



Instructions for Video Download

**For playing on a computer + projection screen only
For DVD players, contact the Appeal Office for a properly formatted DVD**

1. Go to the Parish and Advocate Resources page at [scd.org](https://www.scd.org)

<https://www.scd.org/catholic-foundation/parish-and-advocate-resources>

2. Scroll to the Video Downloads section, click on the video you wish to download

Video Downloads

- English
 - [Full Video](#)
 - [Izabel's Story](#)
- Spanish
 - [Full Video](#)

3. Click on the Download button. No need to log in or sign up.

The screenshot shows a Vimeo video player interface. At the top, there is a navigation bar with 'vimeo' logo and links for Solutions, Features, Resources, Watch, Pricing, and Contact Sales. A search bar is on the right. The video player shows a scene of three people sitting on a bench outdoors. Below the video, the title 'ACA 2024 - Full - English' is displayed, along with '18 hours ago | More' and the Diocese of Sacramento profile with a 'Follow' button. A row of interaction buttons includes play, 3 likes, 0 hearts, 0 comments, and a 'Download' button circled in red, followed by a 'Share' button. To the right, a 'More from Diocese of Sacramento' section shows a list of related videos, including 'ACA 2024 - Full - ...' and 'Fired Up 2024 Pro...'. At the bottom of the page, there is a footer with the text 'Upload, livestream, and create your own videos, all in HD.' and buttons for 'Join Vimeo' and 'Log in'.

4. Select and download the 1080p file. File will appear in your computer's downloads folder

Download



240p		426 × 240 / 27.814MB	Download
360p		640 × 360 / 44.031MB	Download
540p		960 × 540 / 75.942MB	Download
720p		1280 × 720 / 124.262MB	Download
1080p	Select the 1080p size	1920 × 1080 / 260.202MB	Download
Original		1920 × 1080 / 1.267GB	Download

Click the download button.

Download captions and subtitles

Choose file

No need to click here. The correct video is pre-selected

5. **WELL IN ADVANCE:** Test the video using the computer and equipment you will be using at Mass

ANNUAL CATHOLIC APPEAL OFFICE

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