions make a difference!***

***Thank you!***

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[www.40daysforlife.com/sacramento](http://www.40daysforlife.com/sacramento)  
916-955-1577**





## *I'm just here for a Pregnancy Test*

Every woman has a right to make an informed decision about her pregnancy options. The two organizations below offer pregnancy testing, education about fetal development, and help with insurance, medical care, and housing. They can also provide ultrasounds to confirm how far along you are in your pregnancy.

**ALL SERVICES ARE  
FREE AND CONFIDENTIAL!**

### **Alternatives Pregnancy Center**

**[www.pgtest.org](http://www.pgtest.org)**

**1111 Howe Avenue, Suite 610. Building #600  
is near the back & Suite 610 is on the 1<sup>st</sup> floor  
916-880-4040**

### **Sac Valley Pregnancy Clinic**

**[www.svpclinic.com](http://www.svpclinic.com)**

**930 Alhambra Blvd. Ste 230, Sacramento  
(Corner of Alhambra and J Street, upstairs)  
916-451-2273 available 24 hours a day**

**24 hour Pregnancy Hotline  
1-800-395-HELP (4357)**

### **Sac Valley Pregnancy Clinic [www.svpclinic.com](http://www.svpclinic.com)**

**FREE** testing for chlamydia & gonorrhea, by appointment only. Prescriptions for treatment & referrals for other STDs and STIs.

930 Alhambra Blvd. Ste 230, Sacramento (Corner of Alhambra/ J St, upstairs)

Call 916-451-2273 for help, 24 hours a day

### **Health Care for Women Medical Group- Women helping Women!**

7601 Hospital Drive, Suite 220, Sacramento  
916-689-3433, Welcomes new patients! STD trmt, breast exams, mammogram referrals, & Ob-Gyn care. Medi-Cal available for pregnant women.

### **Imani Health FREE Clinic**

Oak Park Community Center, 3415 MLK Blvd  
Saturdays 8:00 am to 1:00 pm, 916-213-9474

### **Primary Care Center**

4600 Broadway, Suite 1100, Sacramento  
916-874-8277. They do NOT take Medi-Cal.

### **Sacramento Community Clinic-Del Paso**

2200 Del Paso Blvd., Sacramento 95815  
916-924-7988 They DO take Medi-Cal!

### **Sacramento Native American Health Center**

2020 J St, Sacramento 95814

916-341-0575 They DO take Medi-Cal!

### **Sacramento Community Clinic-Southgate**

7275 E. Southgate Dr. Suite 204 & 206  
Sacramento, 95823 916-428-3788

### **Placer County Clinics Auburn & Roseville**

1130 Conroy Lane, Suite 402, 916-784-6444

### **Mercy Whiterock Family Clinic**

10495 White Rock Rd Rancho Cordova, 95670  
916-364-0724 (may be closing soon)

*I'm trying to prevent  
pregnancy or I'm trying  
to get pregnant...*



## **Fertility Awareness is**

**All Natural! All Organic!  
Uses No Hormones, No Chemicals!  
No Harmful Side-Effects!**

## **Empowering to Women!**

When learned from a certified instructor, Fertility Awareness has an effective rate that is comparable to artificial contraception.

Fertility Awareness empowers women to monitor, evaluate, and care for their own bodies and reproductive health.

## **For more information, contact:**

**Mercy Women's Center**

**Fertility Care Services**

**650 Howe Ave, Suite 530,  
Sacramento, 916-614-2216**

**[www.canfp.org](http://www.canfp.org)**